

**Commissionerate of Collegiate Education
Andhra Pradesh, Mangalagiri
PSC & KVSC Govt. College, Nandyal
Nodal Resource Center (NRC)**



BRIEF REPORT

One Day Non-Residential Training of the Trainers (ToT)

Programme for UNESCO – MGIEP Certificate Courses

on

SEEK & SEL

From 23.01.2024 to 25 .01.2024

TOT BATCH - I	
Host:- PSC & KVSC Govt. College, Nandyal Chairperson:- Dr.N.Shashikala, Principal	NRC Coordinator & TOT Organizer Smt. S.Parvathi, Lecturer in English

Master Trainers:-		
1. Smt. S. Lalitha	Lecturer in Mathematics	GDC Nandyal
2. Dr.P.V. Radhika	Lecturer in Commerce	GDC Vijayawada
Participated strength : 111		

DAY WISE SCHEDULE:

Date	Session	Resource Person	TIME
23-01-2024	I	Inauguration	10.00 to 11.00
	II	Smt. Shobita Rao from UNESCO	11.00 to 12.00
	III	Smt. S. Lalitha- GDC Nandyal	12.00 to 1.00
	IV	Practical Session	2.00 to 4.30
	Valedictory		4.30 to 5.00 P.M
24-01-2024	I	Inauguration	10.00 to 11.00
	II	Smt. Shobita Rao from UNESCO	11.00 to 12.00
	III	Smt. S. Lalitha- GDC Nandyal	12.00 to 1.00
	IV	Practical Session	2.00 to 4.30
	Valedictory		4.30 to 5.00 P.M
25-01-2023	I	Inauguration	10.00 to 11.00
	II	Smt. Shobita Rao from UNESCO	11.00 to 12.00
	III	Dr.P.V Radhika, Lecturer in Commerce, SRR & CVR College, Vijayawada	12.00 to 1.00 P.M
	IV	Practical Session	2.00 to 4.30 P.M
	Valedictory		4.30 to 5.00 P.M

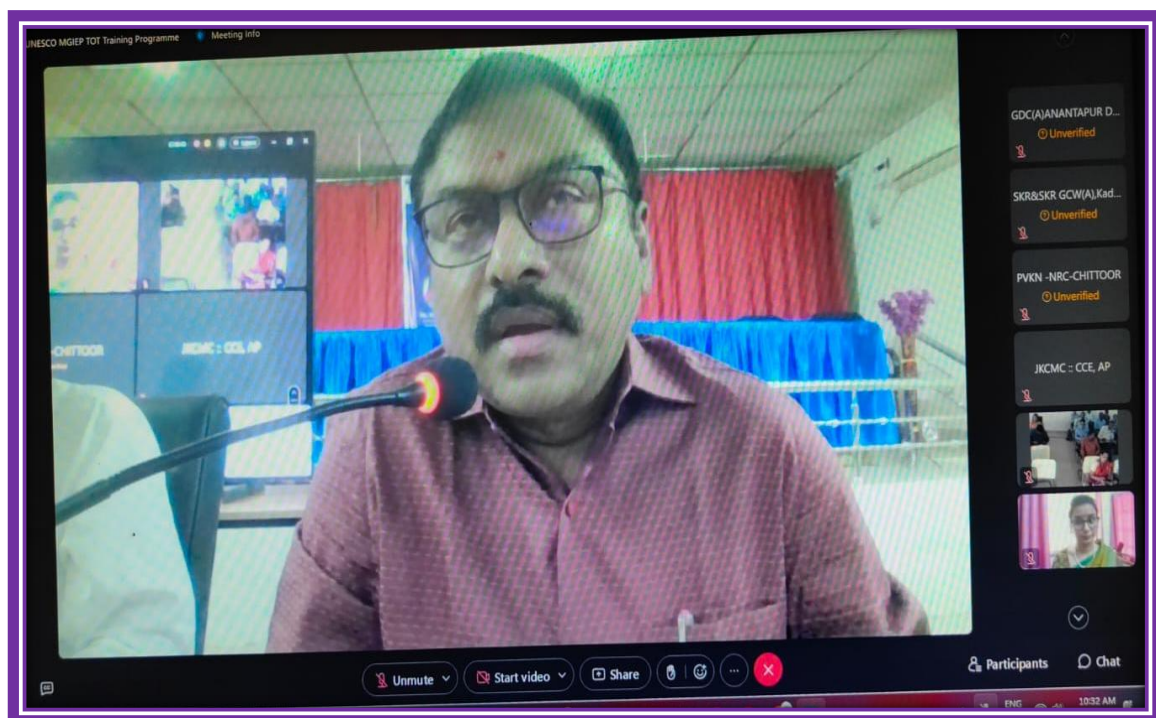
UNESCO-MGIEP SEL / SEEK EMOTIONAL BRIDGE SOCIAL EMOTIONAL LEARNING (SEL) SELF - DIRECTED EMOTIONAL LEARNING FOR EMPATHY AND KINDNESS (SEEK)

About the Course:

This course is a three-part online learning 40 hours course that one can complete at one's own pace. It includes practices such as reflective writing, contemplative journaling exercises and guided audio practices, which assist in helping one master the skills. SEEK commences with a Foundational module, followed by a three-part series covering ten skills. Each series covers a variety of topics ranging from Self-Cultivation, relating to others and Engaging in Systems. The course is being implemented as 2 credit Value Added Course (VAC) in several universities in India. It's like movement on value education and if implemented well, it has the power to empower all our future generations.

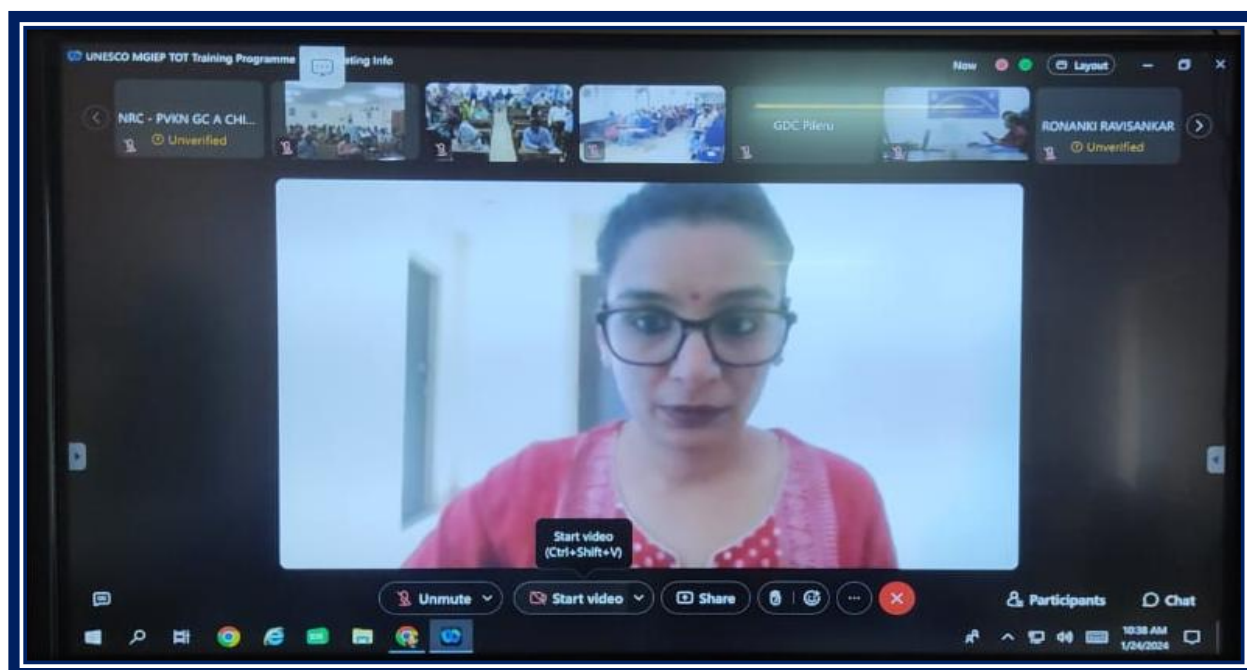
Day-1:-23-01-2024

PARTICIPANTS :36



Inaugural Session :

The TOT Batch-I inaugural Session is started at 10.00 A.M on 23-01-2024. This session is inaugurated by the Honorable Commissioner of Collegiate Education. Honorable Commissioner of Collegiate Education is addressing the meeting, He stressed upon the importance of the Training Programme. He said that the objective to mould the students into emotionally balanced individuals. He said that teacher needs to be balanced personalities which would go a long way in moulding students into balanced personalities.



Ms.Shobita Rao, Individual Specialist, UNESCO – MGIEP, has given a detailed presentation on SEL & SEEK Certificate Courses.

SEL courses for Youth:

SEL for Youth Waging Peace (SEL for YWP) Youth Waging Peace (YWP) equips youth (18+) with social, emotional and critical thinking skills for the prevention of violent extremism, and to become resilient future leaders. Designed like a cool, youth-friendly graphic novel, the course is 16 hours and trains youth, specifically peace-builders with competencies in empathy, mindfulness, compassion, critical inquiry, systems thinking, and media literacy. The course is being implemented as 1 credit Value Added Course (VAC) in several Universities in India.

Self- directed Emotional Learning for Empathy and Kindness (SEEK)

It is a resiliency-informed course that helps in cultivating human values as skills such as empathy, mindfulness, and compassion, equipping youth with better coping mechanisms for their emotional well-being as well as providing them with skills that help contribute towards the development of peaceful and sustainable societies.

Participants:



For the First Day Training programme, 36 members are participated at GDC Nandyal (NRC)





Dr.S.Lalitha, Lecturer in Mathematics and Resource Person has given a presentation on SEL & SEEK Certificate Courses.



Dr. S. Lalitha, Resource Person conducted activities regarding to improve the emotional balance

Practical Session



Practical session on SEL & SEEK Certificate Courses has been conducted by Dr.S.Lalitha, Resource Person



Day – I Training of Trainers (ToT) valedictory at GDC Nandyal (NRC)



Honorable Commissioner Sir addressing the Second Day participants virtually



Second Day Participants noting the Course particulars



Day- 2 Practical Session on SEEK & SEL Courses



Day – II Training of Trainers (ToT) Programme valedictory at GDC Nandyal (NRC)

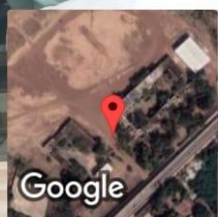
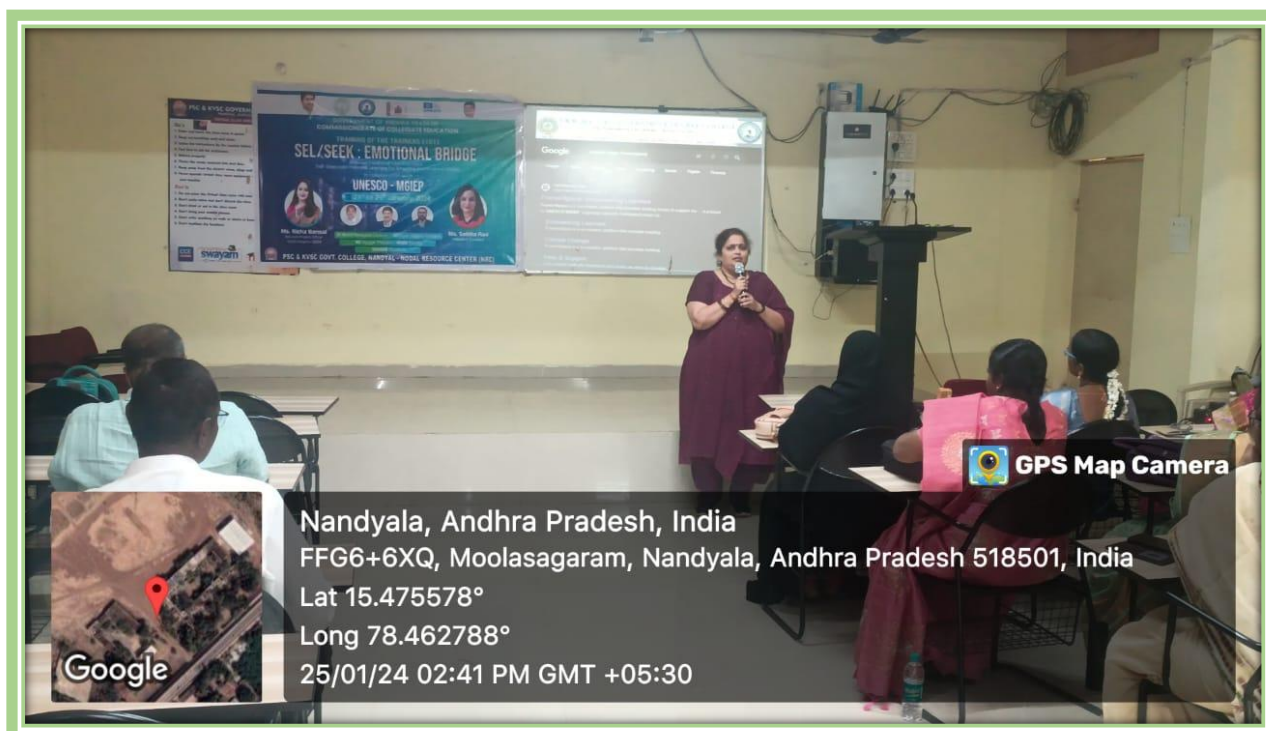
Inaugural Session :



Honorable Commissioner Sir addressing the Third Day participants virtually



Ms.Shobita Rao, Individual Specialist, UNESCO – MGIEP, has given a detailed presentation on SEL & SEEK Certificate Courses.



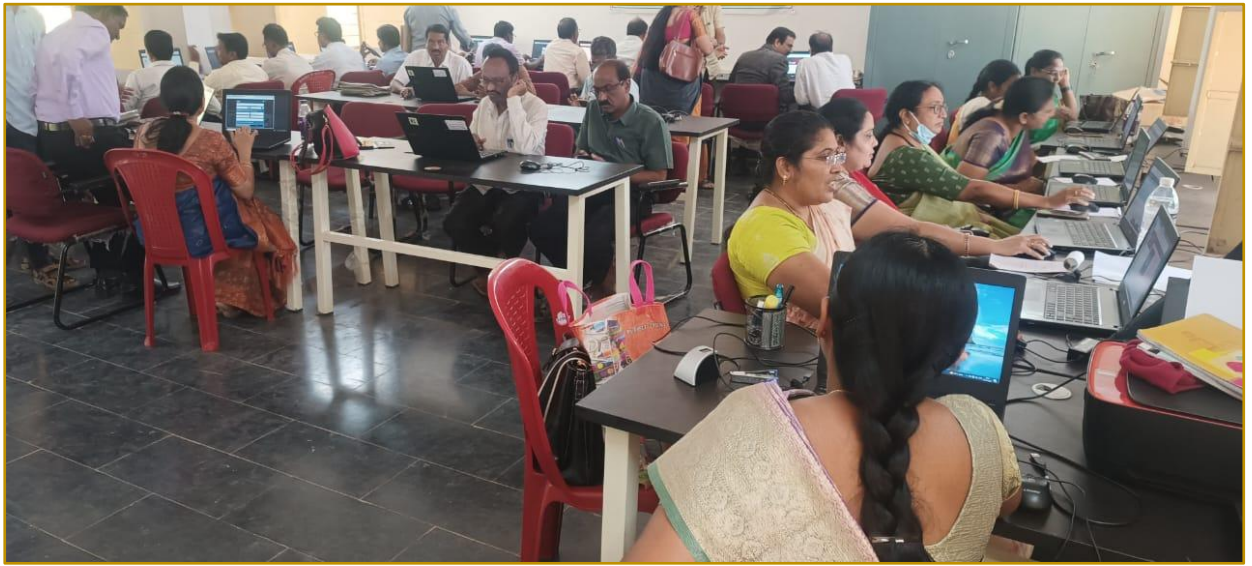
Nandyala, Andhra Pradesh, India
 FFG6+6XQ, Moolasagaram, Nandyala, Andhra Pradesh 518501, India
 Lat 15.475578°
 Long 78.462788°
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PV Radhika, Lecturer in Commerce SRR & CVR Govt. Degree College, Vijayawada attended as Resource Person for the Batch- III



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PV Radhika, Resource Person conducted the activity for the Batch- III Participants



Practical Session



Day – III Training of Trainers (ToT) Programme Valedictory at GDC Nandyal (NRC)

PAPER CLIPPING:



ప్రభుత్వ డిగ్రీ కళాశాలలో ఎస్ ఈ ఈ కె, ఎస్ ఈ ఎల్ కోర్సులపై శిక్షణ..... నంద్యాల జిల్లా: గవర్నమెంట్ డిగ్రీ కాలేజ్, మంగళవారం, 23 జనవరి 2024, గంటల జయరాజు, ఎంఎ జర్నలిజం, 9985756796. నంద్యాల ప్రభుత్వ డిగ్రీ కళాశాలలో యునెస్కో వారి సౌజన్యంతో ఎస్ ఈ ఈ కె మరియు ఎస్ ఈ ఎల్ కోర్సులపై మంగళవారం శిక్షణ కార్యక్రమం నిర్వహించారు. రిసోర్స్ పర్సన్ లలిత ఇతర కళాశాల అధ్యాపకులకు శిక్షణ ఇస్తున్నట్లు కళాశాల ప్రిన్సిపల్ డాక్టర్ శశికళ తెలిపారు. కార్యక్రమంలో ప్రోగ్రాం కోఆర్డినేటర్ గా పార్వతి, కళాశాల సిబ్బంది పాల్గొన్నట్లు తెలిపారు.

అధ్యాపకులకు శిక్షణ

నంద్యాల(న్యూటౌన్): ప్రభుత్వ డిగ్రీ కళాశాలలో అధ్యాపకులకు మూడు రోజుల పాటు ఇచ్చిన శిక్షణ కార్యక్రమం గురువారం ముగిసింది. కళాశాల విద్యాకాఖ కమిషనర్ డాక్టర్ పోలా ఖాస్కర్ ఆన్ లైన్లో అధ్యాపకులకు పలు సూచనలు చేశారు. ప్రోగ్రాం కో ఆర్డినేటర్ పార్వతి, అధ్యాపకులు పాల్గొన్నారు.

Thank
you

