



WELCOME



PSC & KVSC GOVT. DEGREE COLLEGE
NANDYAL

Department of Commerce

YOGA WEEK CELEBRATIONS

Certificate Course in

STRESS MANAGEMENT - YOGA

16-06-2022 to 21-06-2022



PSC & KVSC GOVT. DEGREE COLLEGE
NANDYAL

Department of Physical Education

YOGA WEEK CELEBRATIONS

Certificate Course

YOGA & FITNESS

16-06-2022 to 21-06-2022



DATE: 13-06-2022

REQUISITION LETTER

From:

**The Department of Commerce &
The Department of Physical Education
PSC & KVSC Govt. Degree College,
Nandyala.**

To

**The Principal,
PSC & KVSC Govt. Degree College,
Nandyala.**

Respected Madam,

Sub: Requisition to organize the One Week Certificate Course in YOGA- Reg.

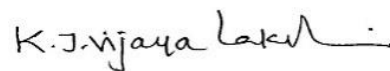
We, the departments of Commerce and Physical Education are planning to conduct a one-week Certificate Course on STRESS MANAGEMENT – YOGA and FITNESS, from 16-06-2022 to 21-06-2022, on account of International Yoga Day Celebrations, which is to be celebrated on 21-06-2022 international wise.

We choose, Smt. K. J. Sridevi, Department of Yoga, Director, Sri Yogalaya, Chennai, Resource Person & Guest Speaker, TNPESU & MAHER, Chennai, as resource person for this program, who will give her services throughout one week to our students, by taking sessions in yoga.

Hence, we request you madam, kindly permit us to do this program for the benefit of our stakeholders.



**Department of Physical Education,
PSC & KVSC Govt. Degree College
Nandyala.**



**Department of Commerce,
PSC & KVSC Govt. Degree College
Nandyala.**



DATE: 14-06-2022

PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA- YOGA WEEK CELEBRATIONS
DEPARTMENT OF COMMERCE AND DEPARTMENT OF PHYSICAL EDUCATION - CIRCULAR / INVITATION



Dear all, Warm Greetings from the Department of Commerce & Physical Education 🌸

The department of Commerce, in association with the department of Physical Education, will be going to conduct an awareness Seminar in YOGA and one week Certificate Course in “STRESS MANAGEMENT – FITNESS AND YOGA”, to all the students of our college, from 16-06-2022 to 21-06-2022, on account of International Yoga Day Celebrations, which is to be celebrated on 21-06-2022 international wise.

Resource person for this program is Smt. K. J. Sridevi, Department of Yoga, -Director, Sri Yogalaya, Chennai, Resource Person & Guest Speaker, Tamil Nadu Sports University & Meenakshi Academy of Higher Education and Research, Chennai.

Inaugural Function Timings: on 16-06-2022 – 2 p.m. at Virtual lab of PSC & KVSC Government Degree College, Nandyala. For this, the bellow mentioned programs were scheduled:

SN	TITLE OF THE PROGRAM	SCHEDULED DATE & DAY	RESOURCE PERSON/S JUDGE/S	EVENT ORGANIZER/S	EVENT LEVEL
1	INAUGURAL SESSION& AWARENESS SEMINAR ON STRESS MANAGEMENT (WITH PPT) & PRACTICE SESSION IN CHALANA KRIYAS AND YOGA BASICS	16-06-2022 THURSDAY	1. Chief Patron: Dr. N. Sasikala, Principal PSC & KVSC GDC, Nandyala. 2. Chief Guest & Resource Person: Smt. K. J. Sridevi, Department of Yoga, Director, Sri Yogalaya, Chennai, Resource Person & Guest Speaker, Tamil Nadu Sports University & Meenakshi Academy of Higher Education and Research, Chennai.	Dr. P. Venkateswarlu, Lec. in Commerce. Smt. K. J. Vijaya Lakshmi, Lec. in Commerce. Sri. K. Srinivasulu, Physical Director. Sri. Nataraja Gupta, Lec. in Commerce. Smt. C. Rajani Kumari, Guest faculty Sri. Pedda Swamy, Guest faculty Commerce	College level
2	PRACTICE SESSION IN YOGA AND YOGA PROTOCOL	17-06-2022 FRIDAY TO 20-06-2022 MONDAY	Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lec. in Commerce. Sri. K. Srinivasulu, Physical Director. Sri. Nataraja Gupta, Lec. in Commerce Smt. C. Rajani Kumari, GF Commerce Sri. Pedda Swamy, GF, Commerce	College Level
3	YOGA PROTOCOL & VALEDICTORY FUNCTION AND CERTIFICATES DISTRIBUTION	21-06-2022 TUESDAY	1. Chief Patron: Dr. N. Sasikala, Principal PSC & KVSC GDC, Nandyala. 2. Chief Guest & Resource Person: Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lecturer in Commerce. Sri. K. Srinivasulu, Physical Director. Sri. Nataraja Gupta, Lec. in Commerce. Smt. C. Rajani Kumari, Guest faculty, Commerce	College Level

Students those who were interested, join on 16-06-2022 in inaugural session by 2.00 p.m. Participants were awarded with participation certificate, on Valedictory function on International Yoga Day, which will be going to held on 21-06-2022. You all are cordially invited to this program and make this grand success.

With regards---Department of Commerce & Department of Physical Education, PSC & KVSC GDC Nandyala. 🙏

Sri. K. Srinivasulu
Physical Director
Coordinator

Smt. K. J. Vijaya Lakshmi
Lecturer in Commerce
Coordinator

Dr. P. Venkateswarlu
Lecturer in Commerce
Dept. In charge

Principal
PSC&KVSC GDC, NDL



DATE: 15-06-2022

REMINDER CIRCULAR

PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA- YOGA WEEK CELEBRATIONS

DEPARTMENT OF COMMERCE AND DEPARTMENT OF PHYSICAL EDUCATION - CIRCULAR / INVITATION



Dear all, Warm Greetings from the Department of Commerce & Physical Education

The department of Commerce, in association with the department of Physical Education, will be going to conduct an awareness Seminar in YOGA and one week Certificate Course in "STRESS MANAGEMENT – FITNESS AND YOGA", to all the students of our college, from 16-06-2022 to 21-06-2022, on account of International Yoga Day Celebrations, which is to be celebrated on 21-06-2022 international wise.

Resource person for this program is Smt. K. J. Sridevi, Department of Yoga, -Director, Sri Yogalaya, Chennai, Resource Person & Guest Speaker, Tamil Nadu Sports University & Meenakshi Academy of Higher Education and Research, Chennai.

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With regards---

Department of Commerce & Department of Physical Education, PSC & KVSC GDC Nandyala.

Sri. K. Srinivasulu
Physical Director
Coordinator

Smt. K. J. Vijaya Lakshmi
Lecturer in Commerce
Coordinator

Dr. P. Venkateswarlu
Lecturer in Commerce
Dept. In charge

Principal
PSC&KVSC GDC, NDL



DATE: 15-06-2022

PROGRAM SCHEDULE / INVITATION

PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA- YOGA WEEK CELEBRATIONS DEPARTMENT OF COMMERCE & DEPARTMENT OF PHYSICAL EDUCATION



Dear all, Warm Greetings from the Department of Commerce & Physical Education 🌸

The department of Commerce, in association with the department of Physical Education, will be going to conduct an awareness Seminar in YOGA and one week Certificate Course in “STRESS MANAGEMENT – FITNESS AND YOGA”, to all the students of our college, from 16-06-2022 to 21-06-2022, on account of International Yoga Day Celebrations, which is to be celebrated on 21-06-2022 international wise.

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Inauguration Function Timings: on 16-06-2022 – 2 p.m. to 6 p.m. at Virtual lab of PSC & KVSC Government Degree College, Nandyala. For this, the bellow mentioned programs were scheduled:

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3	PRACTICE SESSION & YOGA PROTOCOL	18-06-2022 SATURDAY	Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lec. in Commerce. Sri. K. Srinivasulu, Physical Director. Smt. C. Rajani Kumari, GF Commerce	College Level
4	PRACTICE SESSION AND YOGA PROTOCOL	19-06-2022 SUNDAY	Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lecturer in Commerce. Sri. K. Srinivasulu, Physical Director.	College Level
5	PRACTICE SESSION IN YOGA AND PROTOCOL	20-06-2022 MONDAY	Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lecturer in Commerce. Sri. K. Srinivasulu, Physical Director.	College Level
6	YOGA PROTOCOL & VALEDICTORY AND CERTIFICATES DISTRIBUTION	21-06-2022 TUESDAY	Dr. N. Sasikala, Principal PSC & KVSC G.D.C. NDL. Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lecturer in Commerce. Sri. K. Srinivasulu, Physical Director. Sri. Nataraja Gupta, Lec. in Commerce. Smt. C. Rajani Kumari, Guest faculty, Commerce	College Level

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With regards---Department of Commerce & Department of Physical Education, PSC & KVSC GDC Nandyala. 🙏

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PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA

YOGA WEEK CELEBRATIONS

DEPARTMENT OF COMMERCE & DEPARTMENT OF PHYSICAL EDUCATION

REPORT ON CERTIFICATE COURSE IN YOGA

“STRESS MANAGEMENT –FITNESS & YOGA”

FROM 16-06-2022 TO 21-06-2022



INTRODUCTION:

Yoga is essentially a spiritual discipline based on an extremely subtle science which focuses on bringing harmony between mind and body. It is an art and science for healthy living. According to Yogic scriptures, the practice of Yoga leads to the union of an individual consciousness with the universal consciousness. According to modern scientists, everything in the universe is just a manifestation of the same quantum firmament. "Yoga" also refers to an inner science comprising of a variety of methods through which human beings can achieve union between the body and mind to attain self-realization. The aim of Yoga practice is to overcome all kinds of sufferings that lead to a sense of freedom in every walk of life with holistic health, happiness and harmony. Though Yoga was being practiced in the pre-Vedic period, the great sage Maharishi Patanjali systematized and codified the then existing Yogic practices, its meaning and its related knowledge through Patanjali's Yoga Sutras. After Patanjali, many sages and Yoga masters contributed greatly for the preservation and development of the field through well documented practices and literature. Millions of people across the globe have benefitted by the practice of Yoga and the practice of Yoga is blossoming and growing more vibrant with each passing day. In this way.

The department of Commerce, in association with the department of Physical Education, was organized an Awareness Seminar in YOGA and also one week Certificate Course in “STRESS MANAGEMENT – FITNESS AND YOGA”, to all the students of our college, from 16-06-2022 to 21-06-2022, on account of International Yoga Day Celebrations, which is to be celebrated on 21-06-2022 international wise. Resource person for this program is Smt. K. J. Sridevi, Department of Yoga, -Director, Sri Yogalaya, Chennai, Resource Person & Guest Speaker, Tamil Nadu Sports University & Meenakshi Academy of Higher Education and Research, Chennai. This program consists of 30 hours in 6 days, scheduled from 16-06-22 to 21-06-22 continuously daily 4 hours some times more than that, from inaugural session to valedictory session by 2 p.m. to 6 p.m. at Virtual lab and Digital Class rooms of PSC & KVSC Government Degree College, Nandyala. Total 130 students and 30 faculty members attended this program and get benefitted through the practice of Yoga. Participants were awarded with Certificates in valedictory function.

OBJECTIVES OF CERTIFICATE COURSE: The main objective of this activity is to enable the

students:

- ❖ The Course intension is to create awareness, that the human beings are integral part of the nature, now how they facing typical situations for their survival, for this how they overcome this situation to inculcating the good habits and the practices required to protect them self.
- ❖ To provide Knowledge in yoga for the personality development in a form of Physical and Mental Fitness.
- ❖ To eliminate negative emotions like fear, anger, fatigue, depression, anxiety disorders and stress and leads to develop positive emotions.
- ❖ To improve concentration, memory, clarity of thought and willpower.
- ❖ To the management of stress related disorders.
- ❖ To Rejuvenates the whole body and mind giving them proper rest through Yoga Practices
- ❖ To improve self-realization.
- ❖ To show the easy and good way to live everyone with peace and harmony.

LEARNING OUTCOMES: After successful completion of the course, the students are able to;

- Understand the nature, cause and effects of YOGA and the importance.
- Understand the need of awareness
- Acquire knowledge on Yoga preparedness, recovery remedial measures and personal precautions.
- Prepare her/himself to act as a Volunteer in Yoga service activities.

ACTION PLAN: - The total activity planned in the month of June 2022, daily 3 to 4 hours in afternoon sessions in leisure hours and after college hours is over, in batches wise, organized by the faculty members from the department of commerce and physical Education. The selected students (all groups) will be asked to attend this Yoga Course classes, with Yoga mat and comfortable dress. The following Syllabus (topics) selected for Certificate course classis's purpose along with Power Point Presentation:

- ❖ Introduction to Yoga - Yoga in Daily Life – Stress Management
- ❖ Yoga and fitness
- ❖ Women related problems- Solutions through Yoga
- ❖ Yoga Protocol

PROCESS OF ORGANIZATION / PLAN OF APPLICATION: -

Venue: - Virtual room and Digital Class rooms 1 & 2 Timings: Between 2.00 p.m. To 6.00 p. m. Sunday: Morning & Evening between 8.00 a.m. to 6.00 p.m.

SL. NO	DATE	TOPIC	NO OF HOURS TAKEN	NO OF STUDENTS PARTICIPATED
1	16-06-22	1. Inaugural session 2. Seminar on Introduction to Yoga- Yoga in Daily Life- Stress Management 3. Yoga Practice	4 Hours	107 Students and 20 staff members

2	17-06-22	1.Yoga and Fitness- Seminar 2. Yoga Practice	4 Hours	61 students and 11 staff members
3	18-06-22	1. Women Problems- Yoga- Seminar 2. Yoga Protocol 3. Yoga Practice	4 Hours	63 students and 12 staff members
4	19-06-22	1.Yoga Protocol 2. Yoga Practice	8 Hours	43 students and 11 staff members
5	20-06-22	1.Yoga in Daily Life-Seminar 2. Yoga Protocol 3. Yoga Practice	4 Hours	62 students and 10 staff members
6	21-06-22	1.Yoga Protocol 2. Valedictory 3. Certificates Distribution 4. Yoga and Women Problems- Lecture (for Girls Hostel inmates) 5. Yoga Practice (for Girls Hostel inmates)	6 Hours	60 students and 11 staff members & 15 students and 2 faculty
Total 6 Days			30 Hours	Max 110 Students & 30 staff members Participated

SUGGESTED ACTIVITY: Students were suggested to do practice yoga whatever they learn in class, daily early morning and evenings with empty stomach to get solutions for health problems facing by them in their daily life and also for their physical fitness, and mental strength and spread this knowledge and practice habits to others.

PARTICIPANTS FEED BACK:- Students attended the yoga classes regularly and understood the new topics Knowledge in yoga for the personality development in a form of Physical and Mental Fitness. They give their feedback as, they learn how to eliminate negative emotions like fear, anger, fatigue, depression, anxiety disorders, stress and learn how to develop positive emotions like: concentration, memory, clarity of thought and willpower. Also know how to Rejuvenates the whole body and mind giving them proper rest through Yoga Practices. They got self-realization and learn the easy and good way to live everyone with peace and harmony through yoga practices. They prepare themselves to act as a Volunteer in Yoga service activities to their family members, friends and relatives also.

CONCLUSSION: - We are very happy to provide the conceptual knowledge of Yoga in the minds of students, which doesn't know previously and also a practical experience, through the lectures and practice sessions given by the renowned resource person Dr. K. J. Sridevi, Department of Yoga, Director, Sri Yogalaya, Chennai, Resource Person & Guest Speaker, Tamil Nadu Sports University & Meenakshi Academy of Higher Education and Research, Chennai. We thank to our principal Dr. N. Sasikala madam garu, who encouraged and give support to us to organize this certificate course, which were very useful to the student community. We also thankful to each and every teaching and non-Teaching faculty and Student volunteers, who gave their support and help to organize this program, directly or indirectly.



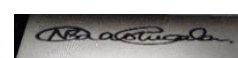
Sri. K. Srinivasulu
Physical Director
Coordinator
PSC&KVSC GDC, NDL



Smt. K. J. Vijaya Lakshmi
Lecturer in Commerce
Coordinator
PSC&KVSC GDC, NDL



Dr. P. Venkateswarlu
Lecturer in Commerce
Commerce Dept. In charge
PSC&KVSC GDC, NDL



Dr. N. Sasikala
Principal
PSC&KVSC GDC, NDL

YOGA CERTIFICATE COURSE – MATERIAL

Introduction:-

Yoga is essentially a spiritual discipline based on an extremely subtle science which focuses on bringing harmony between mind and body. It is an art and science for healthy living. The word "Yoga" is derived from the Sanskrit root 'yuj' meaning "to join", "to yoke" or "to unite". According to Yogic scriptures, the practice of Yoga leads to the union of an individual consciousness with the universal consciousness. According to modern scientists, everything in the universe is just a manifestation of the same quantum firmament. One who experiences this oneness of existence is said to be "in Yoga" and is termed as a yogi who has attained a state of freedom, referred to as mukti, nirvāna, kaivalya or mokṣa. "Yoga" also refers to an inner science comprising of a variety of methods through which human beings can achieve union between the body and mind to attain self-realisation. The aim of Yoga practice (sādhana) is to overcome all kinds of sufferings that lead to a sense of freedom in every walk of life with holistic health, happiness and harmony. Brief history and development of Yoga

The science of Yoga has its origin thousands of years ago, long before the first religion or belief systems were born. The seers and sages carried this powerful Yogic science to different parts of the world including Asia, the Middle East, northern Africa and South America. Interestingly, modern scholars have noted and marvelled at the close parallels found between ancient cultures across the globe. However, it was in India that the Yogic system found its fullest expression. Agastya, the saptarishi, who travelled across the Indian subcontinent, crafted this culture around a core Yogic way of life. Yoga is widely considered as an "immortal cultural outcome" of the Indus Saraswati Valley Civilisation - dating back to 2700 BC - and has proven itself to cater to both material and spiritual upliftment of humanity. A number of seals and fossil remains of Indus Saraswati Valley Civilisation with Yogic motifs and figures performing Yoga sādhana suggest the presence of Yoga in ancient India. The seals and idols of mother Goddess are suggestive of Tantra Yoga. The presence of Yoga is also available in folk traditions, Vedic and Upanishadic heritage, Buddhist and Jain traditions, Darshanas, epics of Mahabharata including Bhagawadgita and Ramayana, theistic traditions of Shaivas, Vaishnavas and Tantric traditions. Though Yoga was being practiced in the pre-Vedic period, the great sage Maharishi Patanjali systematised and codified the then existing Yogic practices, its meaning and its related knowledge through Patanjali's Yoga Sutras. After Patanjali, many sages and Yoga masters contributed greatly for the preservation and development of the field through well documented practices and literature. Yoga has spread all over the world by the teachings of eminent Yoga masters from ancient times to the present date. Today, everybody has conviction about Yoga practices towards prevention of diseases, and promotion of health. Millions of people across the globe have benefitted by the practice of Yoga and the practice of Yoga is blossoming and growing more vibrant with each passing day. The Fundamentals of Yoga works on the level of one's body, mind, emotion and energy. This has given rise to four broad classifications of Yoga: Karma Yoga where we utilise the body; Jñāna Yoga where we utilise the lighter mind; Bhakti Yoga where we utilise the emotion and Kriyā Yoga where we utilise the energy. Each system of Yoga we practice falls within the gamut of one or more of these categories. Every individual is a unique combination of these four factors. Only a Guru (teacher) can advocate the appropriate combination of the four fundamental paths as it is

necessary for each seeker. All ancient commentaries on Yoga have stressed that it is essential to work under the direction of a Guru. Traditional schools of Yoga The different philosophies, traditions, lineages and Guru-shishya paramparas of Yoga led to the emergence of different traditional schools. These include Jñāna Yoga, Bhakti Yoga, Karma Yoga, Pātañjala Yoga, Kuṇḍalini Yoga, Haṭha Yoga, Dhyāna Yoga, Mantra Yoga, Laya Yoga, Rāja Yoga, Jain Yoga, Bouddha Yoga etc. Each school has its own approach and practices that lead to the ultimate aim and objectives of Yoga. Yogic practices for health and wellness The widely practiced Yoga sadhanas are: Yama, Niyama, Āsana, Prāṇāyāma, Pratyāhāra, Dhāraṇā, Dhyāna, Samādhi, Bandhās and Mudrās, Śaṭkarmas, Yuktāhāra, Mantra-japa, Yukta-karma etc. Yamas are restraints and Niyamas are observances. These are considered to be pre-requisites for further Yoga practice. Āsanās, capable of bringing about stability of body and mind, "kuryattadāsanam- sthairyam", involve adopting various psychophysical body patterns and giving one an ability to maintain a body position (a stable awareness of one's structural existence) for a considerable length of time. Prāṇāyāma consists of developing awareness of one's breathing followed by willful regulation of respiration as the functional or vital basis of one's existence. It helps in developing awareness of one's mind and helps to establish control over the mind. In the initial stages, this is done by developing awareness of the "flow of in-breath and out-breath" (śvāsa-praśvāsa) through nostrils, mouth and other body openings, its internal and external pathways and destinations. Later, this phenomenon is modified, through regulated, controlled and monitored inhalation (śvāsa) leading to the awareness of the body space getting filled (pūraka), the space(s) remaining in a filled state (kumbhaka), and it getting emptied (recaka) during regulated, controlled and monitored exhalation (praśvāsa). Pratyāhāra indicates dissociation of one's consciousness (withdrawal) from the sense organs which connect with the external objects. Dhāraṇā indicates broad based field of attention (inside the body and mind) which is usually understood as concentration. Dhyāna (meditation) is contemplation (focused attention inside the body and mind) and Samādhi (being constant). Bandhas and Mūdras are practices associated with Prāṇāyāma. They are viewed as the higher yogic practices that mainly adopt certain physical gestures along with control over respiration. This further facilitates control over mind and paves the way for a higher Yogic attainment. However, practice of dhyāna, which moves one towards self-realisation and leads one to transcendence, is considered the essence of Yoga Sādhana. Śaṭkarmas are detoxification procedures that are clinical in nature and help to remove the toxins accumulated in the body. Yuktāhāra advocates appropriate food and food habits for healthy living. Mantra Japa: Japa is the meditative repetitions of a mantra or a divine consciousness. Mantra Japa produce positive mental tracts, helping us to gradually overcome stress. Yukta-karma advocates right karmas or actions for a healthy living.

General Guidelines for Yoga Practice Yoga practitioner should follow the guiding principles given below while performing Yogic practices:

BEFORE THE PRACTICE:

- Śaucha means cleanliness - an important prerequisite for Yoga practice. It includes cleanliness of surroundings, body and mind.

- Yoga practice should be performed in a calm and quiet atmosphere with a relaxed body and mind.
- Yoga practice should be done on an empty stomach or light stomach. Consume small amount of honey in lukewarm water if you feel weak. Bladder and bowels should be empty before starting Yogic practices.
- A mattress, Yoga mat, durrie or folded blanket should be used for the practice. Light and comfortable cotton clothes are preferred to facilitate easy movement of the body.
- Yoga should not be performed in a state of exhaustion, illness, in a hurry or in an acute stress condition. In case of chronic disease/ pain/ cardiac problems, a physician or a Yoga therapist should be consulted prior to performing Yogic practices.
- Yoga experts should be consulted before doing Yogic practices during pregnancy and menstruation.

DURING THE PRACTICE:

- Practice sessions should start with a prayer or an invocation as it creates a conducive environment to relax the mind.
- Yogic practices shall be performed slowly, in a relaxed manner, with awareness of the body and breath.
- Do not hold the breath unless it is specially mentioned to do so during the practice. Breathing should be always through the nostrils unless instructed otherwise.
- Do not hold the body tight or give undue jerks to the body.
- Perform the practices according to one's capacity. It takes some time to get good results, so persistent and regular practice is very essential.
- There are contra-indications/ limitations for each Yoga practice and such contra-indications should always be kept in mind.
- Yoga session should end with meditation/ deep silence / Sankalpa / Śānti pāṭha etc

AFTER PRACTICE:

- Bath may be taken only after 20-30 minutes of Yoga practice.
- Food may be consumed only after 20-30 minutes of Yoga practice

FOOD FOR THOUGHT:

A few dietary guidelines can ensure that the body and mind are flexible and well-prepared for Yoga practice. A vegetarian diet is usually recommended, and for a person over 30 years, two meals a day should suffice, except in cases of illness or very high physical activity or labour.

HOW YOGA CAN HELP:

Yoga is essentially a path to get liberated from all the bondages. However, medical research in recent years has uncovered many physical and mental benefits that Yoga offers, corroborating the experiences of millions of practitioners. A small sampling of research shows that:

- Yoga is beneficial for physical fitness, musculoskeletal functioning and cardio-vascular health.
- It is beneficial in the management of diabetes, respiratory disorders, hypertension, hypotension and many life style related disorders.
- Yoga helps to reduce depression, fatigue, anxiety disorders and stress. Yoga helps to regulate menstrual and menopausal symptoms. In essence, Yoga is a process of creating body and mind that are stepping-stones, not hurdles, to an exuberant and fulfilling life.

COMMON YOGA PROTOCOL

While addressing the 69th session of United Nations General Assembly (UNGA) on September 27, 2014, the Honourable Prime Minister of India Shri Narendra Modi urged the world community to adopt an International Day of Yoga. "Yoga is an invaluable gift of ancient Indian tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature and a holistic approach to health and well-being. Yoga is not about exercise but to discover the sense of oneness with ourselves, the world and Nature. By changing our lifestyle and creating consciousness, it can help us to deal with climate change. Let us work towards adopting an International Yoga Day," Shri Modi said. On December 11, 2014, the 193 member UNGA approved the proposal by consensus with a record 177 co-sponsoring countries a resolution to establish 21 June as "International Day of Yoga". In its resolution, the UNGA recognised that Yoga provides a holistic approach to health and well-being and wider dissemination of information about the benefits of practicing Yoga for the health of the world population. Yoga also brings harmony in all walks of life and thus, is known for disease prevention, health promotion and management of many life style related disorders. First International Day of Yoga at The Ministry of AYUSH successfully organised 1st International Day of Yoga (IDY) on 21 June, 2015 at Rajpath, New Delhi. Two Guinness World Records were made viz. the Largest Yoga Lesson involving 35,985 participants and maximum number of Nationalities (84) participated in a single Yoga lesson.

RESOURCE PERSON' S BIODATA

Name: K. J. SRIDEVI

Educational Qualifications: - M.Sc. (Yoga)., MCA., MBA(HR)., M. Phil in Yoga., DCO., P.G..D.Y.T., P.G..D.P.T., P.G.D.M.D.P.N, P.G.D.T, CCS, P.G.D.T.

Academic Achievements: -

Gold Medalist in M.Sc Yoga & Gold Medalist in M.Phil Yoga

Professional Qualifications: -

-UGC NET Qualified for Assistant Professor

-Qualified Level- 3 Yoga Teacher and Evaluator & Level-7

Therapeutic Yoga Consultant from YCB, Ministry of AYUSH, India

-Qualified Yoga Professional Examiner under Yoga Certification Scheme from QCI

Professional Courses: -

-Refresher Course in Yoga from National Institute of Sports, Sports Authority of India, Patiala.

-Done Six months Iyengar Yoga Course from IYD Centre, Chennai

-Online Assistant Yog Teachers Training Course from Patanjali Mahila Yog Samithi, Tamil Nadu

-National Judges Training Program from National Yogasana Sports Federation (NYSF)

-Transcendental Meditation Program from Mahesh Maharishi Yogi TM centre, Chetpet

-Teacher Training Course on Yoga Therapy for Pre Natal, Post Natal, PCOD and Prolapse; Teacher Training Course in Kids Yoga; Chakra Awareness Meditation from Shivdarshan Yog Vidhyalaya

-Online Breathing and Meditation Course Sri Sri Ravishankar Institute

-Online Buddha's 31 Breathing Techniques and Meditation – Basic level Course from Vipasana Centre , Madhurai

Member of Screening Committee: -

-Screened videos uploaded in Ayush Platform and social media for the video blogging contest #MylifeMyYoga by Ministry of Ayush

-Jury at Tamilnadu Youth Yogasana Sports Association (TNYYSa)2021

Member of professional bodies: -

-Certified Yoga Professional (Yog Prashikshak) Member of Indian Yoga Association, New Delhi

Teaching experience: -

-Eight years of Teaching experience in IT Training Institute

Administrative experience: -

-Five years of administrative experience as an Executive at NIIT Kurnool

-Two Years of Administrative Experience as Centre Head at NIIT Narayanaguda & BSPL

-One Year as Senior Administrative Officer at ICFAI HQ (Deemed to be University) Hyderabad

Professional experience: -

- Teaching Yoga and Yoga Therapy at Namaskar Yoga Center & at Residence since 2014.
- Handled classes for PGDiploma and Diploma Yoga under Distance Education mode for Annamalai University
- Handling PCP Classes for Department of Yoga, Distance Education Wing, TNPESU since 2018.

Resource Person & Guest Lecturer: -

- Resource Person at more than 10 Workshops
- Handled more than 30 Guest lectures for UGC NET Exam Online Coaching Classes Conducted by FYST, MAHER
- Handled sessions on Research and Statistics

FDP Programs Attended: -

Attended more than 20 FDP Programs

No. of Research papers published in Journals Publications:

-Published a Research Paper in Scopus Journal, two papers in UGC Care Listed Journals, Five papers in National & International Journals

Conference/Seminar Proceedings: -

-Eight papers in Conference /Seminar Proceedings and presented 27 papers at International/National Conferences/Seminars

Conference/Seminars /Workshops Attended: -

-Attended Nine International/National Conferences & Seminar and 13 workshops

Organizing Committee Member – Conferences / Seminars / Workshops: -

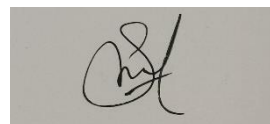
-Organizing Committee Member and meeting coordinator for more than 60 Programs conducted by FYST, MAHER

Jury member: -

-Jury for more than 5 International National Competitions

Awards Received: -

Yoga Ratna, Yoga Siromani, Golden Women, The Best Women Teacher of the Year-2020, Global Eminence Researcher Award, Yuva Shri, Thirumoolar Award, Best Teacher Award 2021.



(K.J.Sridevi)



PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA

DEPARTMENT OF COMMERCE &

DEPARTMENT OF PHYSICAL EDUCATION

YOGA WEEK CELEBRATIONS – 16-06-22 TO 21-06-22

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ACTIVITIES PHOTOS

DAY-1 --- 16-06-2022

Awareness Seminar on Yoga
Topic: STRESS MANAGEMENT

&

Practice Session in
Chalanakriyas and yoga basics

2021-22



**PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
YOGA WEEK CELEBRATIONS – 16-06-22 TO 21-06-22**

AWARENESS SEMINAR & YOGA CHALANAKRIYAS AND BASICS PRACTICE- 16-06-2022



WELCOMING THE GUESTS BY Smt. C. RAJANI KUMARI, GUEST FACULTY IN COMMERCE



OPENING REMARKS BY THE CHIEF PATRON Dr. N. SASIKALA, PRINCIPAL, PSC & KVSC GDC, NDL

On the Dies: From Left to Right:

1. Dr. Ganganna, Librarian.
2. Sri. Nataraja Gupta, Lecturer in Commerce.
3. Sri. K. Srinivasulu, Physical Director.
4. Smt. K. J. Sridevi, Resource Person,
5. Dr. N. Sasikala, Principal
6. Smt. K. J. Vijaya Lakshmi, Lecturer in Commerce.
7. Smt. Padmavathi, Lecturer in Physics.



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RESOURCE PERSON'S INTRODUCTION BY Smt. K. J. VIJAYA LAKSHMI, LECTURER IN COMMERCE



SPEECH BY RESOURCE PERSON – Smt. K. J. SRIDEVI, RESOURCE PERSON, TNSU & MAHER, CHENNAI



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SEMINAR ON STRESS MANAGEMENT BY Smt. K. J. SRIDEVI, RESOURCE PERSON, TNSU & MAHER, CHENNAI



PARTICIPANTS: STUDENTS AND FACULTY



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SEMINAR ON STRESS MANAGEMENT BY Smt. K. J. SRIDEVI, RESOURCE PERSON, TNSU & MAHER, CHENNAI



STUDENTS AND FACULTY



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**SEMINAR ON STRESS MANAGEMENT BY Smt. K. J. SRIDEVI, RESOURCE PERSON, CHENNAI
PRINCIPAL, STAFF AND STUDENTS**



PRINCIPAL STAFF AND STUDENTS IN SEMINAR



**PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
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SEMINAR ON STRESS MANAGEMENT BY Smt. K. J. SRIDEVI, RESOURCE PERSON, CHENNAI



STAFF AND STUDENTS IN SEMINAR



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Resource Person Smt. K. J. Sridevi Practice session by student – J. Madhu- II B. Com (G)



PRINCIPAL STAFF AND STUDENTS IN SEMINAR



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AWARENESS SEMINAR & YOGA CHALANAKRIYAS AND BASICS PRACTICE- 16-06-2022



Student practicing Dhyana with Chin mudra (Meditation in Chin mudra)





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Students practicing Chalana Kriyas (Loosening the Joints)





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Students practicing Chalana Kriyas (Loosening the Joints)





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Students practicing Yoga





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Students practicing Yoga





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Students practicing Yoga





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Students practicing Yoga





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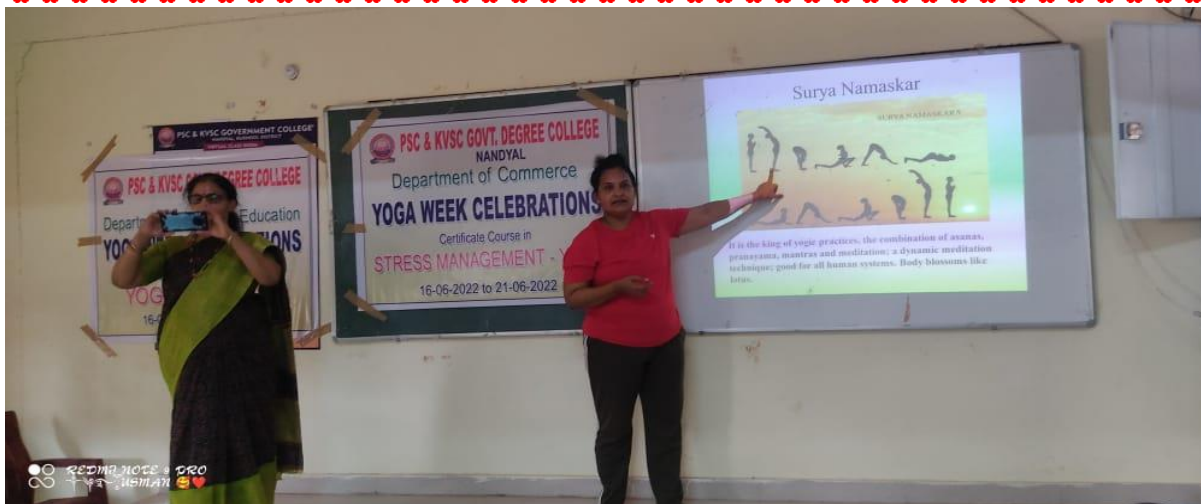


Students practicing Yoga





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Students practicing Yoga





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Students practicing Yoga





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Students practicing Yoga





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Students practicing Yoga





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Students practicing Yoga





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Students practicing Yoga





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DAY-2 --- 17-06-2022

Awareness Seminar

Topic: YOGA & FITNESS

&

Practice Session in

**Chalanakriyas, Yoga and
Yoga Protocol**

2021-22



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AWARENESS SEMINAR & YOGA CHALANAKRIYAS AND PROTOCOL PRACTICE- 17-06-2022



Students practicing Yoga





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Boys practicing Yoga





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Girls Practicing Yoga



Girls Practicing Yoga



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Girls Practicing Yoga





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YOGA WEEK CELEBRATIONS – 16-06-22 TO 21-06-22

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DAY-3 --- 18-06-2022

Awareness Seminar

Topic: YOGA & FITNESS

&

Practice Session in

**Chalanakriyas, Yoga and
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2021-22

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AWARENESS SEMINAR &YOGA CHALANAKRIYAS AND PROTOCOL PRACTICE- 18-06-2022



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PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

YOGA WEEK CELEBRATIONS – 16-06-22 TO 21-06-22

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B. Giriprasad and Teja of I B. Com (CA) with resource person Smt. K. J. Sridevi



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YOGA WEEK CELEBRATIONS – 16-06-22 TO 21-06-22

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DAY-4 --- 19-06-2022

Awareness Seminar

Topic: YOGA & FITNESS

&

Practice Session in

Chalanakriyas and

Yoga Protocol

2021-22



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YOGA WEEK CELEBRATIONS – 16-06-22 TO 21-06-22

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DAY-5 --- 20-06-2022

Awareness Seminar

Topic: Women health problems-
Yoga solutions

&

Practice Session in
Chalanakriyas and
Yoga Protocol

2021-22



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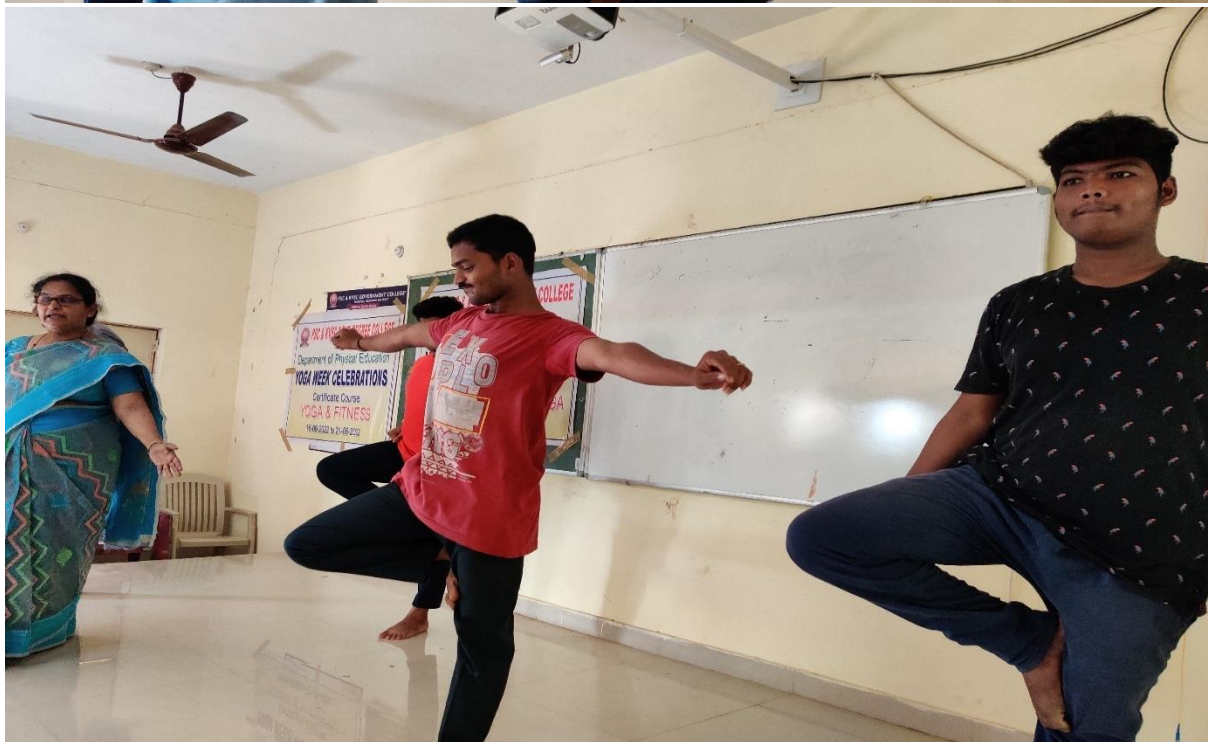


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YOGA WEEK CELEBRATIONS – 16-06-22 TO 21-06-22- YOGA & YOGA PROTOCOL PRACTICE- 20-06-22





**PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
YOGA WEEK CELEBRATIONS – 16-06-22 TO 21-06-22- YOGA & YOGA PROTOCOL PRACTICE- 20-06-22**









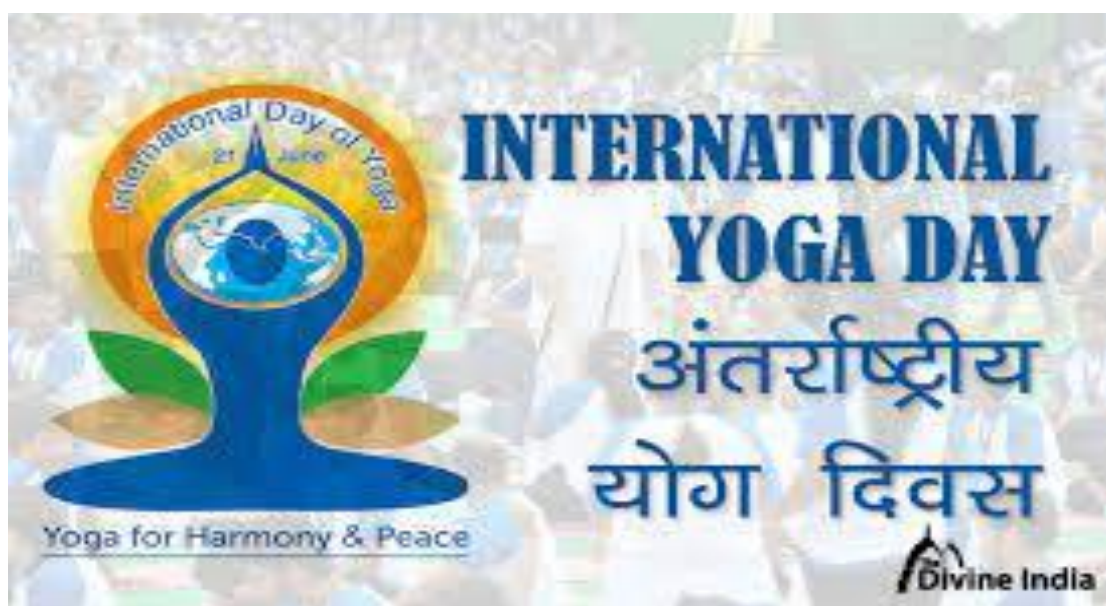


PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA

DEPARTMENT OF COMMERCE

YOGA WEEK CELEBRATIONS – 16-06-22 TO 21-06-22

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DAY-6 --- 21-06-2022

Topic: Yoga Protocol

2021-22



PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

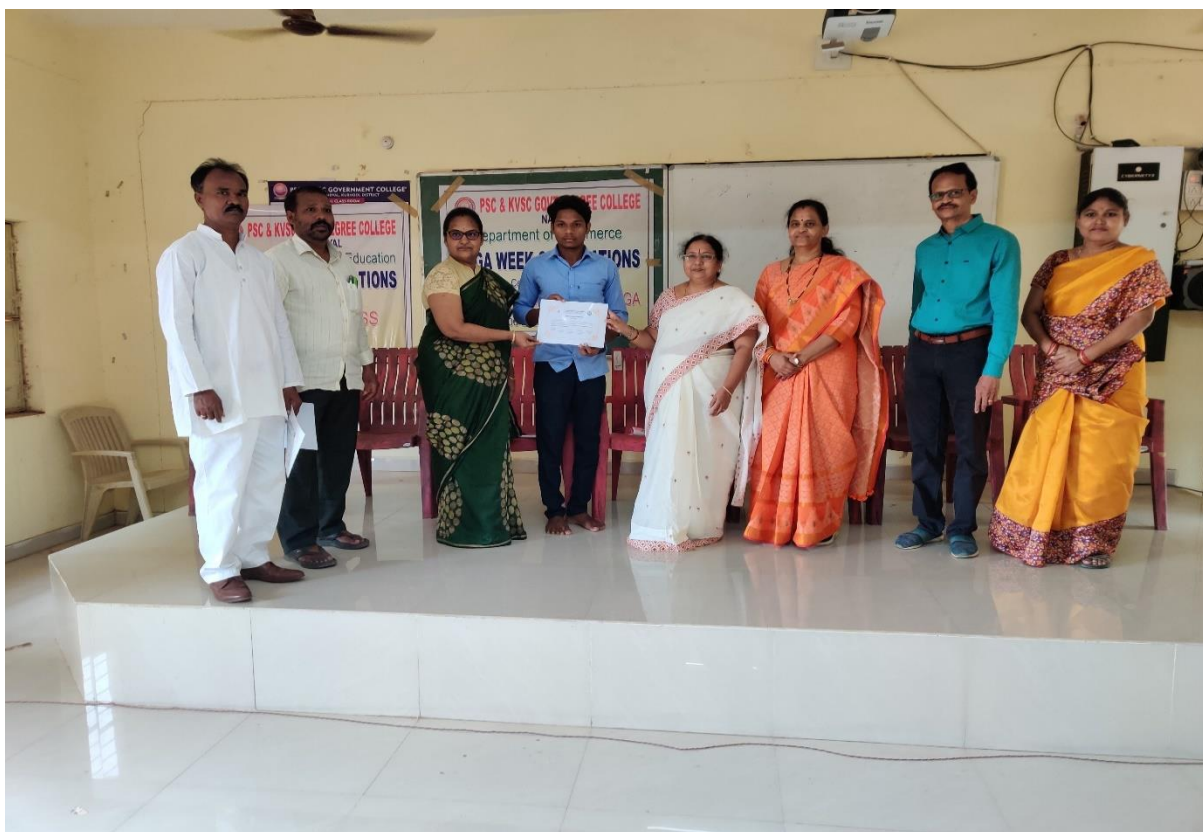
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





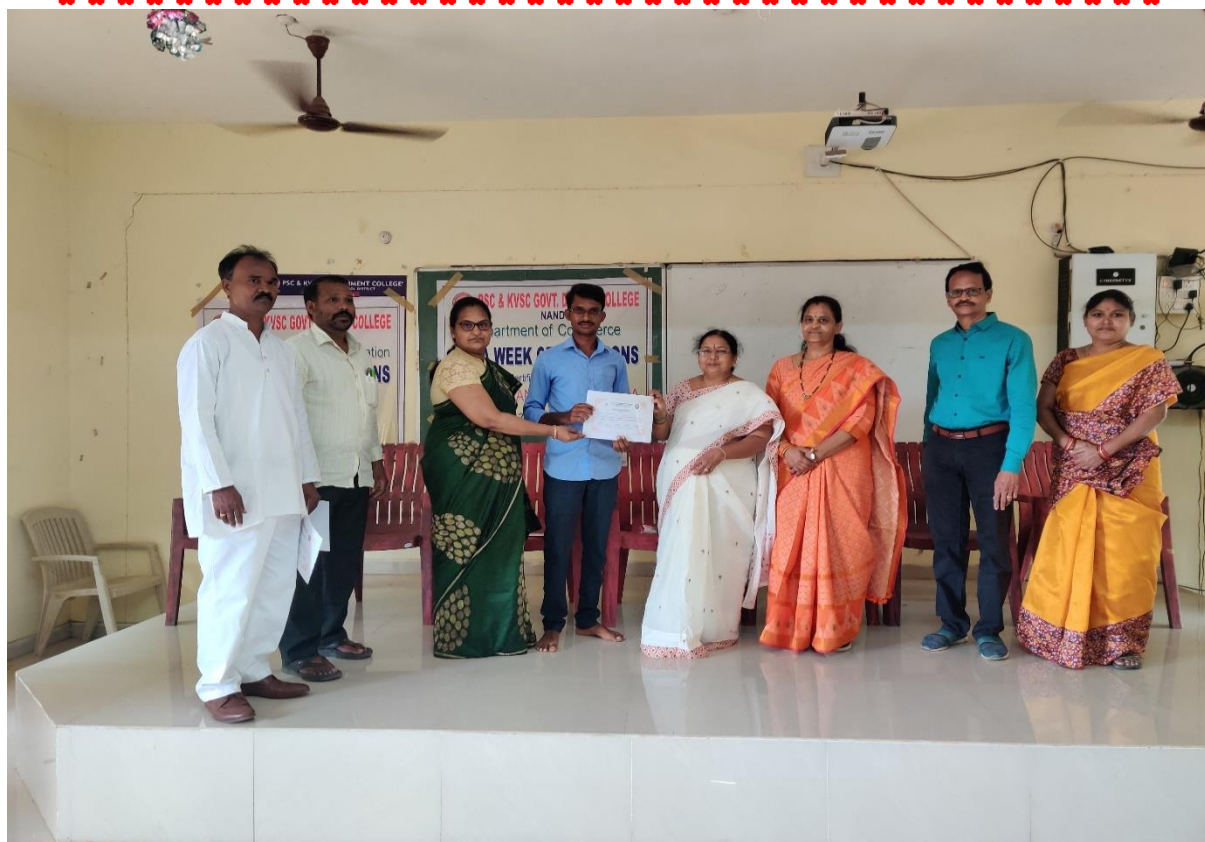
PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22



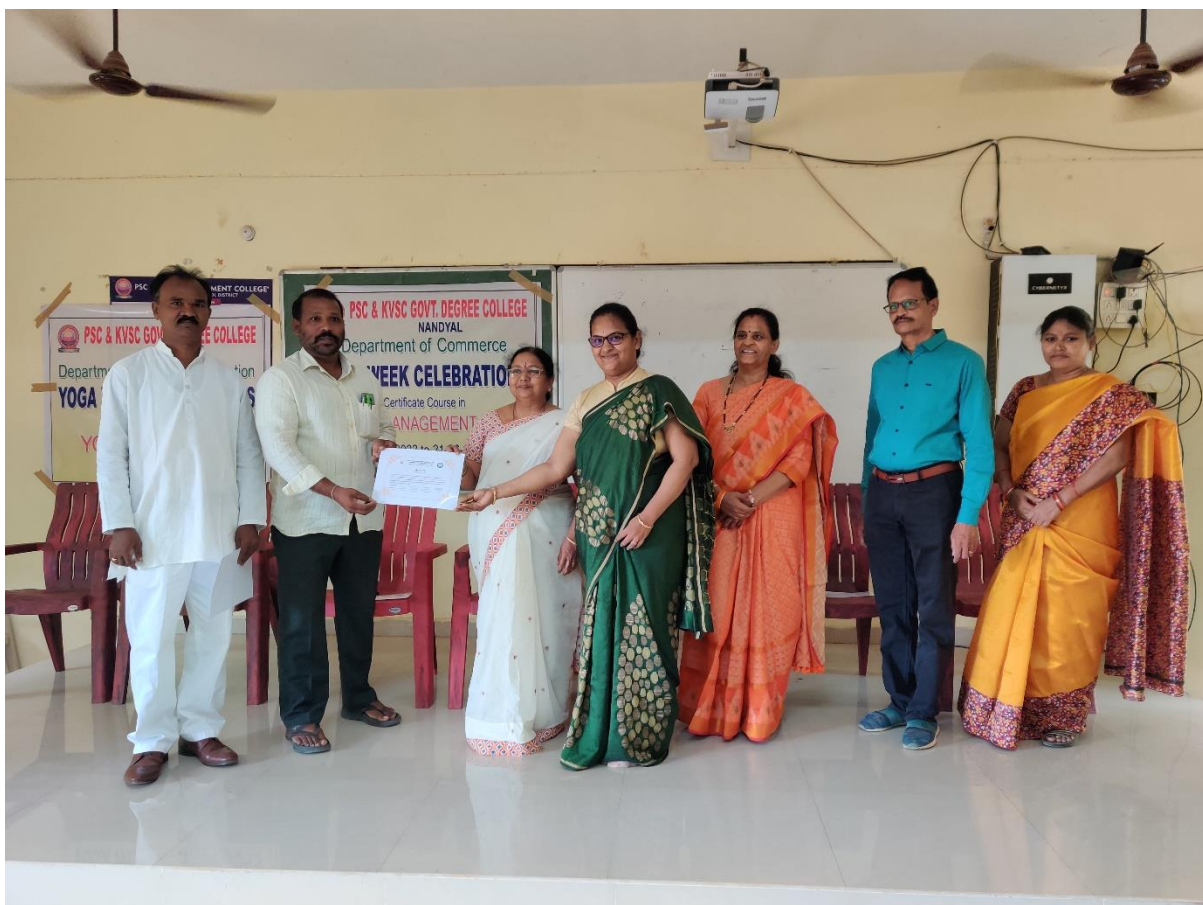
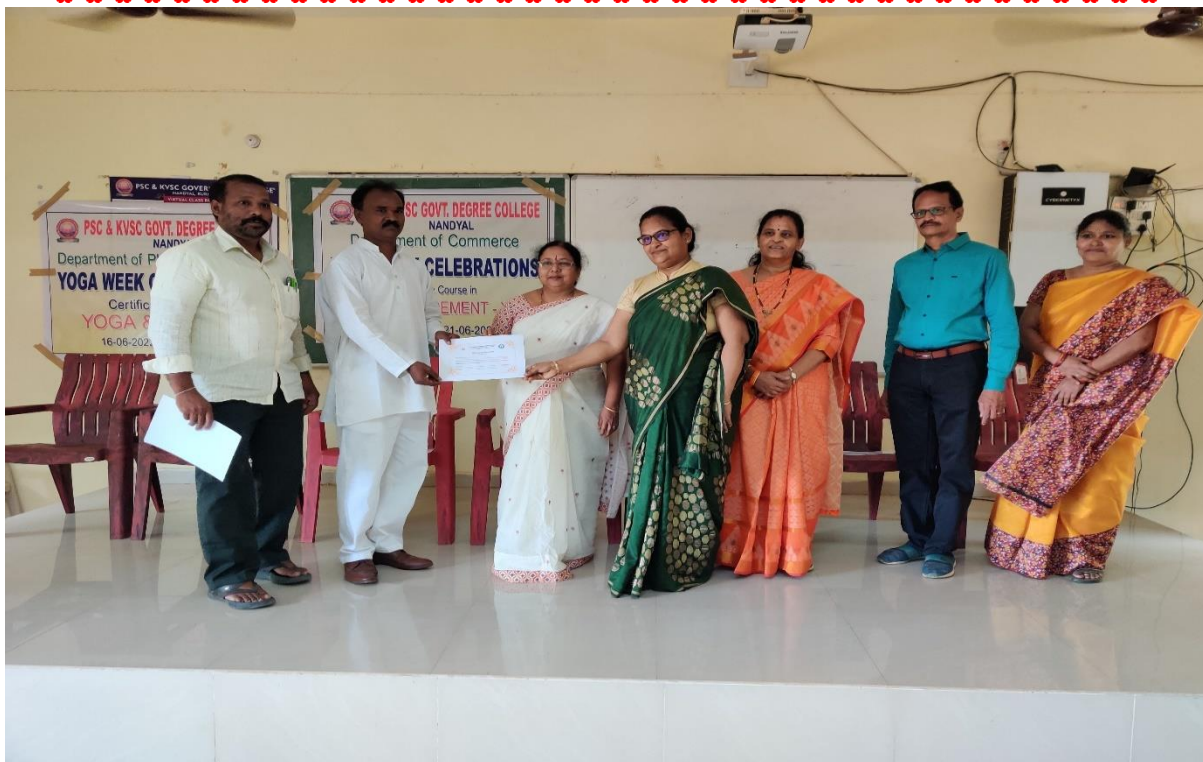


PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22



FROM LEFT TO RIGHT:

- 1. Dr. C. Ganganna, Lecturer in Library Science**
- 2. Sri. K. Srinivasulu, Lecturer in Physical Education**
- 3. Dr. K. J. Sridevi, Resource person**
- 4. Dr. N. Sasikala, Principal**
- 5. Smt. K. J. Vijaya Lakshmi, Lecturer in Commerce**
- 6. Sri. P. Nataraja Gupta, Lecturer in Commerce**
- 7. Smt. P. Rajani, Lecturer in Commerce (Guest Faculty)**



PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
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PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





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INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





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INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





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INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
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INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





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INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA & YOGA PROTOCOL - 21-06-22



PRINCIPAL & STAFF IN FELICITATIONS TO RESOURCE PERSON Dr. K. J. SRIDEVI



STUDENTS WITH YOGA CERTIFICATES



PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA SESSIONS IN GIRLS HOSTEL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA SESSIONS IN GIRLS HOSTEL - 21-06-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA SESSIONS IN GIRLS HOSTEL - 21-06-22





**PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – YOGA SESSIONS IN GIRLS HOSTEL - 21-06-22**

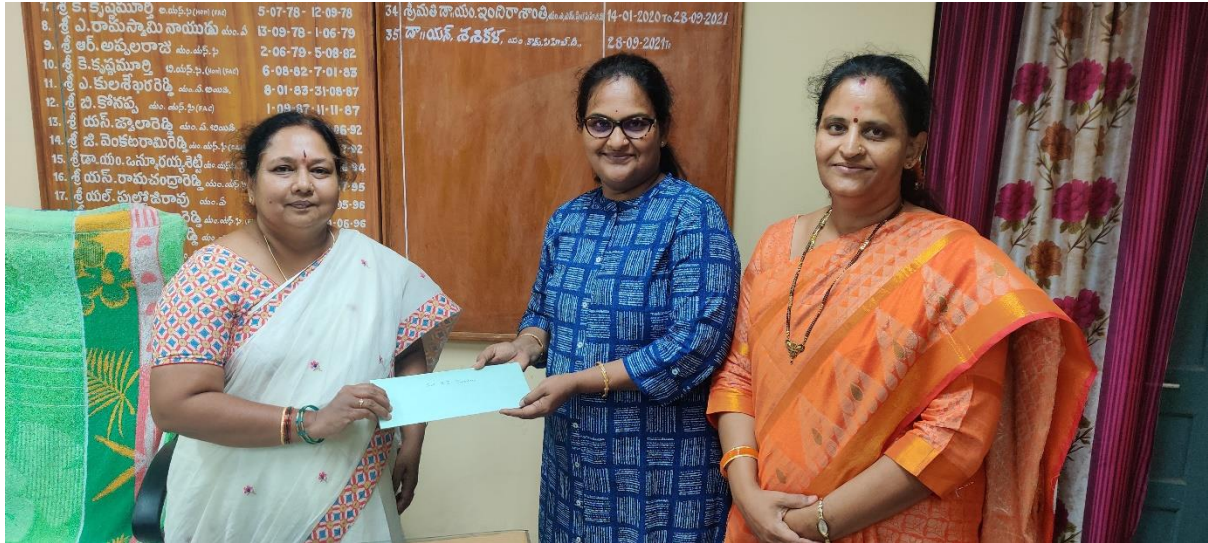


YOGA SESSION TO PRINCIPAL MADAM

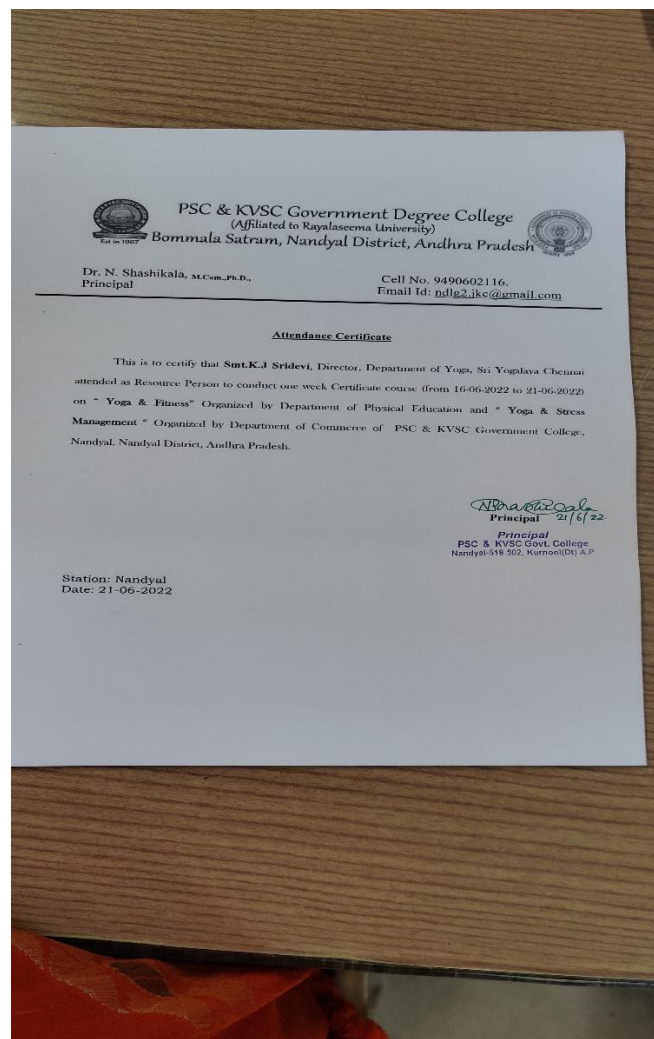




PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS - 21-06-22



ATTENDANCE CERTIFICATE AND HONORARIAM TO RESOURCE PERSON





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
INTERNATIONAL YOGA DAY CELEBRATIONS – NEWS PAPER CLIPPINGS - 22-06-22

పంత్
మలు,
రవి,
రులు

డాక్టర్ అంజనేయులు

యోగా సర్టిఫికేట్లు పొందిన విద్యార్థులతో కళాశాల ప్రెసిపాల్, అధ్యాపకులు

విద్యార్థులకు సర్టిఫికేట్లు

నంద్యాల(అర్బన్): స్థానిక ప్రభుత్వ డిగ్రీ కళాశాలలో అంతర్జాతీయ యోగా దినోత్సవాన్ని పురస్కరించుకొని శిక్షణ పొందిన డిగ్రీ విద్యార్థులకు మంగళ వారం సర్టిఫికేట్లు పంపిణీ చేశారు. చెన్నైకి చెందిన

యోగా డైరెక్టర్ శ్రీదేవి ఆధ్వర్యంలో విద్యార్థులకు వారం రోజుల పాటు శిక్షణ ఇచ్చారు. కార్యక్రమంలో ప్రెసిపాల్ డాక్టర్ శశికళ, ఎన్ఎస్ఎస్ సమన్వయ కర్తలు గంగన్న, శ్రీనివాసులు, ఎన్సీసీ ఆఫీసర్ నాగేంద్ర, నటరాజగుప్త, రజిని తదితరులు పాల్గొన్నారు.



PSC & KVSC GOVERNMENT DEGREE COLLEGE - NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – STUDENTS ATTENDANCE - 16-06-22



YOGA WEEK Celebrations		
Dept of Commerce & Phy. Edu		
16-06-2022 - 21-06-2022		
Inauguration session		
Name of the student	Group & Class	Signature
1. Shaik Sharmim	I B.com	Shaik
2. M. Afroz Basha	I B.C.M	M. Afroz Basha
3. S. Vali	I B.com (A)	S. Vali
4. V. Surendra	I B.com (A)	V. Surendra
5. P. Venkatesh	I B.com (A)	P. Venkatesh
6. J. Harinath	I B.com (C.A)	J. Harinath
7. M. Dharmarajulu	I B.com (C.A)	M. Dharmarajulu
8. P. Rajasree	I B.com (C.A)	P. Rajasree
9. P. Tejaswi	I B. COM (C.A)	P. Tejaswi
10. Y. Venkal	I B. COM (C.A)	Y. Venkal
11. S. Madhu sudhan	"	S. Madhu sudhan
12. D. Mani Kumar	"	D. Mani
13. K. Venkatesh	I B. COM (C.A)	K. Venkatesh
14. B. Giriprasad	I B. COM (C.A)	B. Giriprasad
15. M. Hussain	I B. COM (C.A)	M. Hussain
16. G. Francis	I B. COM (C.A)	G. Francis
17. V. Rajasanthi	I B. COM (C.A)	V. Rajasanthi
18. N. Ahalya	I B. COM (C.A)	N. Ahalya
19. D. Lakshmi Chaitanya	I B. COM (C.A)	D. Chaitanya
20. S. Akhila	I B. COM (C.A)	S. Akhila
21. D. Kasamma	I BSC (C.A)	D. Kasamma
22. B. Jyothi	I BSC (C.S)	B. Jyothi
23. M. Rajeswari	I BSC L	M. Rajeswari
24. D. Sangeetha	"	D. Sangeetha
25. B. Sudhananda	"	B. Sudhananda
26. M. Suchithra	I BSC BZ	M. Suchithra
27. D. Sumanjali	"	D. Sumanjali



PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – STUDENTS ATTENDANCE - 16-06-22



28. S. Jyothi	II Bzc	S. Jyothi.
29. P. Nalabala Chini	"	P. Nalabala Chini
30. L. Sujatha	"	L. Sujatha
31. G. Sailaja	"	G. Sailaja
32. B. Mayuri	"	B. Mayuri
33. G. Annamma	"	G. Annamma
34. S.R. Hemant Kumar	II Bcom (G)	S.R. Hemant Kumar
35. D. Usman	II Bcom (G)	D. Usman.
36. D. Subrahmanyam	II Bcom (G)	D. Subrahmanyam
37. P. Xesudasu	II Bcom (G)	P. Xesudasu
38. G. Venkatesh	I. B.P.C (M.F.C.S)	G. Venkatesh
39. G. Ravi	"	G. Ravi
40. G. Rambhupal	"	G. Rambhupal
41. M. Profitha	I st Bcom (CA)	M. Profitha
42. K. Santosh	II nd B.P.C (M.F.C.S)	K. Santosh Kumar
43. K. Madan	"	"
44. U. V. Mahesh	II nd B.A (H.E.P)	U. Mahesh
45. M. Murali	"	M. Murali
46. G. Naraj	"	G. Naraj
47. D. Dhanu	II	D. Dhanu
48. M. Radha Krishna	II	M. Radha Krishna
49. B. Praneetha	II	B. Praneetha
50. D. Ravi	II Bcom (G)	D. Ravi
51. M. Uma Mahesh	II B.A (H.E.P)	B. Uma Mahesh
52. N. Bhanu Sangeetha	II Bcom (G)	N. Bhanu Sangeetha
53. M. Sumalatha	II B.A (H.E.P)	M. Sumalatha
54. T. Hemathi	II B.A	T. Hemathi
55. B. Sanitha	II B.A	B. Sanitha
56. K. Malli Karisuna	II Bcom (G)	K. Malli Karisuna
57. G. Sai Kumar Nava	II Bcom (G)	G. Sai Kumar Nava
58. K. Anusha	II Bcom (G)	K. Anusha
59. K. Anusha	I. Bcom (CA)	K. Anusha
Total = 59 attended.		



PSC & KVSC GOVERNMENT DEGREE COLLEGE - NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – STUDENTS ATTENDANCE - 17-06-22



28		17-06-2022	
G. Mahabubkhan	I st B.2C	G. Mahabubkhan	P. Yesud
N. Mahesh Nayak	II B.com (G)	D. Subrisha	S. Vals
D. Shesha	II B.com (G)	Y. Silpa	E. Saile
S. Silpa	II B.com (G)	Ribka	D. Ugras
P. Malliswasi	II B.com (G)	K. Lakshmi Narasimha	H. Abid
M. Ribka	II B.com (G)	B. Lakshmi Narasimha	K. Mahesh
K. Lakshmi Narasimha	II B.com (G)	G. Francis	S. Ranga Her
M. Ramanamma	II B.A	Y. Shany Kumar	J. Mad
B. Lakshmi Narasimha	II B.COM (G)	B. Lakshmi	M. Rana
G. Francis	" "	N. Vardhan	G. Yashu
X. Shany Kumar	" "	G. P. Singh	B. Nag
B. Naveen Kumar	" "	P. Pavan	S. Ch
V. Nandhu	I B.com (G)	Partha geet	M. M
G. Francis	I BA (H.E.P)	R. Suresh	D. S
P. Narasimha	I BA (H.E.P)	N. Akhil	M. G
D. Partha geet	II B.com (G)	C. SRINIVAS	B. A
P. Suresh	I BA (H.E.P)	C. Anusha	M. Poo
M. Akhil Raj	I B.com (G)	G. Venkatesh	P. G
C. SRINIVAS	I B.com (G)	T. Raju	N. S
C. Anusha	II B.COM (G)	N. Rat	D.
G. Venkatesh	I st B.2C	N. Rat	A.
T. Raju	I st B.S.C	N. Rat	B. G
N. Rat	I st B.S.C	N. Rat	P.
N. Lakshmi kanth	I st B.S.C	N. Rat	
D. Daheem	I st B.Sc	N. Rat	
P. Suresh	I M.P.C.S	N. Rat	
J. K. Shankar	I st M.P.C.S (BSC)	N. Rat	
S. Vals	I B.com (G)	N. Rat	
P. Tejaswi	I B.com (G)	N. Rat	
B. G. Prasad	I st B.com (G)	N. Rat	
M. Abid Basha	I st B.COM (G)	N. Rat	
K. Anusha	I B.com (G)	N. Rat	
M. Poojitha	" "	N. Rat	



PSC & KVSC GOVERNMENT DEGREE COLLEGE - NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – STUDENTS ATTENDANCE - 18-06-22



18/06/22			23
P. Yesu dasu	II B. Com (G)	P. Yesu dasu	
S. Vals	I B. Com (A)	S. Vals	
E. Saikumarapik	I B. Com (G)	Sol	
D. Usman	II B. Com (G)	D. Usman	
H. Afid Basha	I B. Com (G)	H. Afid Basha	
K. Maheshwara	II B. Com (G)	K. Maheshwara	
S. Ranga Hemanth Kumar	I B. Com (G)	S. Ranga Hemanth Kumar	
J. Madhu	II B. Com (G)	J. Madhu	
M. Ramarajeevulu	II B. Com (G)	M. Ramarajeevulu	
G. Yashodha Rani	II B. Com (G)	G. Yashodha Rani	
B. Nagamani	"	B. Nagamani	
S. Chandini	"	S. Chandini	
M. Madhavi	"	M. Madhavi	
D. Sangeeta	II B. Com (G)	D. Sangeeta	
M. Gaurthami	I B. Com (G)	M. Gaurthami	
B. Adilakshmi	I B. Com (G)	B. Adilakshmi	
M. Poojitha	I B. Com (G)	M. Poojitha	
P. G. Ramaramma	I B. Com (G)	P. G. Ramaramma	
M. Rishika	II B. Com (G)	M. Rishika	
N. Sravani	II B. Com (G)	N. Sravani	
D. Ravi	II B. Com (G)	D. Ravi	
A. Dharmaprakash	II B. Com (G)	A. Dharmaprakash	
B. G. Prasad	I B. Com (G)	B. G. Prasad	
P. Tejaswi	I B. Com (G)	P. Tejaswi	
K. Anusha	"	K. Anusha	



PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – STUDENTS ATTENDANCE - 20-06-22



37		
20-6-2022		
P. Tejaswi	I st B.com(CA)	P. Tejaswi
S. Vals	I st B.com(CA)	S. Vals
M. Poojitha	I st B.com(CA)	M. Poojitha
K. Anusha	I st B.com(CA)	K. Anusha
M. Afsal Basha	I st B.com(CA)	M. Afsal Basha
B. Gopiprasad	I st B.com(CA)	B. Gopiprasad
N. Jagadish	I st B.A	N. Jagadish
S. Madhusudhan	I st B.com(CA)	S. Madhusudhan
K. Shalitha Kumari	I st B(CA)	K. Shalitha Kumari
V. Venkata Kumar	I st MBS(BSC)	V. Venkata Kumar
G. Srinivasulu	I st M.E.C.S(BSC)	G. Srinivasulu
P. Hariprasad	I st B.A. I+II P	P. Hariprasad
C. Chenna Krishna Reddy	I st BSC(MPCS)	C. Chenna Krishna Reddy
V. Venkata Sunil	I st BSC(MPCS)	V. Venkata Sunil
B. John Paul	I st BSC(B.Z.C)	B. John Paul
M. Shahul	I st B.A	M. Shahul
K. Prasad	I st B.A	K. Prasad
M. Anikanth	I st B.A	M. Anikanth
J. Raju	I st B.com(CA)	J. Raju
K. Narasimulu	II B.Z.C(BSC)	K. Narasimulu
B. Abhishek	II B.com(CA)	B. Abhishek
J. Swarna	II B.com(CA)	J. Swarna
S. Marykavitha	II B.com(CA)	S. Marykavitha
P. Shafida Begum	I st B.A	P. Shafida Begum
V. Divya	II B.com(CA)	V. Divya
M. Praveen	II B.com(CA)	M. Praveen
M. Anusha	II B.com(CA)	M. Anusha
B. Madhu	II B.Z.C(BSC)	B. Madhu
M. Chander	II B.Z.C(BSC)	M. Chander
M. Kanthika	II B.Z.C(BSC)	M. Kanthika



PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

INTERNATIONAL YOGA DAY CELEBRATIONS – STUDENTS ATTENDANCE - 21-06-22

31		
B. Rakish	II B2C (EM)	B. Rakish
Y. Ravi Kiran	II B2C (EM)	Y. Ravi Kiran
A. Sagar	I MBG (BSC)	A. Sagar
K. Harendra	II B2C (EM)	K. Harendra
S. Afreed	II B2C (EM)	S. Afreed
S. Abul Ishaq	S. STC (H.E.R.)	S. Abul Ishaq
	K. S. Vijaya Lakshmi	K. S. Vijaya Lakshmi
Revenue person.	Lecturer in Commerce	Lecturer in Commerce
20/6/22		



PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
YOGA COURSE CERTIFICATES DISTRIBUTION - 01-07-22



II B. COM(G) STUDENTS





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
YOGA COURSE CERTIFICATES DISTRIBUTION - 02-07-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

YOGA COURSE CERTIFICATES DISTRIBUTION - 05-07-22



❀❀ YOGA COURSE CERTIFICATES DISTRIBUTION - 06-07-22 ❀❀



❀❀ YOGA COURSE CERTIFICATES DISTRIBUTION - 07-07-22 ❀❀





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

YOGA COURSE CERTIFICATES DISTRIBUTION - 11-07-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

YOGA COURSE CERTIFICATES DISTRIBUTION - 11-07-22



❀❀ YOGA COURSE CERTIFICATES DISTRIBUTION - 13 -07-22 ❀❀





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

YOGA COURSE CERTIFICATES DISTRIBUTION - 13-07-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

YOGA COURSE CERTIFICATES DISTRIBUTION - 13-07-22



❀❀ YOGA COURSE CERTIFICATES DISTRIBUTION - 18-07-22 ❀❀





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE
YOGA COURSE CERTIFICATES DISTRIBUTION - 14-07-22





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

YOGA COURSE CERTIFICATES DISTRIBUTION - 29-07-22



❀❀ YOGA COURSE CERTIFICATES DISTRIBUTION - 03-08-22 ❀❀





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

YOGA COURSE CERTIFICATES DISTRIBUTION - 13-08-22



❀❀ YOGA COURSE CERTIFICATES DISTRIBUTION - 01-09-22 ❀❀





PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA - DEPARTMENT OF COMMERCE

YOGA COURSE CERTIFICATES DISTRIBUTION - 01-09-22



Sri. K. Srinivasulu
Physical Director
Coordinator
PSC & KVSC GDC, NDL

Smt. K. J. Vijaya Lakshmi
Lecturer in Commerce
Coordinator
PSC & KVSC GDC, NDL

Dr. P. Venkateswarlu
Lecturer in Commerce
Dept. In charge
PSC & KVSC GDC, NDL

Dr. N. Sasikala
Principal
PSC & KVSC GDC, NDL

DEPARTMENT OF COMMERCE & DEPARTMENT OF PHYSICAL EDUCATION

THANK YOU





DEPARTMENT OF MATHEMATICS
ADD ON COURSE
IN
APTITUDE, ARITHMETIC & REASONING
01-06-2022 to 30-06-2022

detail report on ADD ON COURSE in Aptitude, Arithmetic & Reasoning Conducted by the Department of Mathematics from 01-06-2022 to 30-06-2022.

DEPARTMENT OF MATHEMATICS

Information about Certificate Course, & Requirement of Certificate

Name of the certificate course: Aptitude, Arithmetic & Reasoning

Name of the Department Organized: Mathematics

Name of the Course Coordinator: Smt S. Lalitha

No. of Students enrolled: 53

Date of commencement of classes: 01-06-2022

Details of the Course

- ❖ Introduction
- ❖ Syllabus
- ❖ Details of the Course
- ❖ Objectives of the Course
- ❖ Outcomes of the Course
- ❖ Model Certificate
- ❖ Presentation of the Certificates
- ❖ Student Attendance

[Signature]
AS
22/11/2023

[Signature]
Principal
PSC & KVSC Govt. College
Nandyal-518 502, Nandyal(Dt.), A.P

[Signature]
24/11/23

**REPORT
ON
ADD ON COURSE
In
APTITUDE, ARITHMETIC & REASONING**

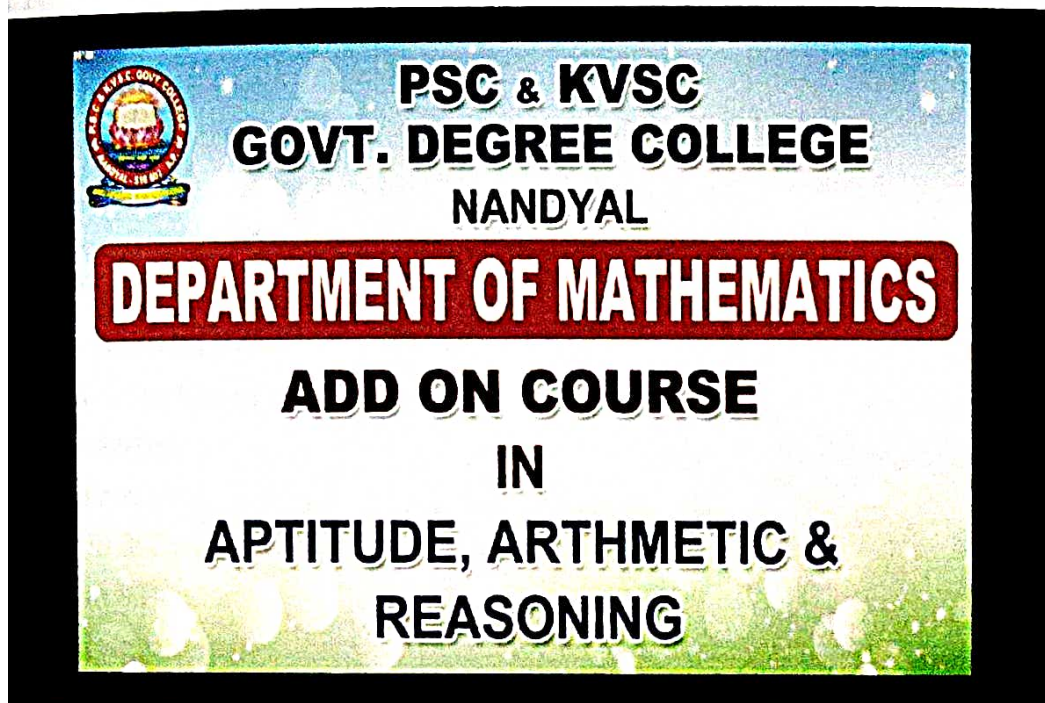
Introduction:

Department of Mathematics, PSC&KVSC GDC,Ndl Conducted ADD ON Course in Aptitude, Arithmetic & Reasoning from 01-06-2022 to 30-06-2022.

In this Course Short-cut methods explained and illustrated

MCQs with explanatory answers

Timed exercises for Practice



This course is useful for the following competitive examinations.

SBI Officers'/Bank PO, RBI Officers' Grade Examination; RBI/Bank Clerk Examination; LIC/GIC-AAO Examination; SSC (Graduate and Matric Level); Assistants' Grade, Income Tax Inspectors, SI Delhi Police/CBI Examination; AC/DSP in BSF/CRPF/ITBP; BBA/MBA Entrance/MAT/GMAT/GRE/XAT/JMET; NIFT Entrance Examination; Clerks' Grade Examination of Railway Recruitment Board; NDA/CDS/SCRA Examination; Teachers' Recruitment Test for Kendriya Vidyalaya and Government Schools; NSTSE/National Science Olympiad/National Cyber Olympiad/Math Olympiad

Shilpa
Yes

Pradeepa
Principal
PSC & KVSC Govt.College
Nandyal-513 502,Nandyal(Dt.),A.P

CIRCULAR

It is informed to All B.Sc II Year Students that
Department of Mathematics going to conduct an ADD-ON Certificate Course
in APTITUDE, ARITHMETIC & REASONING from 01-06-2022 to 30-06-2022

All students participate and gain knowledge, it is useful for so many competitive exams.

timings : 4.00pm to 5.00pm Venue: Room No 3

You are all cordially invited to this programme and make this grand success

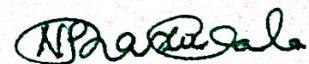
With regards-Department of Mathematic

SC&KVSC Govt Degree College, Nandyal


PRINCIPAL

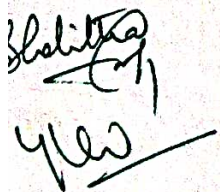
Syllabus:

1. Numbers
2. H.C.F & L.C.M of Numbers
3. Decimal Fractions
4. Simplifications
5. Square Root and Cube root
5. Average
7. Problems on Numbers
3. Problems on Ages
9. Surds And Indices
10. Percentage
11. Profit & Loss
12. Ratio & Proportion
13. Time & Distance
14. Simple Interest
15. Compound Interest
16. Calendar
17. Number Series
- 18 Arithmetic & Geometric Progression (A.P & G.P)



Principal

PSC & KVSC Govt. College
Nandyal-513 502, Nandyal(Dt.) A.P



Objectives of ADD ON Course:

The objective of ADD-ON courses is to offer more learner-centric, graded technical training that increases students' employability skills. This course's primary goal is to bridge the gap between academia and employment market. Department of Mathematics, PSC&KVSC GDC, Ndl has introduced ADD ON Certificate course in aptitude, Arithmetic and reasoning to improve employability. These career-focused courses are created to better prepare the students to meet the changing demands of the employment market. In addition to helping students improve their grades, add-on courses can help them explore potential career paths. Additional classes offer the necessary skill set. By giving students the opportunity to understand topics from a wider perspective and acquire extra abilities through value-added certificates, add-on courses give people the fundamental skill set they need to achieve their goals more quickly and effectively.

Outcomes of ADD ON Course:

The outcome of these career-focused ADD ON courses is to better equip students to meet the shifting demands of the employment business. Add-on courses can aid students in exploring potential career pathways in addition to helping them raise their grade point averages. The required skill set is offered in additional classes. Add-on courses provide people with the essential skill set they need to achieve their goals by giving them the chance to comprehend subjects from a wider perspective and acquire extra skills through value-added certificates. The outcome of ADD-ON courses is to provide technical training that is more learner-centric, assessed, and improves students' employability skills, and this course is to close the knowledge gap between academics and the job market. To increase employability, the Department of Mathematics at PSC&KVSC GDC, Ndl has created an ADD ON Certificate course in reasoning, arithmetic, and aptitude.

er details of the Course

ie of the Course: one Month

ss Timings : 4.00pm to 5.00pm

iod of Course: 01-06-2022 to 30-06-2022

portant Activities of the Course

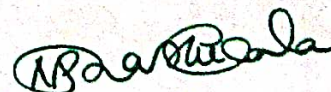
this Course Short-cut methods explained and illustrated

Qs with explanatory answers

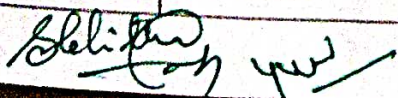
ed exercises for Practice

Details of the Course

NO	DATE	TOPIC
	1.6.2022	Numbers
	2.6.2022	H.C.F & L.C.M of Numbers
	3.6.2022	Decimal Fractions
	4.6.2022	Decimal Fractions
	6.6.2022	Simplifications
	7.6.2022	Simplifications
	8.6.2022	Square Root and Cube root
	9.6.2022	Square Root and Cube root
NO	DATE	TOPIC
	10.6.2022	Average



Principal
PSC & KVSC Govt. College
Nandyal-518 502, Nandyal (Dt.), A.P



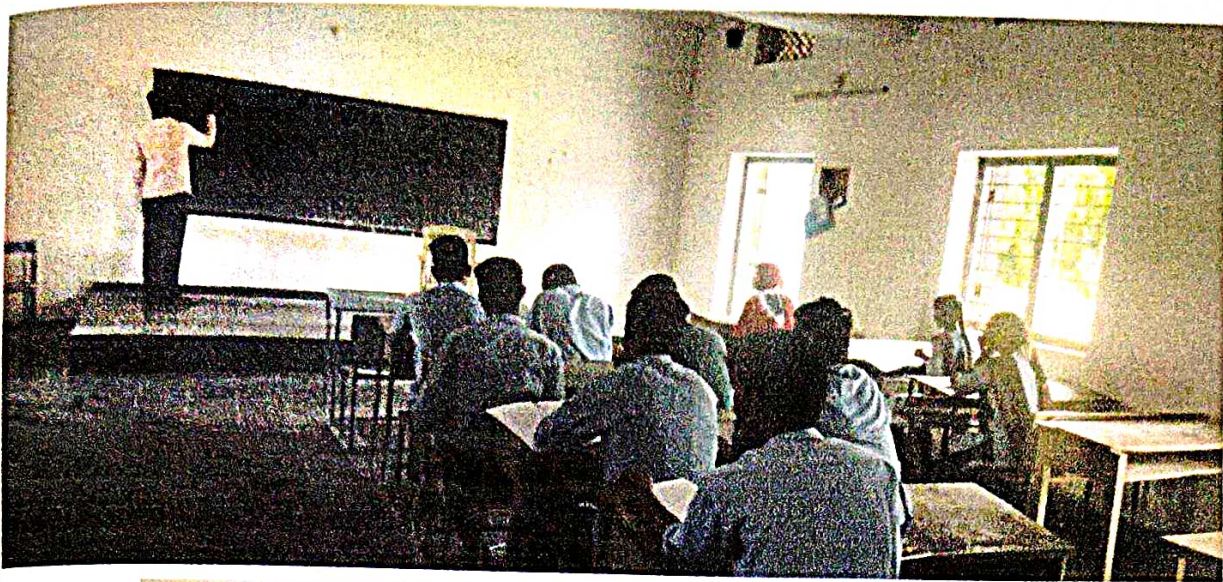
0	13.6.2022	Problems on Numbers
1	14.6.2022	Problems on Ages
2	15.6.2022	Surds And Indices
3	16.6.2022	Percentage
4	17.6.2022	Profit & Loss
5	18.6.2022	Profit & Loss
5	20.6.2022	Ratio & Proportion
7	21.6.2022	Ratio & Proportion
8	22.6.2022	Time & Distance
9	23.6.2022	Time & Distance
0	24.6.2022	Simple Interest
1	25.06.2022	Simple Interest
2	27.06.2022	Calendar
3	28.06.2022	Number Series
4	29.06.2022	Arithmetic & Geometric Progression(A.P&G.P)
5	30.06.2022	Compound Interest

Conducted teaching classes ,tests &group discussions



Shirley
yes

NP Das
Principal
PSC & KVSC Govt.College
Nandyal-518 502,Nandyal(Dt.),A.P



Conducted teaching classes ,tests &group discussions



NP Rasthala

Principal
PSC & KVSC Govt.College
Nandyal-518 502,Nandyal(Dt.),A.P

Shelitha yes



10

S. Karishma
J. Jessy
B. Puspha

- Mark (✓) against the correct answer in each of the following :
1. January 1, 2007 was Monday. What day of the week lies on Jan 1, 2008 ?
(a) Monday (b) Tuesday (c) Wednesday (d) Sunday
 2. January 1, 2008 is Tuesday. What day of the week lies on Jan 1, 2009 ?
(a) Monday (b) Wednesday (c) Thursday (d) Sunday
 3. On 8th Dec, 2007 Saturday falls. What day of the week was it on 8th Dec, 2006 ?
(a) Sunday (b) Thursday (c) Tuesday (d) Friday
 4. On 6th March, 2005 Monday falls. What was the day of the week on 6th March, 2004 ?
(a) Sunday (b) Saturday (c) Tuesday (d) Wednesday
 5. The calendar for the year 2007 will be the same for the year :
(a) 2014 (b) 2016 (c) 2017 (d) 2018
 6. On what dates of April, 2001 did Wednesday fall ?
(a) 1st, 8th, 15th, 22nd, 29th (b) 2nd, 9th, 16th, 23rd, 30th
(c) 3rd, 10th, 17th, 24th (d) 4th, 11th, 18th, 25th
 7. What was the day of the week on 17th June, 1998 ?
(a) Monday (b) Tuesday (c) Wednesday (d) Thursday
 8. What was the day of the week on 28th May, 2006 ?
(a) Thursday (b) Friday (c) Saturday (d) Sunday
 9. What will be the day of the week on 15th August, 2010 ?
(a) Sunday (b) Monday (c) Tuesday (d) Friday
 10. Today is Monday. After 61 days, it will be :
(a) Wednesday (b) Saturday (c) Tuesday (d) Thursday
 11. The last day of a century cannot be :
(a) Monday (b) Wednesday (c) Tuesday (d) Friday
 12. Which of the following is not a leap year ?
(a) 700 (b) 800 (c) 1200 (d) 2000
 13. How many days are there in x weeks x days ?
(a) $7x^2$ (b) $8x$ (c) $14x$ (d) 7

Certificate Presentation

Shilpa
yes

N. Parthala
Principal
PSC & KVSC Govt. College
Nandyal-518 502, Nandyal(DI), A.P



N. B. Datta

Principal
 PSC & KVSC Govt. College
 Nandyal-518 502, Nandyal(Dt.), A.P

Shilpa
yes



Model Certificate

PSC & KVSC GOVERNMENT DEGREE COLLEGE

Department of Mathematics, Nandyala

ADD ON / CERTIFICATE COURSE IN APTITUDE ARITHMETIC & REASONING

Certified that K. Sai Kiran Naik

of 2nd B.Sc. MESS

IN ADD ON / CERTIFICATE COURSE IN APTITUDE ARITHMETIC & REASONING AT

PSC & KVSC GOVERNMENT DEGREE COLLEGE, Nandyala.

From 1.6.2022 To 30.06.2022

LECTURER IN MATHEMATICS

LECTURER IN CHARGE OF MATHEMATICS

PRINCIPAL

[Signature]
Principal
PSC & KVSC Govt. College
Nandyal-518 502, Nandyal(Dt.), A.P

[Signature]
[Signature]

Certificate course in

GRAFTING TECHNIQUES AND NURSERY MANAGEMENT



PSC&KVSC GOVERNMENT COLLEGE, NANDYAL



DEPARTMENT OF BOTANY

"GRAFTING TECHNIQUES AND NURSERY MANAGEMENT"

Syllabus

1. History of Horticulture, particular to India.

2. Tree improvements - General concepts.

Role of nursery in *In-situ* and *Ex-situ* conservation of plants.

3. Selection of plants –Woody and Non- woody

Herbs, Shrubs, Trees, Climbers, Creepers

4. Vegetative Propagation techniques:

- Cuttings – Root cuttings, Stem cuttings for herbaceous, soft wood, hard wood, leaf , leaf bud cuttings Root cuttings
- Grafting - Scion grafting, Veneer grafting, Cleft grafting , tongue approach grafting, Bud grafting,
- Layering- simple layering, Air layering, Mound layering

4. Multiplication Garden – Establishment and maintenance – spacing, weeding, watering, fertilizers and pesticides.

5. Potting Media- solid waste management, copost

6. Nursery Management

7. Cost- benefit analysis.

Faculty and Resource persons Involved

1. P. Prasada Rao, Lecturer in Botany
2. V.J.Sailaja Rani, Lecturer in Botany
3. Dr.K.Omkar, Lecturer in Botany . Dr. M. Ramesh . P.E. Vijayenind
Lec. in Botany. Lec. in Botany,
4. Sri. Babu Rao, Resource person from Panyam nurseries and State level Awardee in Horticulture.
5. Dr. Saralamma, Senior Scientist, DAT center, (Agriculture Department) Kurnool

Fields Visited

1. Panyam Nurseries
2. Botanical Garden of college campus
3. Forest Department Nurseries raised at Mahanandi

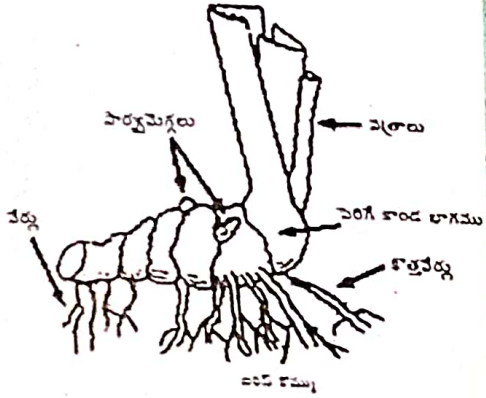
Department of Botany
Certificate Course on Plant Nursery
Management and Grafting methods



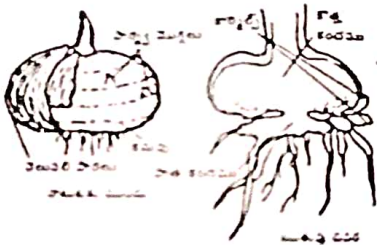
నర్సరీ పెంపకంలో
ఉపయోగించే వివిధ శాఖీయ
భాగాలు

నర్సరీ పెంపకంలో
ఉపయోగించే వివిధ శాఖీయ
భాగాలు

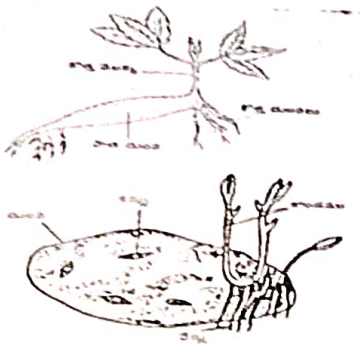
రైజోమ్ - అల్లం, పసుపు, ఎదురు, తామర



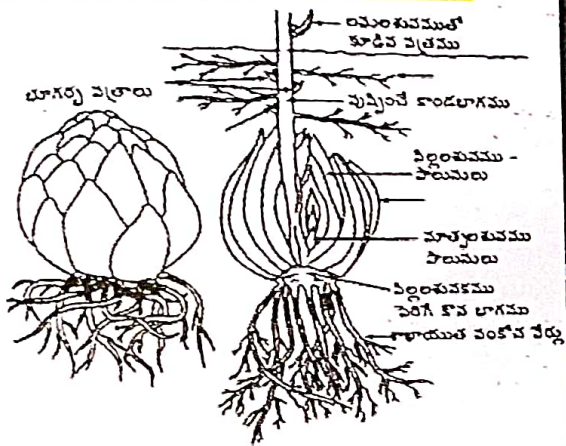
కందముల ద్వారా - క్రొకన్



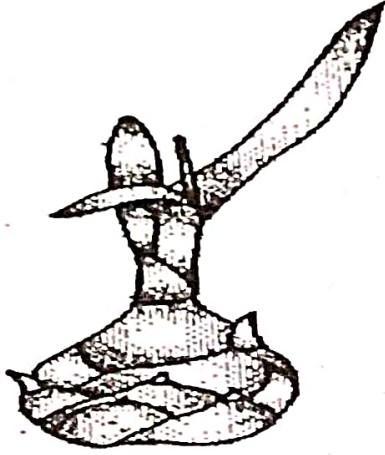
ದುಂಪಲ ದ್ವಾರ- ಬಂಗಾಳ ದುಂಪ



లశునముల ద్వారా- ఉల్లి, వెల్లులి

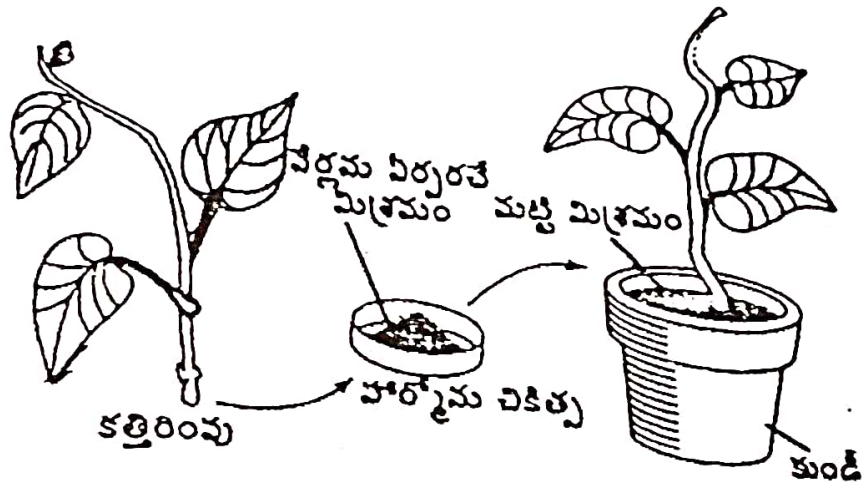


లఘు లఘునముల ద్వారా - తిల్లి, బిగ్గెనియా



కాండ కత్తిరింపులు

5



పటం 20.1 కాండపు కొవ కత్తిరింపు పద్ధతి

కత్తిరింపుల ద్వారా మొక్కల వ్యాప్తి విధానాలు

• కాండ కత్తిరింపులు :

1. గట్టి కాండ కత్తిరింపులు :

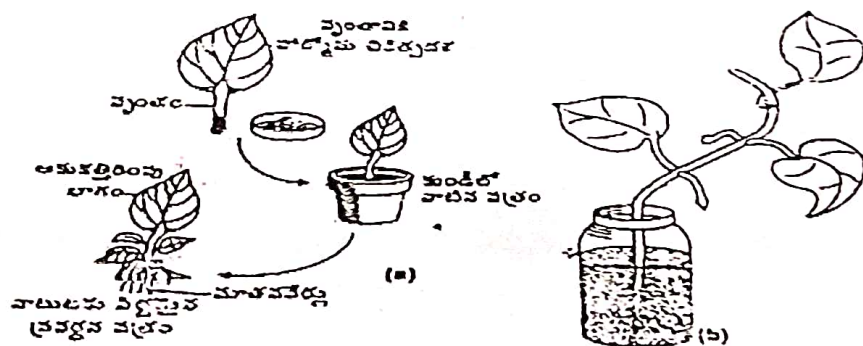


మృదు కాండ కత్తిరింపులు - రోజ్



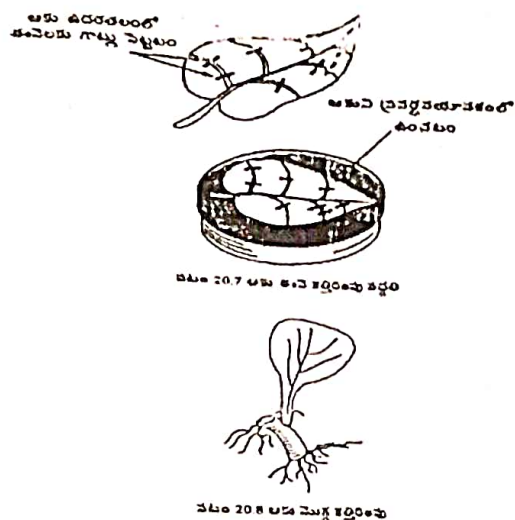
522

229 (20-111)



నటం 20.6 (ఎ) ఆకు కత్తిరింపు వద్దలి, (బి) నీటిలో వేళ్లు ఉచ్చుత్తి ఐరవటం

Leaf Cuttings – Bryophyllum, Begonia, sansivria



విత్తన వ్యాప్తి వలన ప్రయోజనాలు

- నారు మొక్కలు చౌకగా లభిస్తాయి .
- సంకర మొక్కలు రూపొందిస్తారు
- విత్తనాల ద్వారా రూపొందిన మొక్కలు ఎక్కువ కాలం జీవిస్తాయి
- పైరస్ వ్యాధులు విత్తనాల ద్వారా వ్యాపించవు .
- విత్తనాల ద్వారా ఉత్పత్తి అయిన మొక్కలు ఎక్కువ కాలం నిల్వ చేయవచ్చు .

SEED TRAY



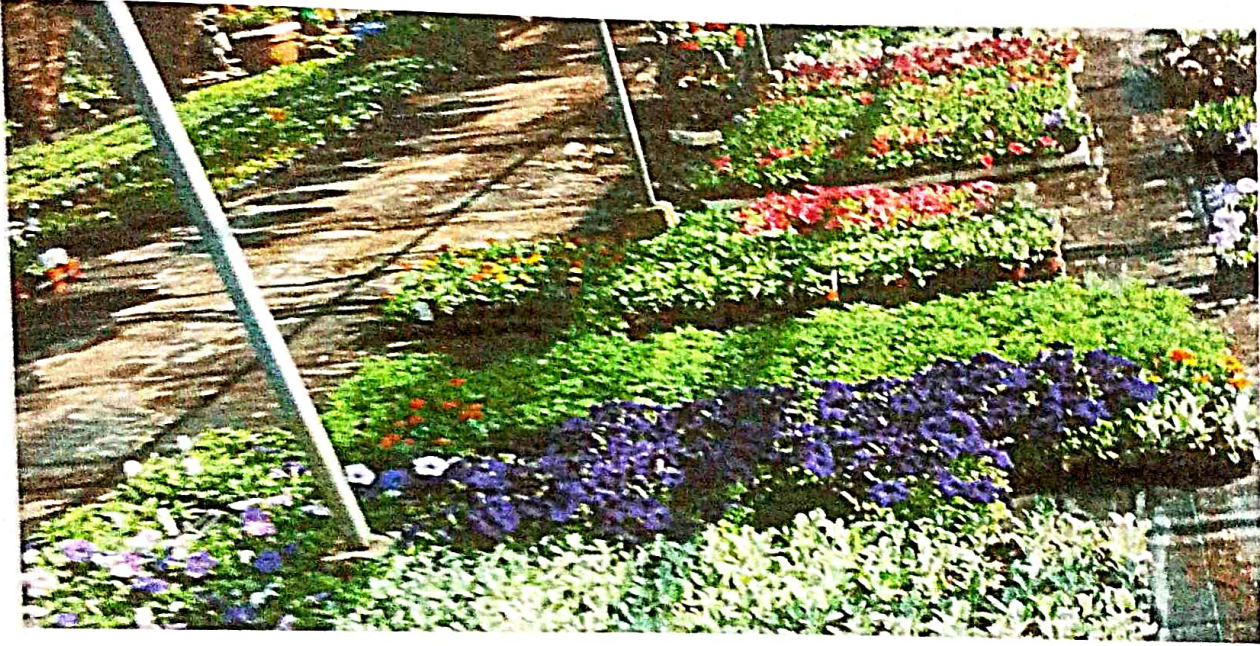
విత్తన అంకురోత్పత్తి పై ప్రభావం చూపే కారకాలు గురించి వ్రాయుము

- ఉష్ణోగ్రత
- తేమ
- విత్తనాలు నాటే సమయం
- విత్తనాలు నాటే లోతు
- విత్తన కవచం
- విత్తన సామర్థ్యం
- విత్తన సుష్టావస్థ
- విత్తన చీడలు
- విత్తన వ్యాధులు

నర్సరీ బెడ్

- కలుపు మొక్కలు, రాళ్ళు లేని నేలను నర్సరీ బెడ్ అంటారు.
- నర్సరీ బెడ్స్ - రకాలు :

1. సెంకెస్ బెడ్ - పొడి ప్రదేశాలలో మా మట్టానికి 10-15సం.మీ లోతులో తయారు చేస్తారు. వీటిని పొడి మరియు గాలులు ఎక్కువగా వున్నా ప్రదేశాలలో తయారు చేస్తారు. నీరు అదా అవుతుంది.
2. లాంఛ్ బెడ్ / ఫ్లాట్ బెడ్ : వేసవి, శీత కాలంలో తయారు చేస్తారు.
3. రైస్ బెడ్ : నేలకు 15సం.మీ ఎత్తులో తయారు చేస్తారు. వీటిని వర్షా కాలంలో తయారు చేస్తారు.

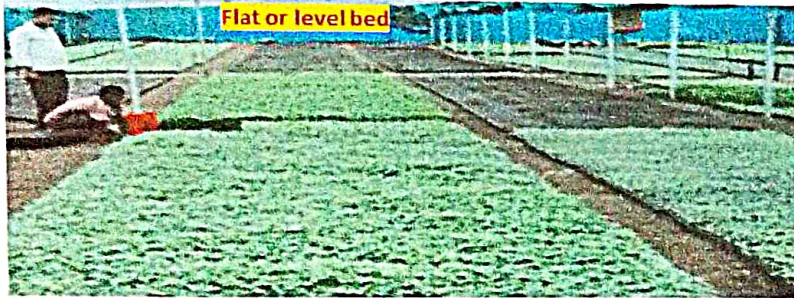




Sunken beds



Raised beds



Flat or level bed

నర్సరీ బెడ్ తయారీలో తీసుకోవలసిన జాగ్రత్తలు

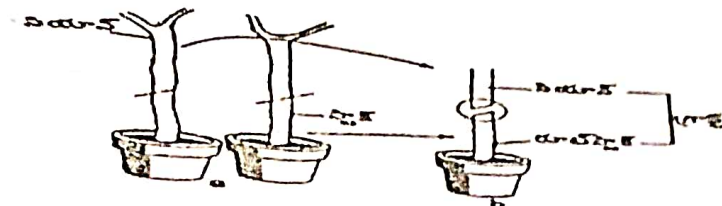
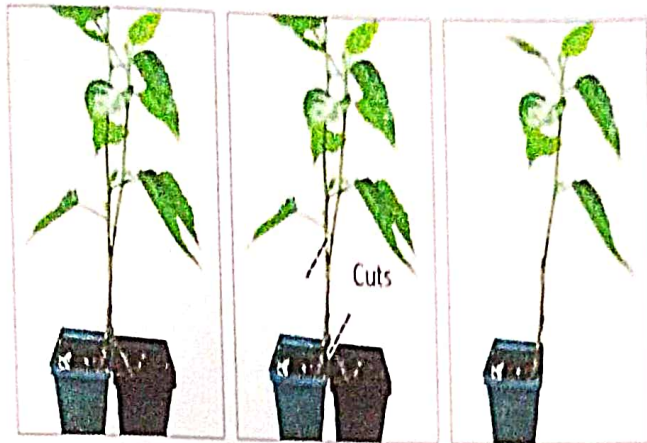
- నర్సరీ బెడ్ నాటిన విత్తనాలు మొలకేత్తుటకు, లేదా కత్తిరింపుల నుండి పేర్లు ఎర్పడుటకు తయారు చేస్తారు .
- పోషణ
- తేమ, వాయు ప్రసరణ
- తగినంత నీటి పారుదల
- బెడ్ వెడల్పు 1 మీటర్
- పాక్షికంగా నీడ వుండే ప్రదేశాలలో ఏర్పాటు చేయాలి
- సంద్రియ పదార్థాలు అధికంగా వుండే నేలలో ఏర్పాటు చేయాలి.



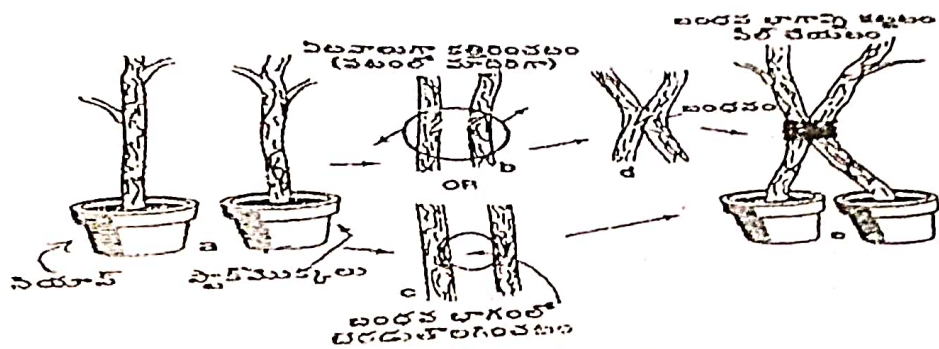
GRAFTING

అంటు కట్టుట

Approach Grafting



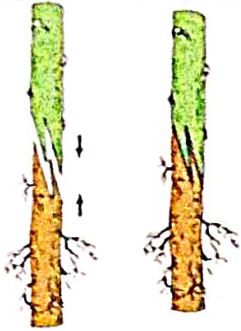
పటం 20.9 దీటాచర్ల నియోన్ గ్రాఫ్టింగ్ దశలు



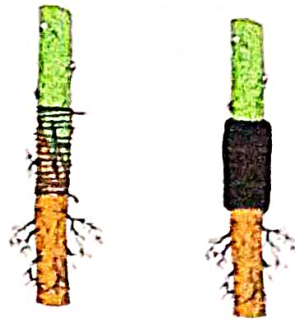
పటం 20.10 అక్రోచ్ గ్రాఫ్టింగ్ విధి దశలు

TONGUE GRAFTING

The stock and scion are slipped together, the tongues interlocking.



The graft is then tied and sealed.

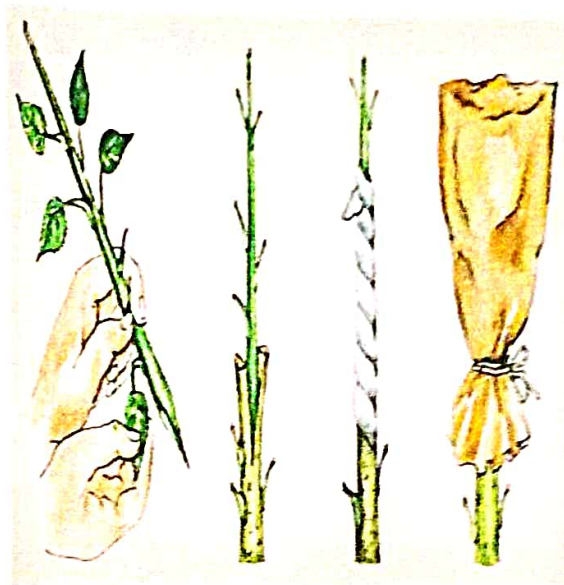


Scion

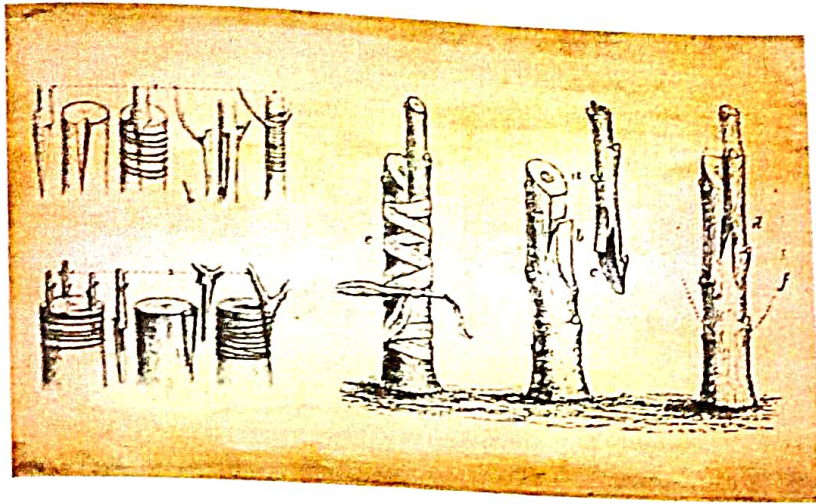


Rootstock

Cleft grafting

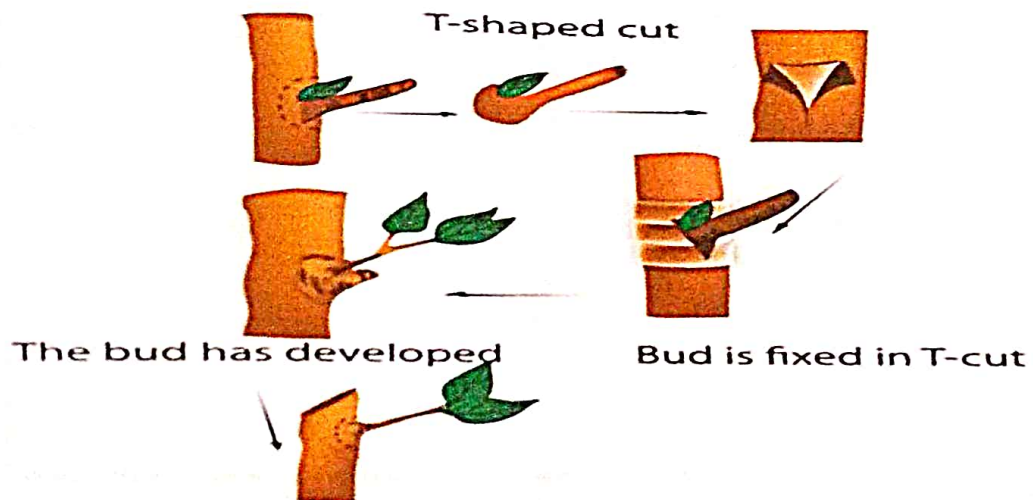


BARK GRAFTING

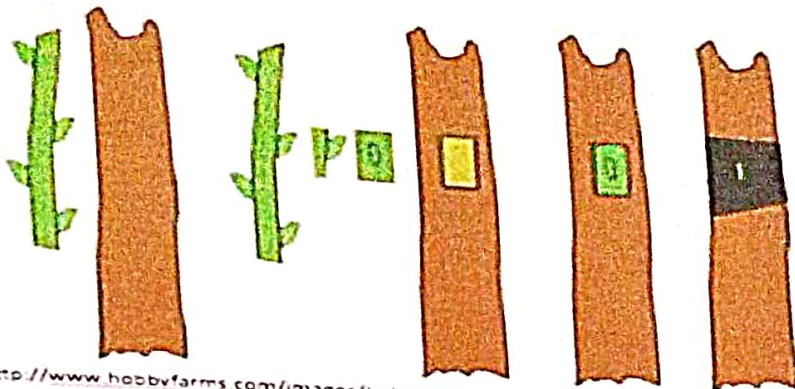


Bud Grafting

T-Budding



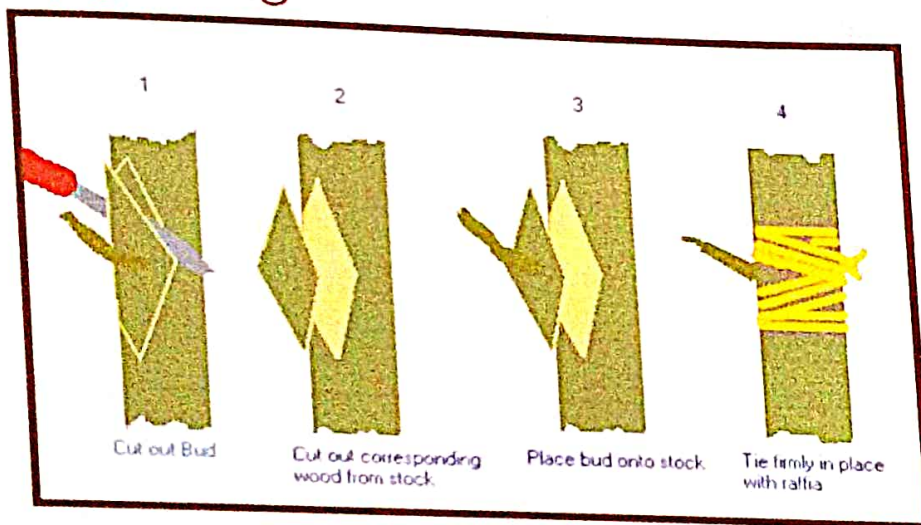
Patch budding



http://www.hobbyfarms.com/images/hobby%20farms%20crops/graft-Patch-Bud_200.jpg

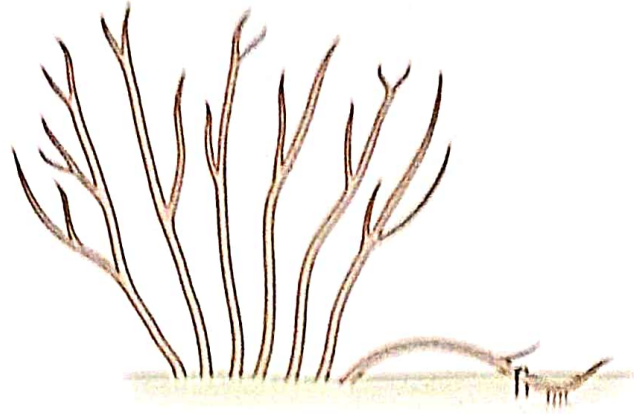
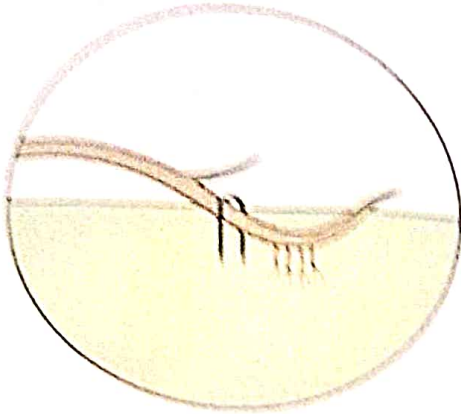
A basic conceptual image of patch budding

Chip grafting

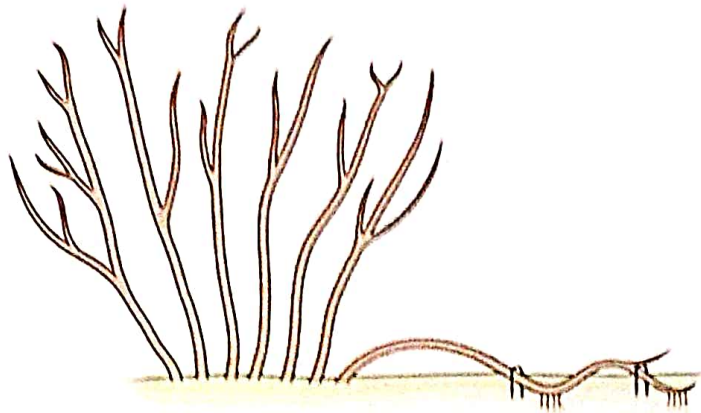
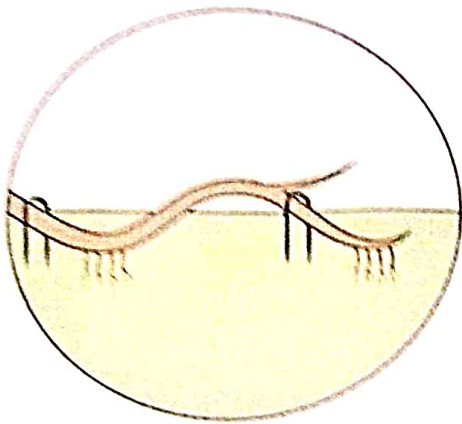


Layering

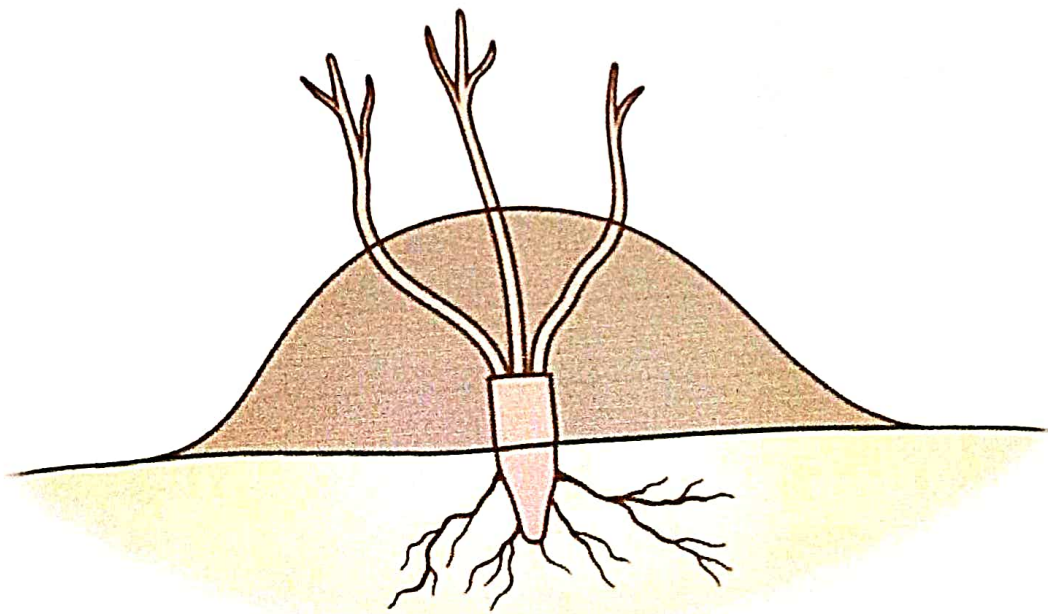
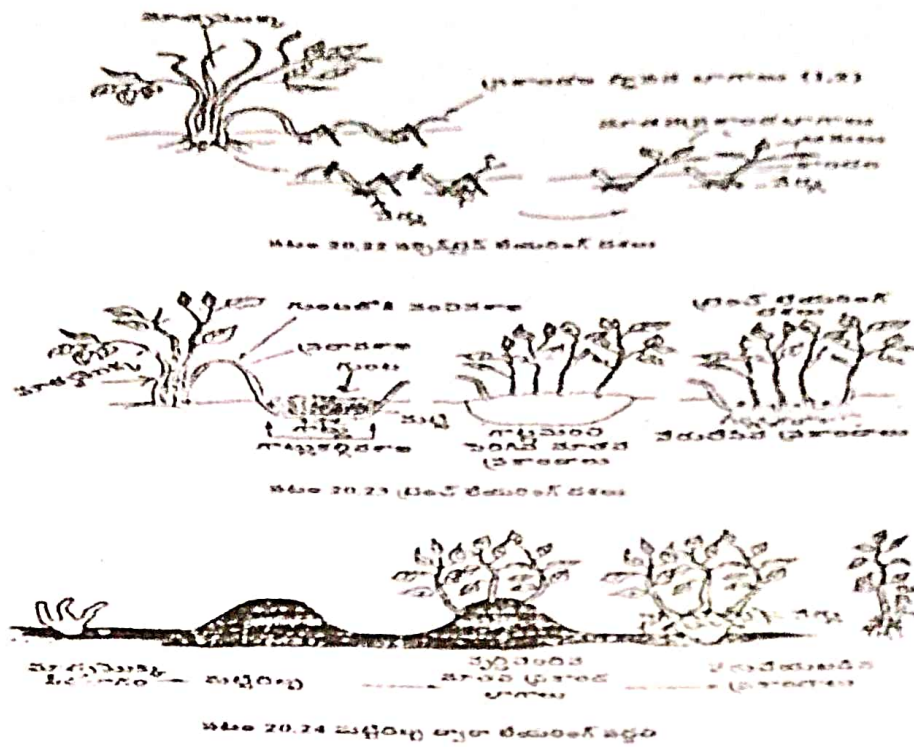
అంటు తొక్కుట



Simple Layering



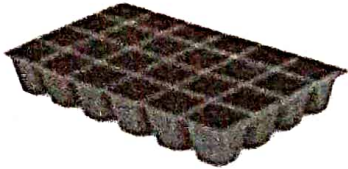
Serpentine Layering



Mound Layering

మొక్కల నర్సరీలలో
ఉపయోగించే కంట్రీనర్లు

- మట్టి కుండీలు
- సిమెంట్ కుండీలు
- ప్లాస్టిక్ కుండీలు
- ఫైబర్ కుండీలు
- పిరపిన్ పిపర్ లేదా సెలోఫన్ కప్పులు
- విత్తన ట్రేలు
- నీటి క్యాన్స్
- డ్రమ్స్
- ఎరువుల సంచులు
- పాలిథీన్ బాగ్స్



Seed tray



Plastic pot



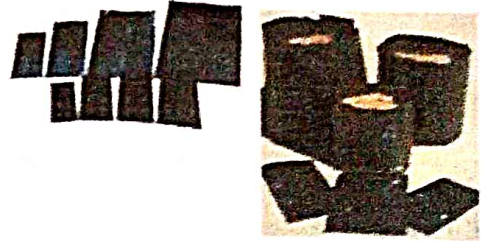
Fiber pot
Polythene bags



Paraffin cups



Manure bags

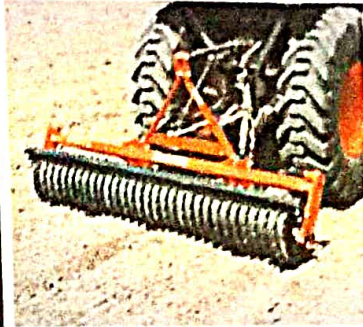


నర్సరీలో ఉపయోగించే పరికరాలు

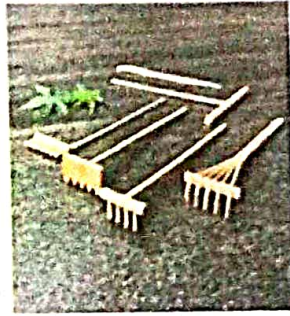
- ట్రాక్టర్
- సీడ్ డ్రిల్
- టిడ్ రోలరు మరియు లేవలర్
- గార్డెన్ రాక్
- హ్యాండ్ లేవలర్
- వాగలి
- పాఠ
- గార్డెన్ ఫోర్క్
- Hand cultivator
- కత్తెర, కత్తి, కోడవలి
- టుండీలు
- స్ప్రెయింగ్ పంపులు
- రోజ్ క్యాన్ మరియు నీటి పైపు



Seed drill



Seed bed roller



Garden rake



Hand leveller



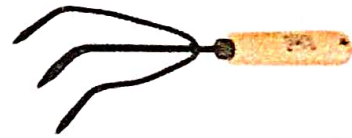
Plough



Garden fork



Pruning Scissors



Hand cultivator



Garden knife



Sickle



Rose can



Water pipe



Spray can



Pots

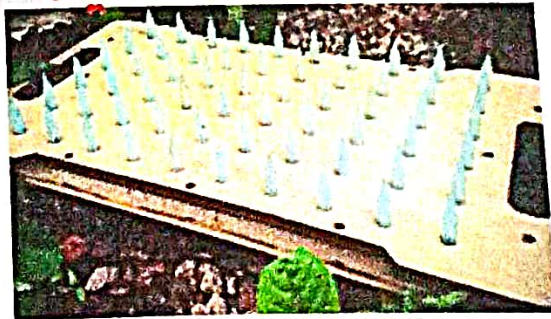
విత్తనాలను నాటే పద్ధతులు

• బ్రాడ్ కాస్టింగ్



Broadcasting of rice seeds

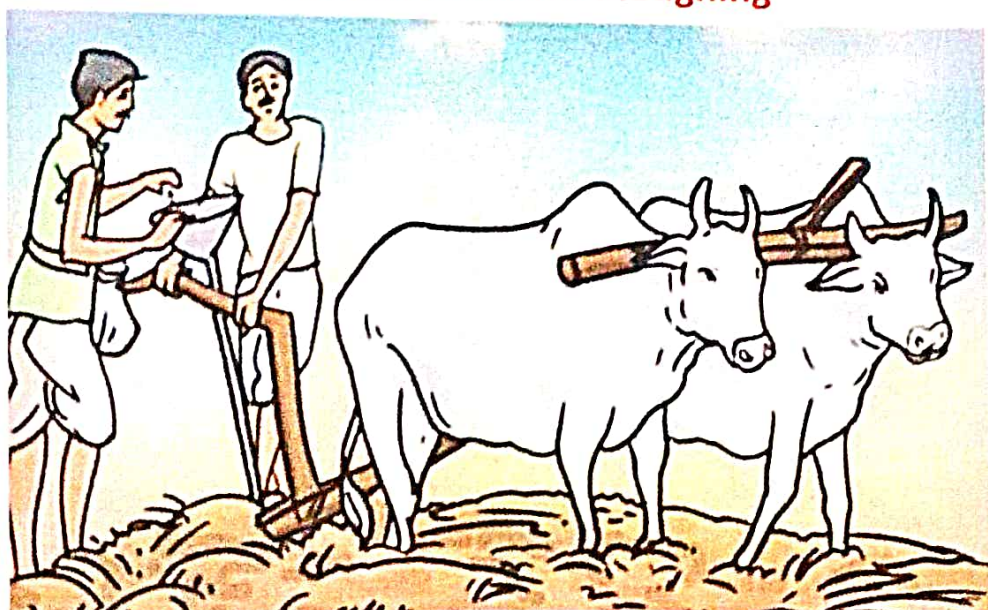
డిబ్బింగ్



Drilling



Traditional seed Ploughing





Transplanting



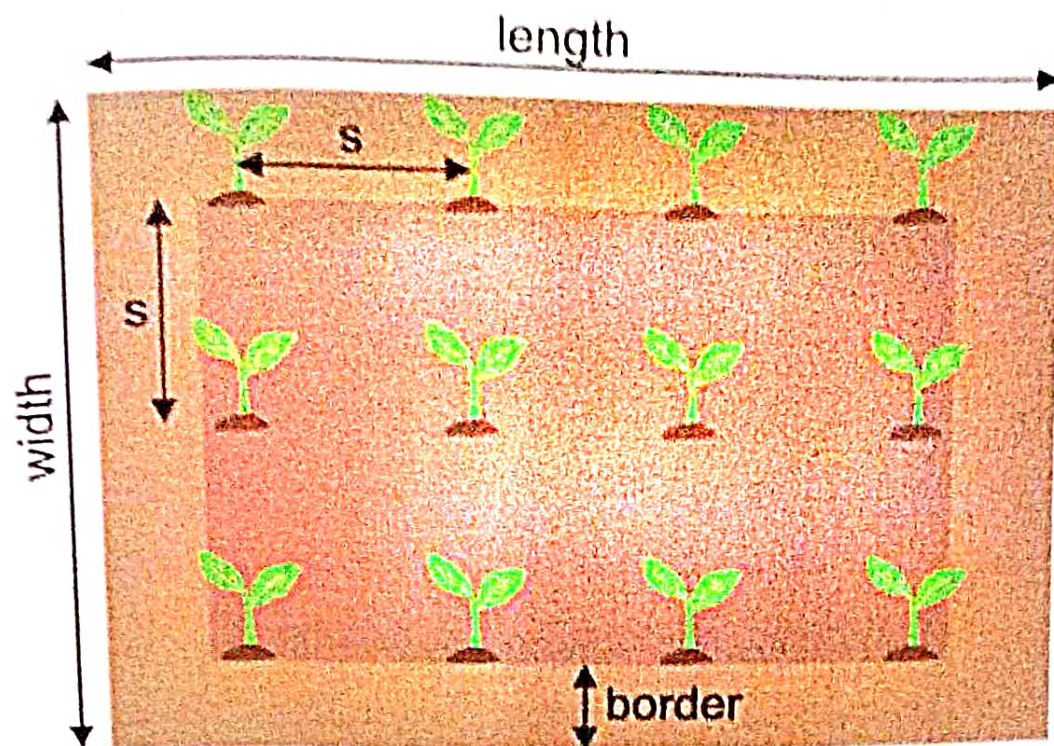
Transplanter



Check row planter



check row plantation



Transplanter



నర్సరీ బెడ్డుపై విత్తనాలను చల్లుట

- పంక్తులలో విత్తనాలు చల్లుట
- ట్రేలలో విత్తనాలను నాటుట
- ఫారి బ్యాగ్ లో / కుండీలలో విత్తుట



ట్రేలలో నాటుట



పంక్తులలో నాటుట



ఫారి బ్యాగ్ లో నాటుట

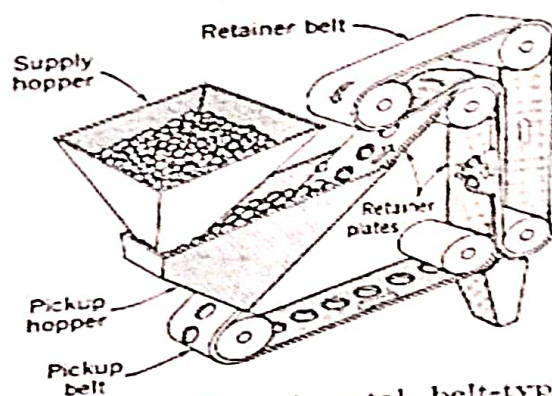


Fig. 11.6. Experimental belt-type planter developed for high-speed drilling of seeds such as peanuts. (J. G. Futral and R. L. Allen. *Agr. Eng.*, April, 1951.)

నర్సరీ నిర్వహణ

• మంచి స్థలం

• ఫ్లాటింగ్

• నీటి పారుదల మరియు ఎరువులు

• మొక్కల సంరక్షణ చర్యలు

• విత్తన చికిత్సలు :

1. వేడి నీటి చికిత్స

2. క్రిమి సంహారకం

3. నేల చికిత్స

4. రసాయన చికిత్స

5. కలుపు మొక్కల నివారణ

6. వేడి మరియు చలి తీవ్రత నుండి రక్షణ

7. నర్సరీ మొక్కల ప్యాకింగ్

8. అమ్మకం

9. మొక్కల నిర్వహణ

ఉద్యానవనాలలో నిరంతరం నిర్వహించే ప్రక్రియలు

a) మృతిక - సూక్ష్మజీవరహిత

b) విత్తనాలు - విత్తుట

c) ప్లాంటింగ్ మరియు ట్రాన్స్ ప్లాంటింగ్

1. కుండీలలో ఉన్న మొక్కలను క్షేత్రంలోకి మార్పిడి చేయుట

2. కుండీలో పెరుగుతున్న మొక్కను మరొక కుండీలోకి మార్పుట

3. మొక్కను క్షేత్రంలో పాతుట

4. పెద్ద వృక్షాలు మరియు పొదలను మార్పిడి చేయుట

5. షేడింగ్

6. స్టాంపింగ్ లేదా పింఛింగ్

7. డీవోలియేషన్

8. స్టాకింగ్

9. మల్చింగ్

మల్చింగ్

- నేలను పాల్తీన్ షీట్ లేదా వ్యర్థాలతో కప్పి వాతావరణ పరిస్థితులు మొక్క పెరుగుదల కు అనుకూలంగా చేయడం మరియు నేలలోని తేమను కాపాడటం ప్రక్రియను మల్చింగ్ అంటారు.

మల్చింగ్ పదార్థాలు రకాలు :

1. సేంద్రీయ రకాలు : పశువుల ఎరువు, కంపోస్ట్, తొక్కలు, కండే ముక్కలు, స్పగ్నం, షీట్ మాస్, ఎండు గడ్డి, రంపపు పోడి, పంట అవశేషాలు , కలప ముక్కలు.
2. అసేంద్రీయ రకాలు : బ్లాక్ పాల్తీన్ షీట్, రబ్బర్ టైర్లు, చిప్స్, గులక రాళ్ళూ.

అలంకరణ

మొక్కలు

గుల్మయుత అలంకరణ మొక్కలు

• జీవిత చక్రం ఆధారంగా రకాలు

1. ఏక వార్షిక అలంకరణ రకాలు : బంతి , జినియ జాతులు

2. ద్వి వార్షిక అలంకరణ రకాలు : హాలిహాక్ , డిజిటాలిస్.

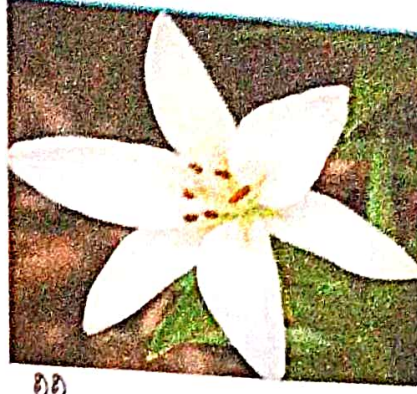
3. బహు వార్షిక అలంకరణ రకాలు

- పుష్పించేవి : లిల్లి , తులిప్ , జిరానియం ,

- పుష్పించనివి : సాన్స్ విరియ , కొలియస్ .



మంటి



లిల్లి



జింజీ



వాలి వాన్



డీజిటలిస్



తులిప్



పెరాసియం



సాన్స్ వీరయ్య



కోలియస్

పరిమిత చర్యల ఆధారంగా రకాలు : Indoor or Out door

అంతర్గత మొక్కలు

వీటిని మొదలలో పంపిణీ

జీవితం , టుజిటస్



హార్టింగ్ మొక్కలు

వైలాడి కుండలలో
పంపిణీ

జీరానియం

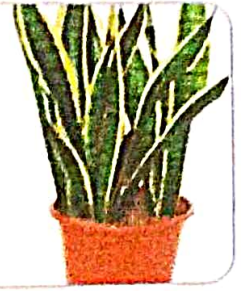
క్లీరీస్టం



గృహ మొక్కలు

అండీర్ రకాలు
పుష్పించే లేదా ఫోలిఎజ్
రకాలు

సాన్స్ వీరయ



ధృఢమైన కాండంగల అలంకరణ మొక్కలు

పొదలు

అకు రాలే పొదలు
టెర్పెరిన్, లోనిసెర
జపానిక

సతత పారితి
మొక్కలు
సైనస్



వృక్షాలు

అకురాలే వృక్షాలు
టెట్యుల

సతత పారితి
వృక్షాలు
పీసీయ



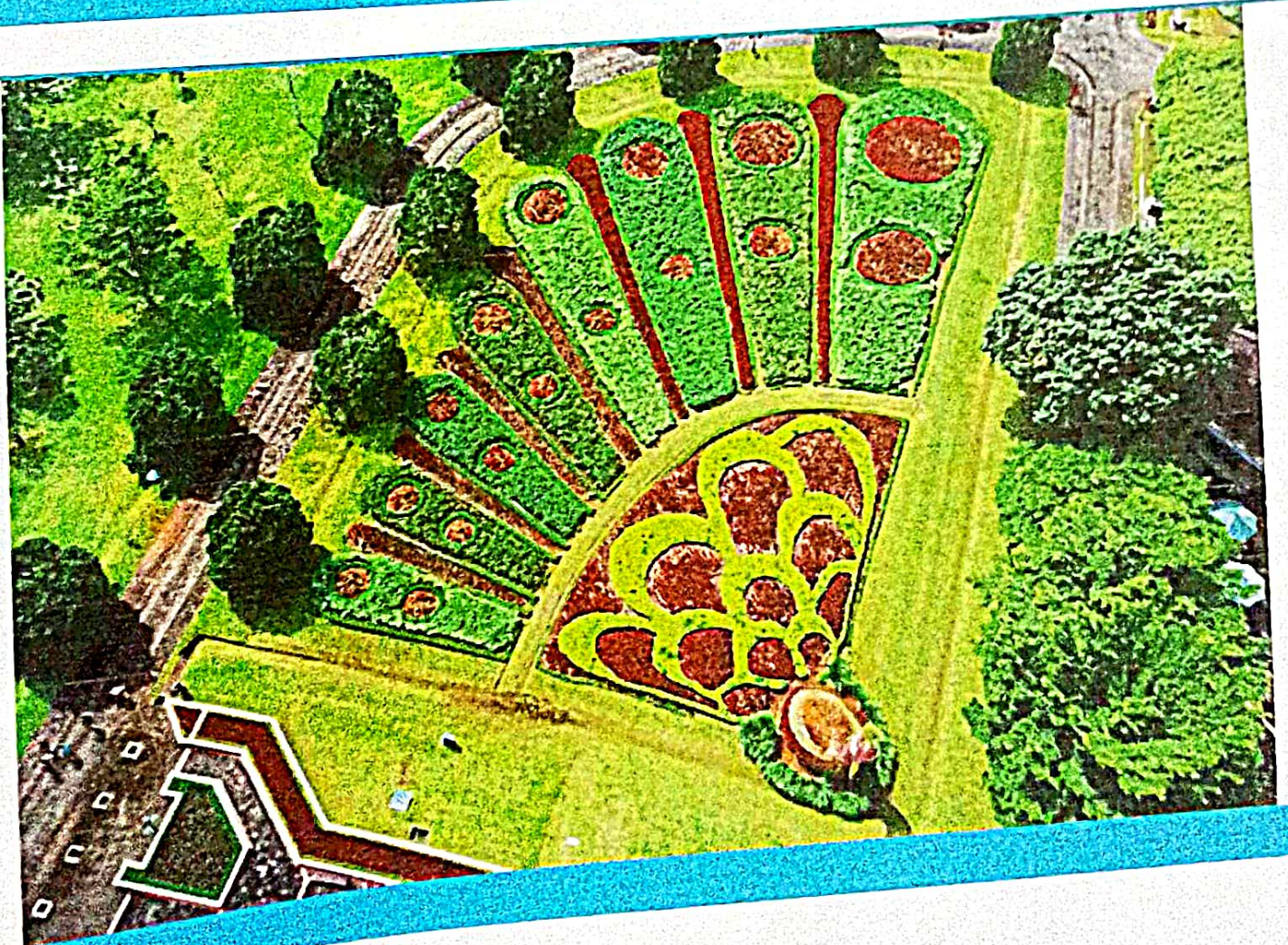
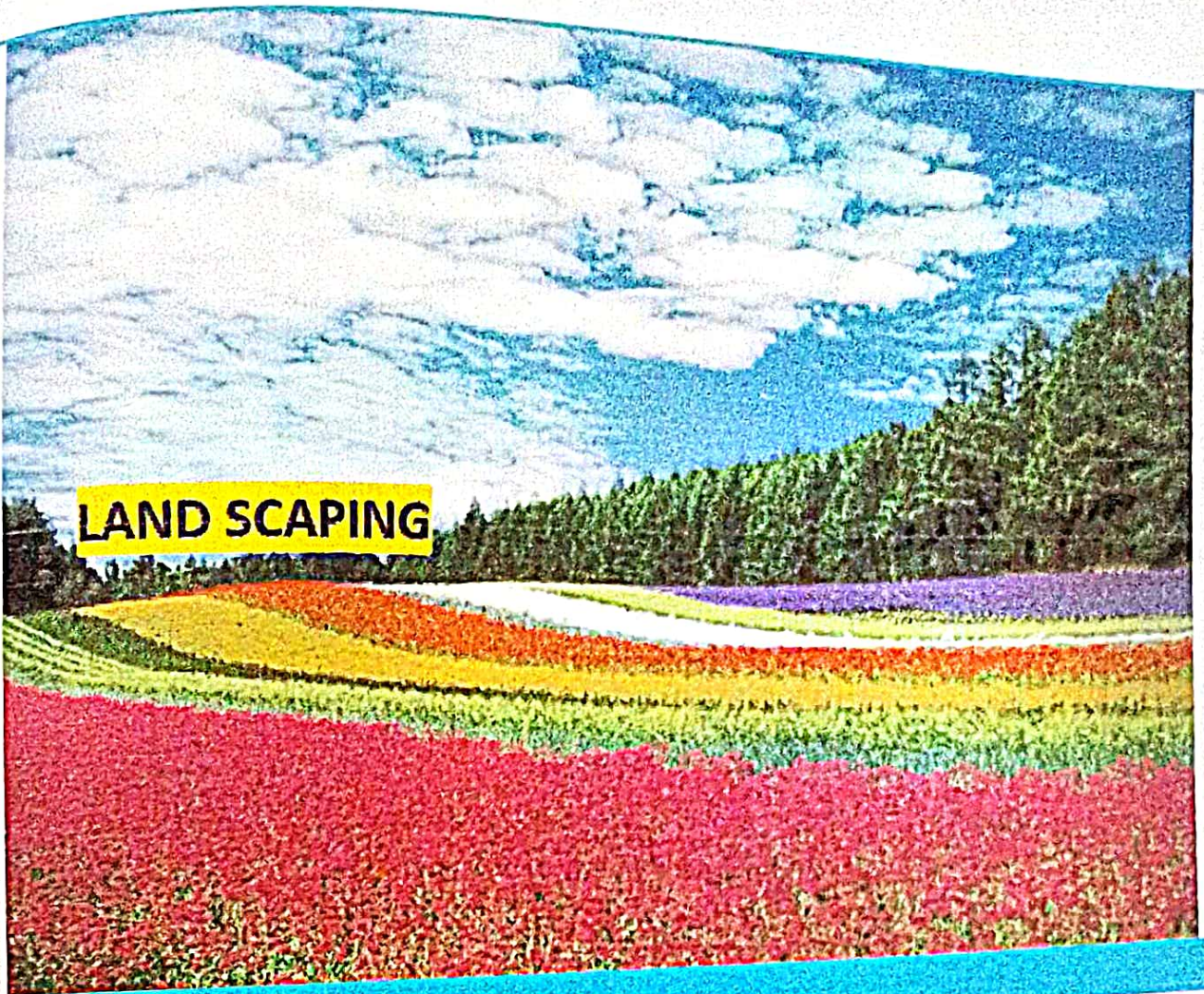
తీగ రకాలు

అకు రాలే రకాలు
క్లైమటిస్

హిడిర హెలిక్స్

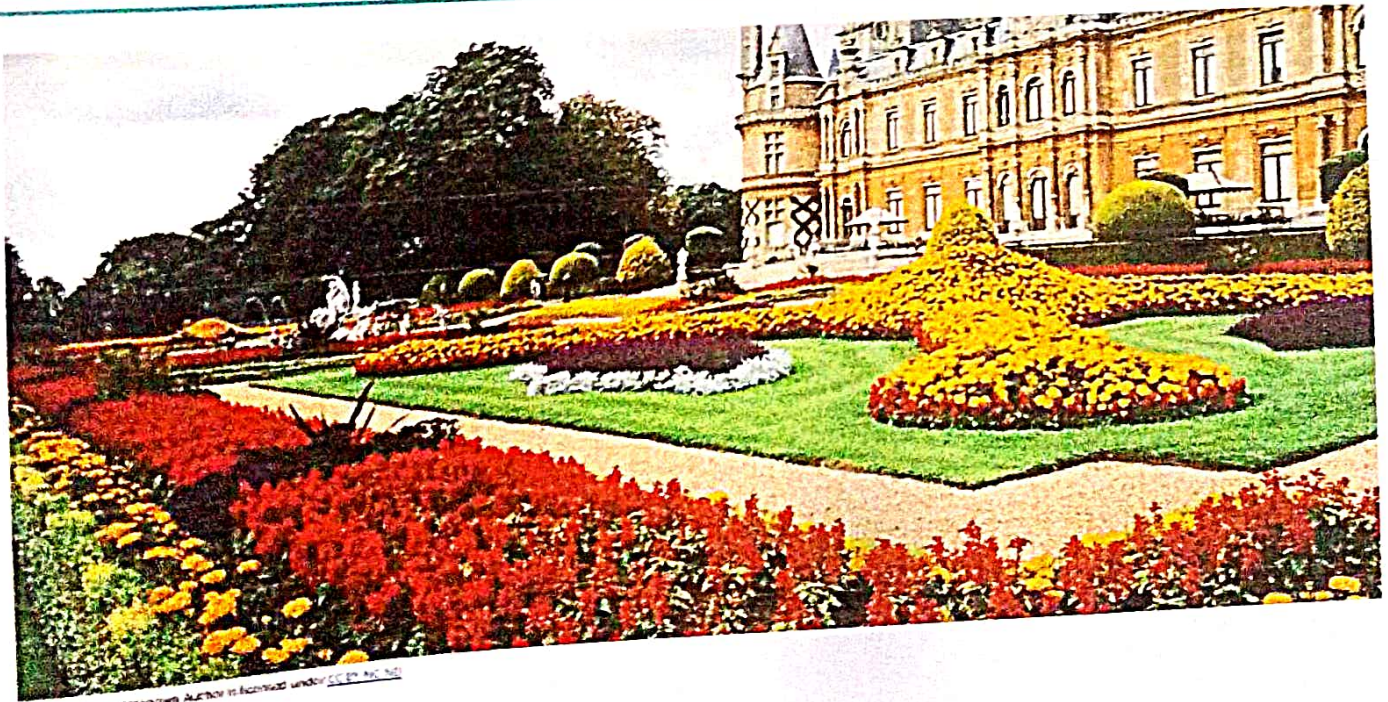


LAND SCAPING





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Bedding Plants



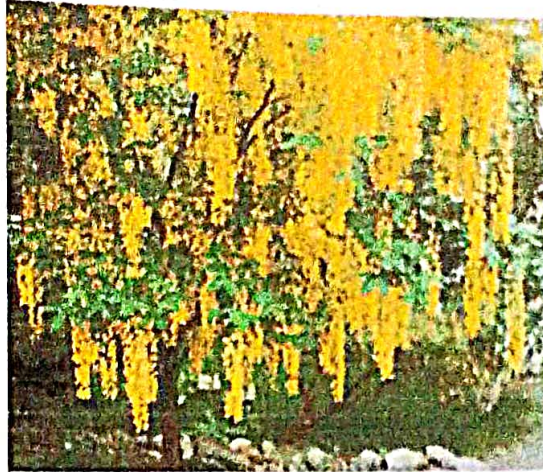
Hanging Plants



House Plants



Bushy Plants



Evergreen ornamental trees



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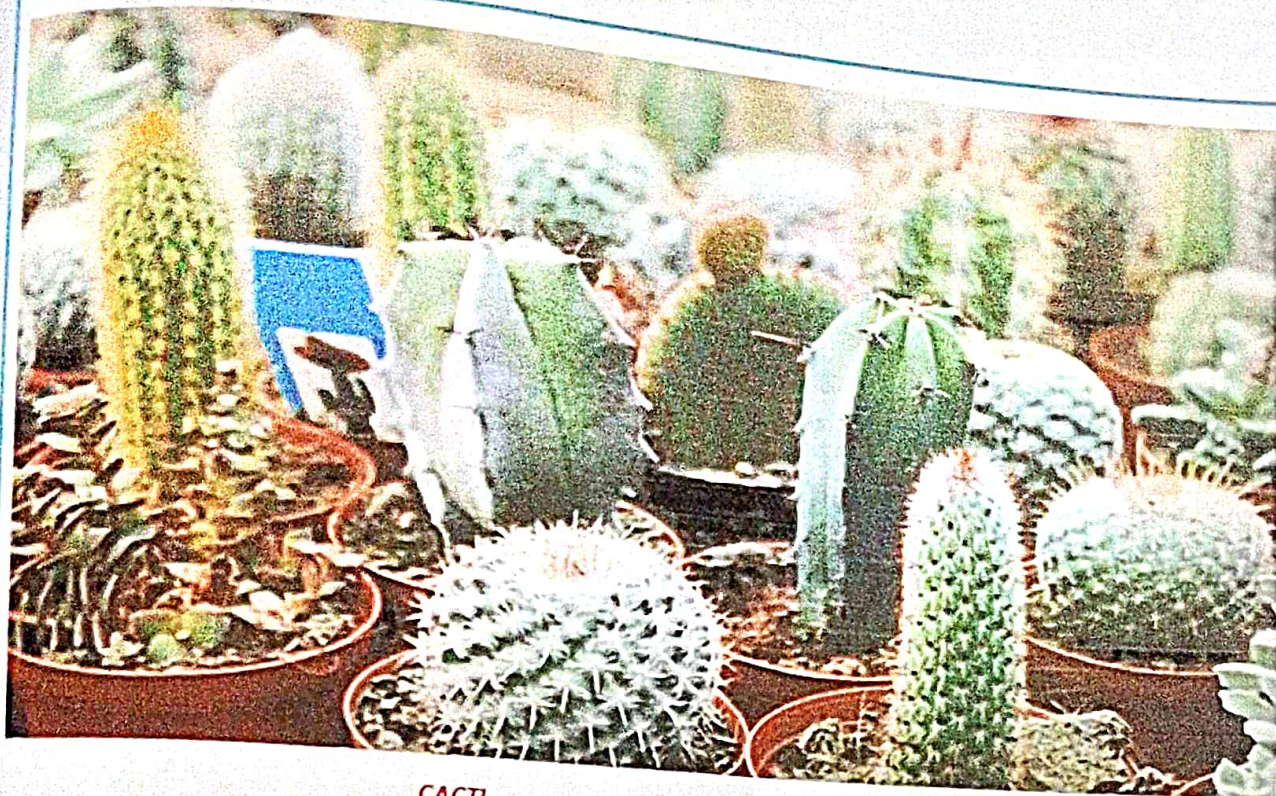
நீலிமலை அலங்கார மூல்கள்



PALM



CYCAS



CACTI



BOTTLE BRUSH

GLADIOLUS



Types of Plant

Nurseries

Green House



Poly House



Mulching



P.S.C & K.V.S.C GOVT COLLEGE, NANDYAL



DEPARTMENT OF ENGLISH

From 16-08-2022 To 30-09-2022

A Certificate Course

On

Spoken English

(A Course on Interview Skills)

Objectives of the Program

- To Develop Interview Skills
- To Improve Participative Learning Methods Like
- Group Discussion, Mock Interview, Role Play, Word Games
- To Import Communication Skill

Outcomes

Developed Communication Skills Made Them To Get Employment

Dr. Chandra
22/11/2023

Syllabus for the Course:

Interview Skills

- a. Preparation
- b. Do's and Don'ts
- c. Interview Questions and Answers

Activity: Mock Interview

Group Discussion

- a. Initiating a Group Discussion
- b. Developing the topic
- c. Concluding the topic

Teaching Methodology:-

- I) Participative Learning Method:
 - 1. Group Discussion.
 - 2. Mock Interview
 - 3. Role Play
 - 4. Word Games
- II) Experiential Learning Methodology:
 - 1. Audio- Visual Aids
 - 2. Writing Project
- III) Interactive Learning Methodology:
 - 1. Public Speech

Nandyal

Date: 16.08.2022

To

The Principal

PSC & KVSC Government College

Nandyal

Hed

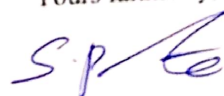
Madam,
18/8/22

Sub: Request to permit the Dept of English to conduct a Certificate Course on 'Spoken English Course' for a period of 45 hours from 16.08.2022 during the working days – Regarding.

This is to bring to your kind notice that the Department of English would like to conduct a Certificate Course on 'Spoken English Course' for a period of 45 hours from 16.08.2022 during the working days for 2nd Semester students of our college through offline mode. The course is designed for improving interview skills. The session of the course is held from 4 pm to 5 pm during the period. A Copy of Syllabus is also enclosed. The department seeks your kind permission to organize the programme with the said duration.

Thanking you madam,

Yours faithfully,





PSC & KVSC Government Degree College
(Affiliated to Rayalaseema University)



Nandyal, Nandyal District, Andhra Pradesh-518502

Date: 16.08.2022.

CIRCULAR

(THE DEPARTMENT OF ENGLISH)

This is to bring to the notice of all the faculty of our college that the Department of English would like to conduct a Certificate Course in Spoken English for a period of 45 hours from 16.08.2022 during the working days for 2nd Semester students of our college through offline mode. The list of the students along with their groups is enclosed here with the circular. Hence you are request to support the Department of English and the students to organize the course. This is for kind consideration of all departments of our college.

Signatures of In-charges of the Departments:

1. Telugu:
2. Hindi:
3. Urdu:
4. Mathematics:
5. Physics:
6. Chemistry:
7. Computer Science:
8. Botany:
9. Zoology:
10. Electronics:
11. Commerce:
12. History:
13. Economics:
14. Political Science:

16/8/22

Principal
PSC & KVSC Govt. College
Nandyal-518 502, Kumool (D.A.P.)



List of Students
for
A Certificate Course
in
Spoken English
(A Course in Interview Skills)
Conducted by: The Department of English

Sl. No	Name of the student	Feedback	Signature
01	S.Hussein Basha	Satisfactory	S.Hussein Basha
02	Y.Kumari	Good	Y.Kumari
03	B.Leelavati	Good	B. Leelavati
04	G.Devi	Satisfactory	G. Devi
05	C.Kamala	Good	C.Kamala
06	R.Siva Bangaru	Good	R.Siva Bangaru
07	B.Vamshi	Satisfactory	B. Vamshi
08	A.Udaya sri	Satisfactory	A. Udaya sri
09	C.Yuva Krishna reddy	Good	C.Yuva Krishna reddy
10	C. B.Manohar	Satisfactory	C.B. Manohar
11	p. Anitha	Good	P. Anitha
12	U.Hari prasad	Good	U. Hari prasad
13	M.Lakshmi Prasanna	good	m.lakshmi prasanna
14	S.Lakshmi	Satisfactory	S. Lakshmi
15	R.Nirmala	GOOD	R. Nirmala
16	G. Surya Narayana	Satisfactory	G. Surya Narayana

17	T.Ravi Kalandu	Satisfactory	T.Ravi Kalandu
18	Shaik Dastagiri	Good	S. Dastagiri
19	M.Peddanna	Satisfactory	M. Peddanna
20	K. Sreekanth	Good	K. Sreekanth
21	P.Raju	Good	P. Raju
22	K. Sheshanna	Satisfactory	K. Sheshanna
23	M. Rajesh	Good	M. Rajesh
24	M. Jamalbu	Satisfactory	P. Vasu
25	P. Vasu	Satisfactory	P. Vasu
26	M. Raja sree	Satisfactory	M. Raja sree.
27	M. Srivani	Satisfactory	M. Srivani
28	KP. Narasimulu	Satisfactory	KP. Narasimulu
29	P. Nagendra	Good	P. Nagendra
30	M. Venkata Krishna	Good	M. Venkata Krishna

(Signature)

Principal
PSC & KVSC Govt. College
Nandyal-518 502, Kurnool (D.C.)

NOTES ON SPOKEN ENGLISH COURSE

Notes on Interview Skills:

The impression you make on the interviewer often can outweigh your actual credentials. Your poise, attitude, basic social skills, and ability to communicate are evaluated along with your experience and education.

You and the interviewer must engage in a conversation - a mutual exchange of information and ideas. Only through such a dialogue can you both determine if you, the organization, and the job are well matched. Preparation is the key.

Be on time.

This often means 10-15 minutes early. Interviewers often are ready before the appointment.

Know the interviewer's name, its spelling, and pronunciation.

Use it during the interview. If you don't know the name, call beforehand and ask the secretary. Also, note the secretary's name in case you have to call back. Secretaries can influence the hiring decision!

Have some questions of your own prepared in advance.

There is nothing wrong with having a short list of questions and thoughts- it shows you have done your research and want to know more about the organization and the position.

Bring several copies of your resume.

Also, bring a copy of your transcript. Carry your papers in an organized manner.

Have a reliable pen and a small note pad with you.

But do not take notes during the interview. However, immediately afterward, write down as much as you can remember, including your impression of how well you did.

Greet the interviewer with a handshake and a smile.

Remember to maintain eye contact (which does not mean a stare down).

Expect to spend some time developing rapport.

Don't jump right in and get down to business. Follow the interviewer's lead.

Don't be embarrassed if you are nervous.

As you gain experience you'll become more at ease with the interviewing process.

Focus.

On your attributes, your transferable skills, and your willingness to learn; don't apologize for a lack of experience; describe your strengths in terms of what you can do for the organization.

Tell the truth.

Lies and exaggeration will come back to haunt you.

Listen carefully to the interviewer.

Be sure you understand the question; if not, ask for clarification, or restate it in your own words. Answer completely and concisely. Stick to the subject at hand.

Never slight a teacher, friend, employer, or your university.

Loyalty ranks high on the employer's list.

Watch your grammar.

Employers are interested in candidates who can express themselves properly. Even if you have to go slowly and correct yourself, accuracy is preferred over ungrammatical fluency.

Be prepared for personal questions.

Some interviewers may not know what they can and cannot ask legally. Anticipate how you will handle such questions without losing your composure.

Wait for the interviewer to mention salary and benefits.

To research pay scales, refer to salary surveys and information on the Career Services website on in the career library.

Don't expect a job offer at the first interview.

Often you will be invited to a second or even third interview before an offer is made several weeks later.

Close on a positive, enthusiastic note.

Ask what the next step will be. Thank the interviewer for his/her time and express your interest in the job. Leave quickly and courteously with a handshake and a smile.

No interview is complete until you follow up with a thank-you note.

Express your appreciation for the interview and, if true, reaffirm your interest. This last step can make a difference. Don't forget it.

Notes on Group Discussion:

Group discussion is formed by combining two different words i.e. group and discussion. Here, group means a number of people or things that are put together considered as a unit whereas the word 'discuss' is derived from the Latin 'discutere', which means to shake or strike. Thus 'discussion' refers to examine the topic thoroughly to reach a conclusion. Collectively, it is called Group discussion which means the exchange of ideas by participated candidates on a specific subject or topic. The whole concept is to bring collectively a unit of people on a common platform to share their ideas.

Generally, group discussion is a method used by the companies or organizations to check whether the candidates have certain personality or skills which are must for their members or employees. Nowadays, group discussions have become a main stage in the recruitment process. In this discussion, the group of applicants or candidates is given a topic or a scenario and few minutes are provided them to think about the same, and then asked to discuss the situation among them for a limited time. Organizations conduct group discussion after the written test so as to test the interactive skills of the candidates and how good they are at interacting with other people. Group discussion also tells about how candidates behave, participate and contribute in a group. Also, recruiters come to know about how much importance applicants give to the team objectives as well as their own, how well they listen to viewpoints of others and how open-minded are they in accepting the views contrary to their own. Group Discussion is conducted to evaluate your following skills:

- Confidence.
- Effective Communication.
- Quality of Language.
- Listening Skills.
- Assertive Attitude.



PSC & KVSC Govt. Degree College, Nandyal- 518502

Department of English

Certificate



Certificate COURSE ON SPOKEN ENGLISH

Certified that Kumari/Sri. K. Sreekanth of B. Z.C. - II year
underwent training in certificate course on "SPOKEN ENGLISH" for a period of 45 hours
from 16.08.2024 to 30.09.2024 at PSC & KVSC Govt. College, Nandyal.

S. P. Te
**Lecturer Incharge of
English Department**

Prasanna
PRINCIPAL
PRINCIPAL
PSC & KVSC Government College
NANDYAL, Nandyal (Dt.), A.P.



Academic Year 2022-23.

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Dept. of Chemistry,
Thur. 24-11-2022
GDC, Nandyal

To

The Principal,

PSC 8 KVSC (Int. Degree College),

Nandyal

Respected Madam,

Sub: Seeking permission to conduct a Certificate Course
"Synthesis, Purification Techniques": TLC & Column Chromatography

We submit that the Dept. of Chemistry resolved to run a Certificate on "Synthesis, Purification Techniques": Thin Layer Chromatography and Column Chromatography" duration of 30 Hrs (3 days) in the College for the sake of B.Sc. Final Year Students, which will be useful as an additional qualification to them in getting employment opportunities from 1st December 2022.

Hence I request you to permit, Chemistry Dept. to run the above said course. On behalf of our (Chemistry) Department for which we shall be thankful.

Yours faithfully,

M. Venkateswara Reddy
(M. VENKATESWARA REDDY)
In-charge of Chem Dept.

Dear Students,

We are happy to announce you that the Dept. of Chemistry is going to start a certificate course on 'Synthesis and Purification Techniques' ~~in~~ Thin Layer Chromatography and Column Chromatography, duration of 30 Hrs (30 Days) in our College from 01-12-2022. A certificate will be given to the participants after completion of course. Final Year 5th Sem B.Z.C. Students, who are willing to enroll can give their names ^{from} today i.e. 24-11-2022, to 30-11-2022 at Chem. Dept.

Wd 27/11/22
Dept. of Chemistry

Circulated to

III B.Sc, V Sem B.Z.C. Students. T.M

III B.Sc, 5th Sem B.Z.C EM Students.

Ready
H

$\frac{15}{12}$ $\frac{13}{12}$ $\frac{11}{12}$ $\frac{10}{12}$ $\frac{9}{12}$ $\frac{8}{12}$ $\frac{7}{12}$ $\frac{6}{12}$ $\frac{5}{12}$ $\frac{4}{12}$ $\frac{3}{12}$ $\frac{2}{12}$ $\frac{1}{12}$

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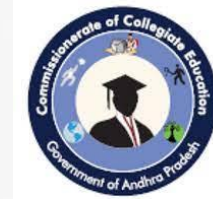
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S. No.	Date	Name of the topic	No. of students attended	Sign by the Lecturer
1	27-12-2022	Synthesis of Aspirin Acetate	21	✓
2	28-12-2022	Synthesis Aspirin Acetate (Lab)	19	Ujjwal
3	29-12-2022	Recrystallisation - Principle	18	Re. ch
4	30-12-2022	Recrystallisation of Aspirin	18	G. H. J.
5	31-12-2022	Synthesis of (2b)	17	✓
6	10-01-2023	Recrystallisation	20	Ujjwal
7	11-01-2023	Solvent Extraction Principle	19	Re. ch
8	12-01-2023	Solvent Extraction Demo	19	Ujjwal
9	13-01-2023	Solvent Extraction Lab	20	G. H. J.
10	14-01-2023	Chromatography Principle	18 19	✓
11	15-01-2023	Rf value - Demo	18	✓
12	16-01-2023	Paper chromatography Demo	21	Re. ch
13	17-01-2023	Paper chromatography Lab	21	Ujjwal
14	18-01-2023	TLC - Principle	21	Ujjwal
15	19-01-2023	TLC - Demo & Experiment	20	Ujjwal
16	20-01-2023	TLC - Applications	20	G. H. J.
17	01-02-2023	Column chromatography	18	✓
18	02-02-2023	Principle,	22	Re. ch
19	03-02-2023	Column Packing Demo	22	Ujjwal
20	04-02-2023	Column Packing Lab	21	G. H. J.
21	05-02-2023	Column chromatography Lab (Lab)	19	Ujjwal
22	06-02-2023	"	16	✓
23	07-02-2023	"	19	G. H. J.
24	08-02-2023	Calculation of yield	20	Re. ch
25	09-02-2023	Result Analysis		✓
26				



**PSC & KVSC GOVERNMENT DEGREE COLLEGE,
NANDYALA, NANDYALA DIST. - 518502**

Accredited with "B+" Grade by NACC
Affiliated to Rayalaseema University, Kurnool, Andhra Pradesh



CERTIFICATE

CCY-2022 June 21 - 001

This is to certify that Sri /Smt / Kum /Dr K. J. Sridevi, Director, Sri Yogalaya, Chennai, has acted as Resource Person for one week certificate course on ***"Stress Management, Yoga and Fitness"*** from 16-06-2022 to 21-06-2022 on account of International Yoga Day Celebration, organised by Department of Commerce and Department of Physical Education of PSC & KVSC GOVERNMENT DEGREE COLLEGE, NANDYALA , NANDYALA Dist., Andhra Pradesh, India.

K.SREENIVASULU
PHYSICAL DIRECTOR
CO-ORDINATOR

K J VIJAYA LAKSHMI
LECTURER IN COMMERCE
CO- ORDINATOR

Dr P VENKATESHWARLU
LECTURER IN COMMERCE
DEPARTMENT INCHARGE

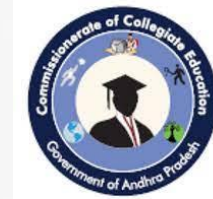
K J SREE DEVI
DIRECTOR SRI YOGA LAYA,CHENNAI
RESOURCE PERSON

Dr N SASIKALA
PRINCIPAL



**PSC & KVSC GOVERNMENT DEGREE COLLEGE,
NANDYALA, NANDYALA DIST. - 518502**

Accredited with "B+" Grade by NACC
Affiliated to Rayalaseema University, Kurnool, Andhra Pradesh



CERTIFICATE

CCY-2022 June 21 - 002

This is to certify that Smt. K. J. Vijaya Lakshmi, Lecturer in Commerce, has acted as a supportive Resource Person and Co-ordinator for one week certificate course on *"Stress Management, Yoga and Fitness"* from 16-06-2022 to 21-06-2022 on account of International Yoga Day Celebration, organised by Department of Commerce and Department of Physical Education of PSC & KVSC GOVERNMENT DEGREE COLLEGE, NANDYALA, NANDYALA Dist., Andhra Pradesh, India.

K.SREENIVASULU
PHYSICAL DIRECTOR
CO-ORDINATOR

K J VIJAYA LAKSHMI
LECTURER IN COMMERCE
CO- ORDINATOR

Dr P VENKATESHWARLU
LECTURER IN COMMERCE
DEPARTMENT INCHARGE

K J SREE DEVI
DIRECTOR SRI YOGA LAYA, CHENNAI
RESOURCE PERSON

Dr N SASIKALA
PRINCIPAL



**PSC & KVSC GOVERNMENT DEGREE COLLEGE,
NANDYALA, NANDYALA DIST. - 518502**

Accredited with "B+" Grade by NACC
Affiliated to Rayalaseema University, Kurnool, Andhra Pradesh



CERTIFICATE

CCY-2022 June 21 - 003

This is to certify that Sri. K. Srinivasulu, Lecturer in Physical Education, has acted as a supportive Resource Person and Co-ordinator for one week certificate course on ***"Stress Management, Yoga and Fitness"*** from 16-06-2022 to 21-06-2022 on account of International Yoga Day Celebration, organised by Department of Commerce and Department of Physical Education of PSC & KVSC GOVERNMENT DEGREE COLLEGE, NANDYALA, NANDYALA Dist., Andhra Pradesh, India.

K.SREENIVASULU
PHYSICAL DIRECTOR
CO-ORDINATOR

K J VIJAYA LAKSHMI
LECTURER IN COMMERCE
CO- ORDINATOR

Dr P VENKATESHWARLU
LECTURER IN COMMERCE
DEPARTMENT INCHARGE

K J SREE DEVI
DIRECTOR SRI YOGA LAYA, CHENNAI
RESOURCE PERSON

Dr N SASIKALA
PRINCIPAL

Department of Physics
&
Electronics

Certificate Course Register

Nandyal

01-12-2022

From
Y. Gishnu Nag Vijay
Incharge
Department of Physics
PSC & KVSC Govt. College
NANDYAL

To
The Principal
PSC & KVSC Govt. College
NANDYAL

Respected Madam,

Sub:- Permission for conducting Certificate Course on *Servicing of Electrical Appliances* from 05-12-2022 for III & II BSc MPCs and MECs students- Request- Reg.

The Physics Department our College is willing to conduct Certificate Course on *Servicing of Electrical Appliances* for III & II BSc MPCs and MECs students from 05-12-2022. I request you to kindly grant permission for conducting the Certificate Course from 05-12-2022 onwards.

Thanking you Madam

Y. Gishnu
Yours Sincerely

Permitted
NG
1/12/22

PSC & KVSC GOVERNMENT COLLEGE, NANDYAL

02-12-2022

CIRCULAR

This is to inform that the Department of Physics of our College is conducting Certificate Course on *Servicing of Electrical Appliances* from 05-12-2022 for III & II BSc MPCs and MECs students. The students who are willing to participate in the Certificate Course are instructed to contact in the Physics Department.


PRINCIPAL

PRINCIPAL
PSC & KVSC Government College
NANDYAL, Nandyal (Dt.), A.P.

Y. Gishu
A. Peddanna
S. Sathish



Certificate Course for

85

Academic year 2022 - 2023

Title of the Course: Servicing of Electrical Appliances.

Students participated: III MPCs, II MPCs students
III MECE, II MECE students.

Number of students Enrolled: 25

Number of students awarded: 25

Course Starting Date: 05.12.2022

Course Ending Date: 04.01.2023

Instructor: Sri D. Mohammad Ali

Number of Lecturers Involved and Name of Lecturers

- (1) Sri Y. Grishna Nag Vijay Lect. in phy.
- (2) Smt A. Padmarani Lect in phy.
- (3) Smt. R. Shasilkala Lect in phy.
- (4) Dr. V. Ramesh Kumar and Lect in phy.
- (5) Sri S. Rameesh Babu Lect in Electron.

Syllabus: Basic Electricity Concepts,
A.C. D.C Supply testings

Testing of single and three phase Supply
IET Safety, PWD rules.

Earthing Testing and MCB-ELCB, RCCB
Connections, Regulator testing & Connections

Servicing of Electrical Appliances like
ceiling fan, Electric rice cooker, Iron Box,
immersion water heater, Mixer.

Main objectives

The main Objective of the Course is to

- (1) To develop a real time hands on skills required to inspect, identify, maintain and repair electrical appliances like iron boxes, electric rice cookers, immersion water heater coils.
- (2) It is a great opportunity to create self employment.
- (3) It is also useful to meet domestic repairs on their own in their house by the students which saves money and time also.

List of Students with Group & H.T. Number Enrolled

Sl. No.	Name of Student	Group	H.T. Number	Signature
1	B. Chandrasekhar	III M ECE	20361023002	B. Ch
2	M. Hari	III M ECE	20361023020	M. Hari
3	B. Hemant Reddy	III M ECE	20361023006	Hemant
4	S. Karishma	III M ECE	20361023029	S. Karishma
5	M. Madhu	III M ECE	20361023017	M. Madhu
6	S. Mahaboob Bacha	III M ECE	20361023030	SMB
7	T. Adikesava Reddy	II M ECE	21361023026	T. Adikesava
8	P. Harish	II M ECE	21361023023	K. Harish
9	T. Kalamma	II M ECE	21361023007	Kassamma
10	K. Madan Mohan	II M ECE	21361023017	K. Madan
11	G. Ram Bhupal	II M ECE	21361023011	G. Ram
12	N. Ratnakar	II M ECE	21361023020	N. Ratnakar
13	C. Vardhan Babu	III M PCE	20360023036	CMB
14	B. Suryudu	III M PCE	20360023034	B. Suryudu
15	B. Sundarya	III M PCE	20360023030	B. Sundarya
16	T. Sravani	III M PCE	20360023031	T. Sravani
17	M. Vinod	III M PCE	20360023038	M. Vinod
18	D. Raheem	II M PCE	21360023004	D. Raheem
19	B. Udaya Bharu	II M PCE	21360023001	B. U
20	K. Madhavi	II M PCE	21360023011	K. Madavi
21	K. Sunil	II M PCE	21360023013	K. SUNIL
22	M. Ushendra Naide	II M PCE	21360023018	M. Ushendraide
23	P. Siva Narendra	II M PCE	21360023024	P. Siva Narendra
24	P. Surendra	II M PCE	21360023027	P. Surendra
25	S. Mahesh	II M PCE	21360023029	Mahesh

Certificate Course: Services of Electrical Appliances

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Attendance of Students

S.No	Name of the student	Group	Sl. No	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
1	B. Chandra Sekhar	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
2	M. Hari	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
3	B. Hemant Reddy	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
4	S. Karishma	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
5	M. Madhu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
6	S. Mahabab Babu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
7	T. Ad. Kesava Reddy	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
8	K. Hemish	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
9	Kasamma	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
10	K. Madan Mohan	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
11	G. Ram Bhupal	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
12	N. Ratnakar	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
13	C. Vardhan Babu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
14	B. Suryudu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
15	B. Soundarya	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
16	T. Sraani	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
17	M. Vinod	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
18	D. Raheem	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
19	B. Udaya Bharu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
20	K. Madhuri	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
21	E. Sunil	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
22	M. Ushendra Naidu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
23	P. Siva Narendra	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
24	P. Surendra	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
25	S. Mahesh	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P

20/01/2022

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Course starting Date: 05-12-2021

Course Ending Date: 06-01-2022

S.No	Name of the student	Group	Sl. No	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
1	B. Chandra Sekhar	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
2	M. Hari	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
3	B. Hemant Reddy	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
4	S. Karishma	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
5	M. Madhu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
6	S. Mahabab Babu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
7	T. Ad. Kesava Reddy	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
8	K. Hemish	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
9	Kasamma	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
10	K. Madan Mohan	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
11	G. Ram Bhupal	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
12	N. Ratnakar	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
13	C. Vardhan Babu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
14	B. Suryudu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
15	B. Soundarya	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
16	T. Sraani	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
17	M. Vinod	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
18	D. Raheem	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
19	B. Udaya Bharu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
20	K. Madhuri	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
21	E. Sunil	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
22	M. Ushendra Naidu	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
23	P. Siva Narendra	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
24	P. Surendra	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P
25	S. Mahesh	II MBG	P	P	P	P	P	P	P	P	P	P	P	P	P

20/01/2022

Assessment Method:

At the end of the course, a test will be conducted to assess the learning ability of the students by giving 10 questions objective type and each student is given a task and observe how they understand the problems in the given appliance, before conducting the exam, before informing of the instructor.

Question Paper:

- ① What are the components of home thermal appliances are made up of
 (a) Eureka (b) Tungsten (c) Nichrome (d) Silver
- ② What is the purpose of protection grooves at various places in a heater base plate?
 (a) radiate heat properly
 (b) Retain the heating element firmly
 (c) place the vessel firmly on heater plate
 (d) protect the heating element from damage
- ③ What is the function of neutral wire in AC supply system for appliances?
 (a) acts as insulator
 (b) acts as semiconductor
 (c) acts as return conductor for current flow in
 (d) None of above.
- ④ Which is the insulation material used in an electric iron?
 (a) plastic (b) Rubber (c) silica (d) mica

5) which among the following is the temp. regulating component of an automatic electric iron?

- (a) Heating element (b) Sole-plate
(c) Thermostat (d) Pressure plate

6) The rating of electric iron is expressed as

- (a) kWatt (b) kVA (c) Watt (d) Volt

7) The purpose of a Capacitor in a fan is to -

- (a) increase speed (b) protect the fan in case of fault occurs (c) produce a phase shift (d) Control speed

8) An Immersion heater is a non repairable equipment because -

- (a) it has no element (b) its element is closed in a sand filled spiral, narrow pipe
(c) it cannot be opened (d) it gets burst on becoming defective.

9) If a table fan running smoothly starts giving up smoke the reason is -

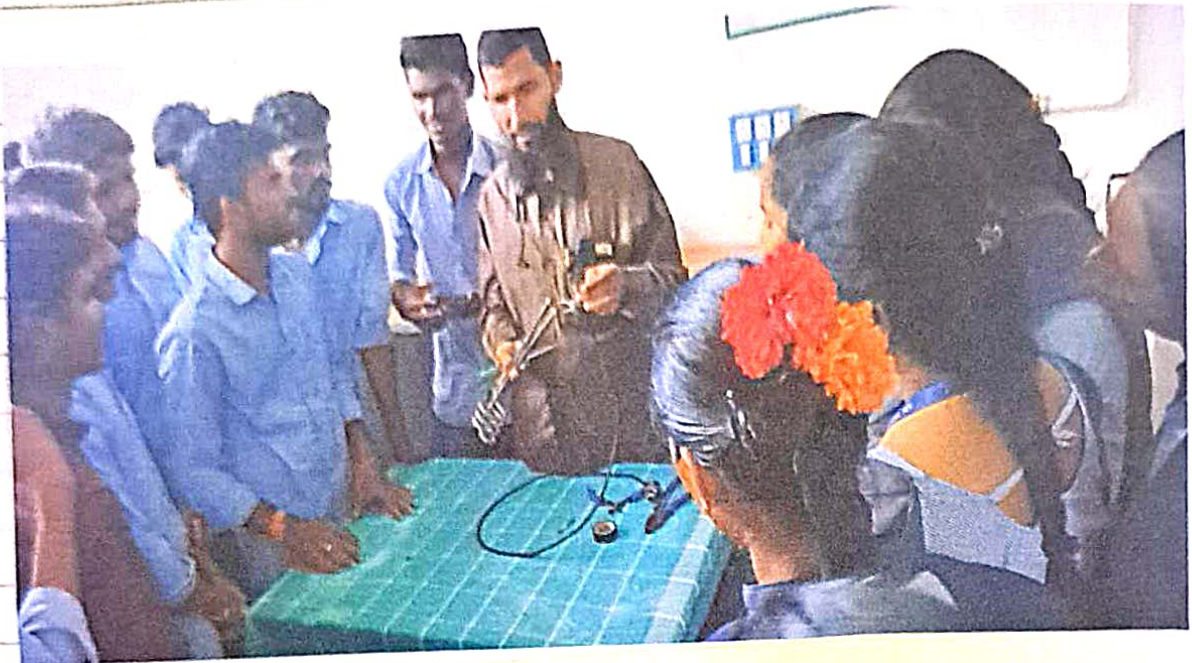
- (a) short-circuited winding
(b) failure of centrifugal switch to open the starting winding circuit (c) bearing trouble
(d) overload

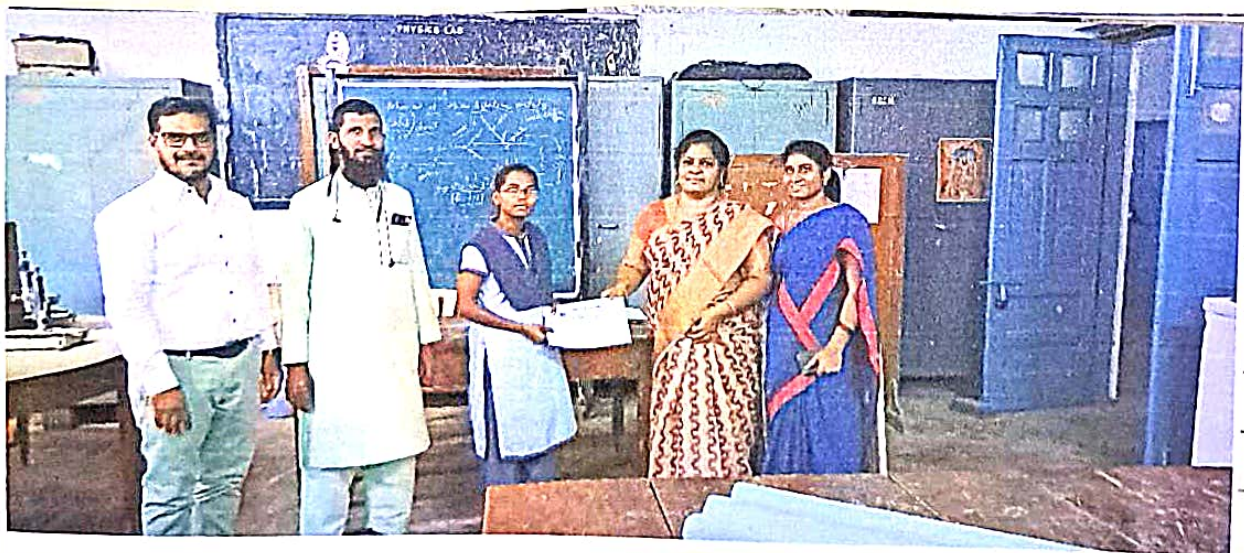
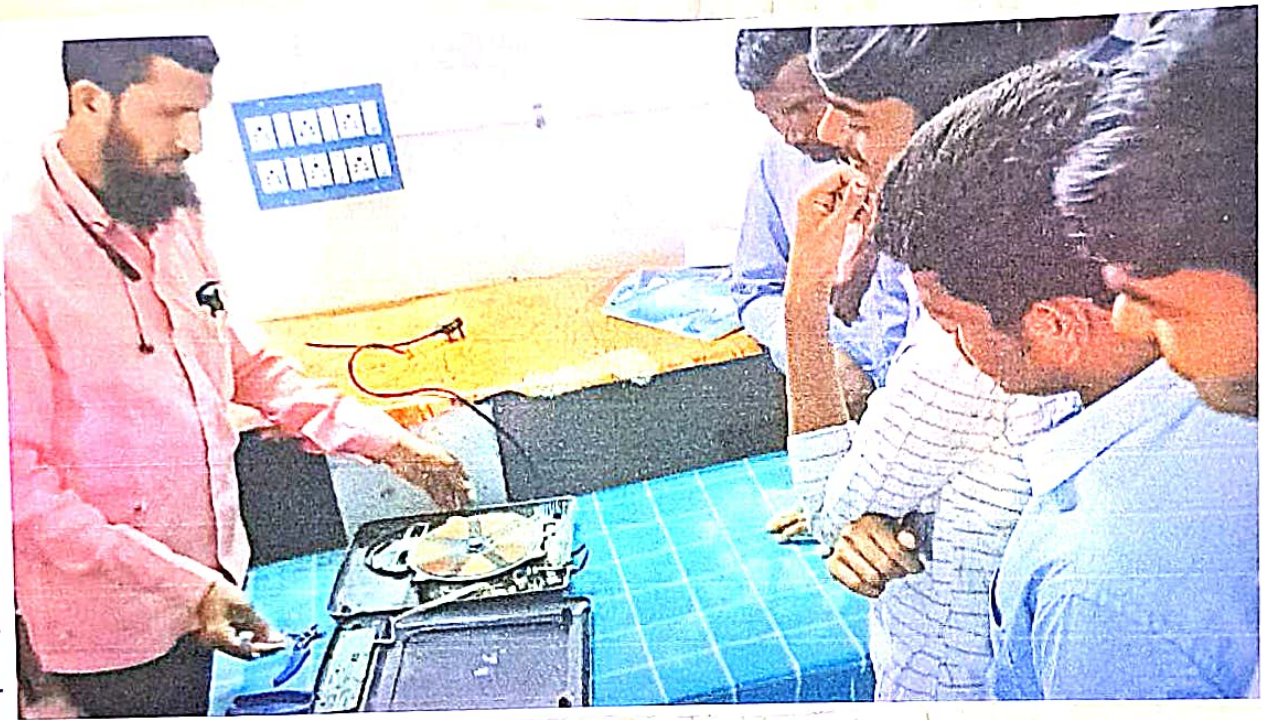
10) which of the following is a primary component of a rice cooker?

- (a) sensitive device (b) Transistor (c) fuel injector
(d) p-n diode

Key

- 1 - c 2 - d 3 - c 4 - d 5 - c
6 - c 7 - c 8 - b 9 - a 10 - a

Evidences 6



Brief Report of the Activity:

The main objective of the Certificate Course is to create and develop a real time hands on skills required to identify, repair and maintain electrical appliances like ironbox, Electric Cookware, immersion heater coils, Motors.

Total 25 students of IT & ET npees are enrolled in the Course and all are attended the classes and all are get certified.

The Instructor Sri D. Mohammed Ali, explains each and every point about electrical appliances and their parts, working of different components, mainly the safety measure taken while testing the electrical appliance.

At the end of Course, each student is tested physically by giving an electrical appliances and he tried to identify the problem in that electrical appliance in front of the instructor.

Also a written test is conducted for the students by giving 10 MCQ's and the certificates are issued to students who got 60% and above.

Students feed Back :

S.No.	Name of student	Group	feedback	Signature
1	B. Chandrasekhar	III MEU	V. Good	BES
2	M. Han	III MEU	Good.	Mahari
3	B. Hemant Reddy	III MEU	Good	BHR
4	S. Karishma	III MEU	V.V. Good	S. Karishma
5	M. Madhu	III MEU	V. Good	madhu
6	S. Mahaboub Bacha	III MEU	Satisfied	SMB
7	T. Aditeerava Reddy	III MEU	V. Good	T. Aditeerava
8	K. Hanish	II MEU	V. Good	Harish
9	Kasamma	II MEU	V.V.V. good	Kasamma
10	K. Madanamohan	II MEU	V. Good	K.M.M
11	G. Ram Bhupel	II MEU	Satisfied.	G.R.B
12	N. Ratnakar	II MEU	Good.	N.R.K
13	C. Vardhan Babu	III MPC	V. Good	C.V. Babu
14	B. Suryudu	III MPC	Good	B. Suryudu
15	B. Soundarya	III MPC	V.V. Good	B.S.
16	T. Sravani	III MPC	V. Good	T.S.
17	M. Vinod	III MPC	V.V. Good	M.V.
18	D. Raheem	II MPC	V. Good	D. Raheem
19	B. Udaya Bhanu	II MPC	Satisfied.	Bhanu
20	K. Madhavi	II MPC	Good	K. MADHAVI
21	K. Sunil	II MPC	Good	K. Sunil
22	M. Uchendra Naide	II MPC	V. GOOD	Naide
23	P. Siva Narendra	II MPC	V. Good	P. Siva
24	P. Suresh	II MPC	Satisfied	Suresh
25	S. Mahesh	II MPC	V. Good	Mahesh

Out Come of the Course : students develop a real time hands on skills to repair, maintain, identify problems in electrical appliances in their House, by themselves.

Y. G. G. G.

PRINCIPAL
PSC & KVSC Government College
NANDYAL, Nandyal (Dt.), A.P.

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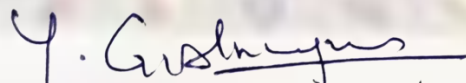
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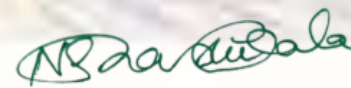
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Instructor



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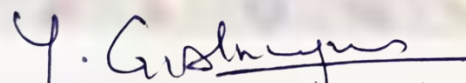
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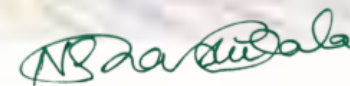
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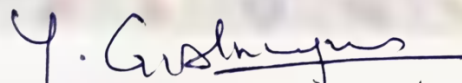
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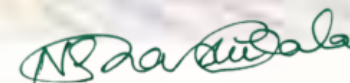
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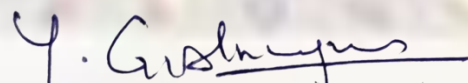
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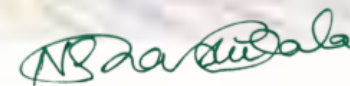
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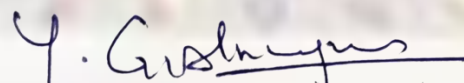
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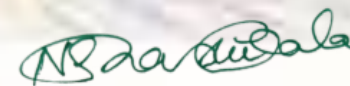
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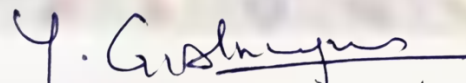
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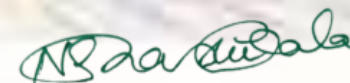
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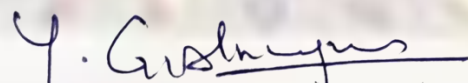
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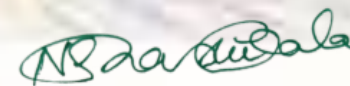
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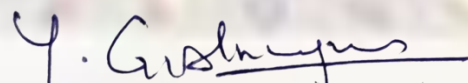
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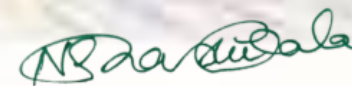
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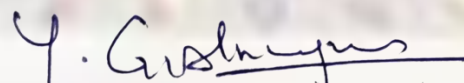
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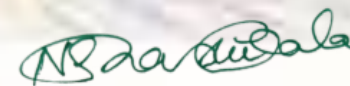
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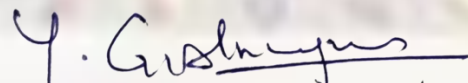
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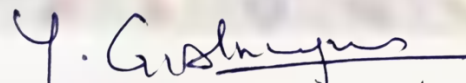
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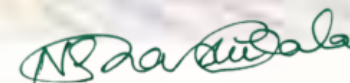
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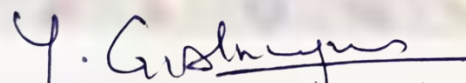
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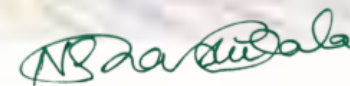
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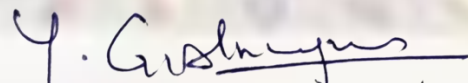
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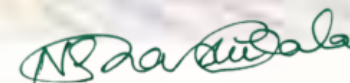
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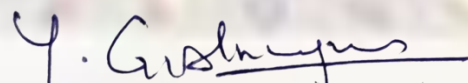
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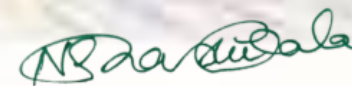
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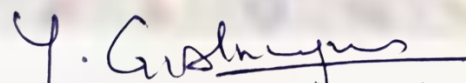
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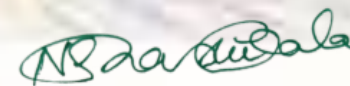
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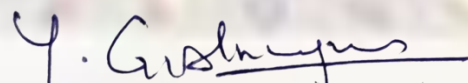
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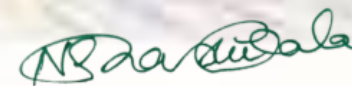
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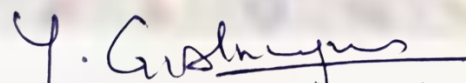
DEPARTMENT OF PHYSICS

CERTIFICATE OF PARTICIPATION

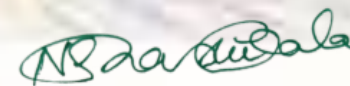
*This is to certify that **Mr /Miss M. Vinod** studying **III BSc, MPCs** in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on **Servicing of Electrical Appliances** organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.*



Instructor



Incharge of the Department



Principal

PSC & KVSC GOVT. DEGREE COLLEGE, NANDYAL

(Affiliated to Rayalaseema University, Kurnool, A.P.)

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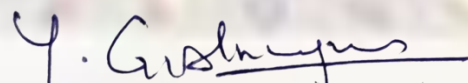
DEPARTMENT OF PHYSICS

CERTIFICATE OF PARTICIPATION

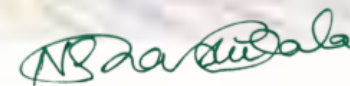
This is to certify that *Mr /Miss D. Raheem* studying *II BSc, MPCs* in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on *Servicing of Electrical Appliances* organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.



Instructor



Incharge of the Department



Principal

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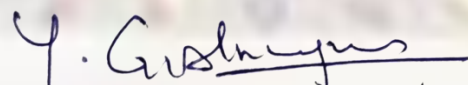
DEPARTMENT OF PHYSICS

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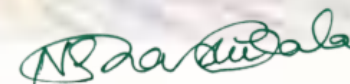
*This is to certify that **Mr /Miss B. Udayabhanu** studying **II BSc, MPCs** in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on **Servicing of Electrical Appliances** organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.*



Instructor



Incharge of the Department



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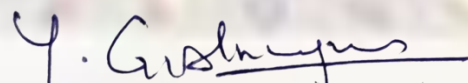
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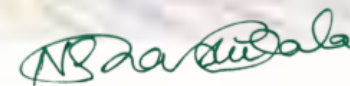
*This is to certify that **Mr /Miss K. Madhavi** studying **II BSc, MPCs** in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on **Servicing of Electrical Appliances** organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.*



Instructor



Incharge of the Department



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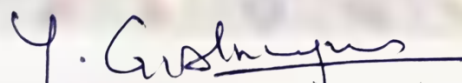
DEPARTMENT OF PHYSICS

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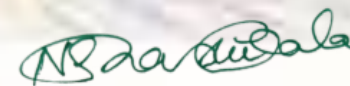
*This is to certify that **Mr /Miss K. Sunil** studying **II BSc, MPCs** in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on **Servicing of Electrical Appliances** organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.*



Instructor



Incharge of the Department



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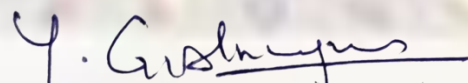
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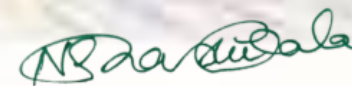
*This is to certify that **Mr /Miss M. Ushendra Naidu** studying **II BSc, MPCs** in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on **Servicing of Electrical Appliances** organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.*



Instructor



Incharge of the Department



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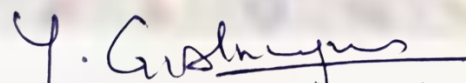
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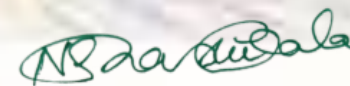
*This is to certify that **Mr /Miss P. Siva Narendra** studying **II BSc, MPCs** in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on **Servicing of Electrical Appliances** organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.*



Instructor



Incharge of the Department



Principal

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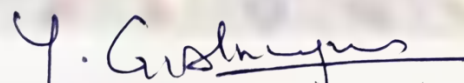
DEPARTMENT OF PHYSICS

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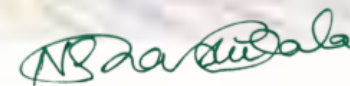
*This is to certify that **Mr /Miss P. Surendra** studying **II BSc, MPCs** in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on **Servicing of Electrical Appliances** organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.*



Instructor



Incharge of the Department



Principal

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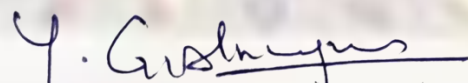
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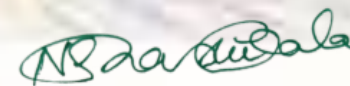
*This is to certify that **Mr /Miss S. Mahesh** studying **II BSc, MPCs** in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on **Servicing of Electrical Appliances** organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.*



Instructor



Incharge of the Department



Principal

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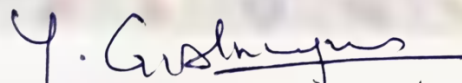
DEPARTMENT OF PHYSICS

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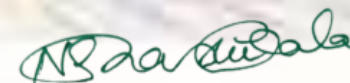
*This is to certify that **Mr /Miss** studying , in PSC & KVSC Government Degree College, Nandyal has successfully completed Certificate Course on **Servicing of Electrical Appliances** organized by the Department of Physics of this College from 05-12-2022 to 04-01-2023.*



Instructor



Incharge of the Department



Principal

15.12.2022,

శంష్యల.

TO

ప్రధాన-అధ్యక్షులు

పి.ఎస్.సి. కె.ఎ.యస్.సి

(ప్రభుత్వ రిక) కాలన

నల్లూరు.

permitted

N82
15/12/22

విషయం: రామాయామరియ భూమిలో "శ్లోగా" సర్పిల్లలో

కొత్త కొత్త గిడ్డంగి ఇచ్చట అనుమతి కొరత

గౌరవనీయులైన కాలన ప్రధాన-అధ్యక్షులవారికి

నమస్కారములు. అవినీతి, ట్రేడర్లు, అధ్యక్షులకు భద్రతలు 2022-2023

సంవత్సరమున గాన "శ్లోగా" అను పేరు వారు 42 చిట్టల

జిడ్డంగి ఇచ్చట అనుమతి వారిని అనుమతి ఇచ్చి

వలసివిన ప్రార్థన.

శ్లోగా

అనుమతి.

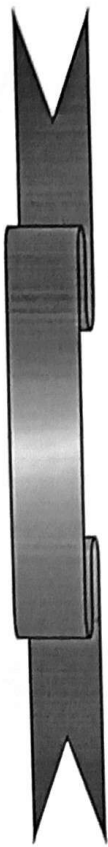




**PSC & KVSC Govt. Degree College,
Nandyal- 518502**

Department of Telugu

Certificate



Certificate COURSE ON

Certified that Kumari/Sri. _____ of _____
underwent training in certificate course in "*SAṆSKṚT ŚLOKAS FOR ETHICAL VALUES*" for a period
of 40 hours from 15/12/2022 to 10/01/2023 at PSC & KVSC Govt. College, Nandyal.


**Incharge of
Telugu Department**


PRINCIPAL

PRINCIPAL,
PSC & KVSC Government College
NANDYAL, Nandyal (Dt.), A.P.

CIRCULAR

Department of Telugu

Certificate course

Dated: 15-12-2022

In-charges of the dept. are required to furnish the following

Information immediately

S.NO	Name of dept.	Telugu
1	Title of the Certificate course	
2	No. of Students Enrolled	
3	No. of classes held till date	
4	No. of students attending	
5	Name of the lectures taking the class	
6	Percentage of the Course till date	

Note: Photo copy of attendance sheet to be attached


Signature of the In-Charge


Office of the Principal

P.S.C & K.V.S.C govt Degree college,

Nandyal PRINCIPAL
PSC & KVSC Government College
NANDYAL, Nandyal (D'), A.P

P.S.C & K.V.S.C Govt. Degree College Nandyal

Department of Telugu

Certificate course for A.Y..2022-23

Course Name: Sanskrit Slokas for Ethical Values

Allotment of Students for the course

Dated 16-12-2022 to 10.01.2023

S.NO	Group Allotted	Semester	No. of Students	Department allotted	Signature of the In-charge
1.	BZC		06	Chemistry	
2	B.Com (G)		06	Commerce	
3	B.com (C)		02	Economics	
4	MPe		06	English	
5	B.A. HEP – TM		06	Political science	
6	MPC-EM		06	Physics	
7	MPC –TM		06	Telugu	
8	MPCS				
9	MECS				

The above are requested to take the certificate course from 16-12-2022 and the course will complete by the January

Note: The total no of class hours (both theory and practices) = 30 Hours


PRINCIPAL
PSC & KVSC Government College
NANDYAL, Nandyal (Dt.), A.P.


AP
22/11/2023

NANDYAL.

DEPT. OF TELUGU.

CERTIFICATE COURSE FOR THE A.Y: 2020:21.

NAME OF THE COURSE: SANSKRIT SLOKAS FOR
ETHICAL VALUES.

TOPIC SYNOPSIS.

ఉపాధ్యక్షుడు:- సంస్కృతమున సోపానానికి సైబిక్
విలువలకి శ్రవణి. భావభావన పాకలైన నాటి విద్యా-
ధులకి సైబిక్ విలువలు పెంపొందిస్తే వారు గొప్పవిద్యా-
క్రితావళికి సాధకు బాగుంటారు. ఈగలగది సాధకు
విద్యార్థులు సోపానానికి ఉపాధ్యక్షులయితే, సైబిక్ వారి
సోపానాధ్యక్షులకి నాకుంటుంది.

తన కళాశాల విలువభాగం ఈయన
సంస్కృత మూలకవులు వివిధ కవులకి ఆయాసం-
ధికి రచించిన మరలు ఆయా సంస్కృత
పాఠాధ్యక్షులకి చెప్పిన 30-శ్లోకాలను క్రమికానికి
విద్యార్థులకు పట్టికలైతే కాకుండా నిర్దేశించుట సా-
గింది. ఈ శ్లోకాలు విద్యార్థులకి సైబిక్ విలువలను
పెంపొందించుట వాడుకపాడాలి.

మాతృమూర్తి, మాతృభూమి గొప్పవి:-

శ్లో!! ఆవి పృథ్విమయా లలితా నయో రామతొలభ్యతా
సంతా సన్మభూమిన్ పృథ్విదపి గరియసా!!

①.

భావము:- శవగావధానంవలన లంకానగరం యొక్క
 పౌంధర్యానికి మంత్ర ముద్ధులైన లక్ష్మణునితో
 శ్రీరామ చంద్రుడు చెబుతూ..... మాట్యమార్తి,
 మాట్యభూయి స్వర్గం కంటే శిష్టుదని చెప్పిన సందర్భం
 అనిది

→ నోరు ముంచిపెట్టే ఊరు ముంచిపెట్టుంది :-

జో!! శిష్ట్యుని వర్తక లక్ష్యం, శిష్ట్యుని విరేచనం
 శిష్ట్యుని బంధన ప్రాప్తి, శిష్ట్యుని యశం ప్రాప్తి.

భావం:- మనిషి లున్నాక, పునానాక అతని యాతన
 కారణం అని చెప్పే జోకం.

→ మనిషికి నిజమైన బంధువులు :-

జో!! సత్యం మాత్రం విలువైనది, భక్తిభావం : దయా సేవ :
 నాంబి : పితృ, క్షమా పుత్రం, పితృ మమ బంధువా :

భావం :-

సత్యం అన్ని వంటిది, భక్తిం నొడరుల వంటిది.
 దయ స్నేహితుని వంటిది, నాంబి భార్య వంటిది, బుద్ధు
 సంతులనం వంటిది - ఈ ప్రతి మనిషికి నిజమైన బంధువులు.

→ కృషిలో నాస్తి దుర్భిక్షం :-

జో!! కృషిలోనాస్తి దుర్భిక్షం, జీవలోనాస్తి యాతకం !
యకేన కపహానాస్తి, నాస్తి జగరలో భయం !!

భావం :- లక్ష్యసాయం చేస్తే కరువు, కలకాలం ఉండవు.
అనునిత్యం దైవస్మరణ ద్వారా యేదో ఉండదు. యకేనగా
ఉంటేవానికి కపహం ఉండవు, నిత్యం జగరగా
యిలాగే వారు నిర్భయంగా జీవించవచ్చు.

ముగింపు :-

ఈ విధంగా యీ క్రింది నిజజీవితంలో ఈనాటికి
యెరుగు దురదృష్టవశాత్తూ ఉంటుంది. అలా మిరుగు దురదృష్ట-
కాలంలో యహాసూభాషలు చెప్పిన ఇలాంటి స్థానాలు
యద్యద చదువలం ద్వారా నిర్భయమవుతుంది.

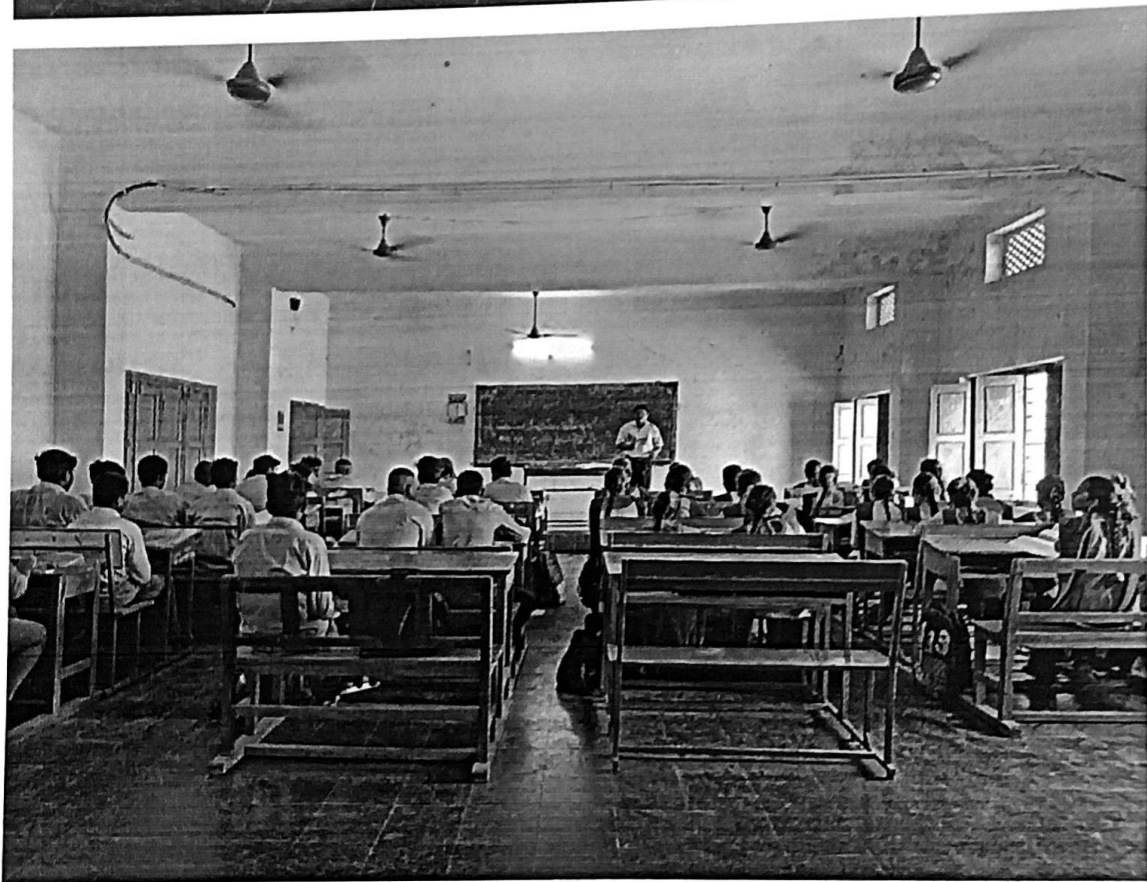
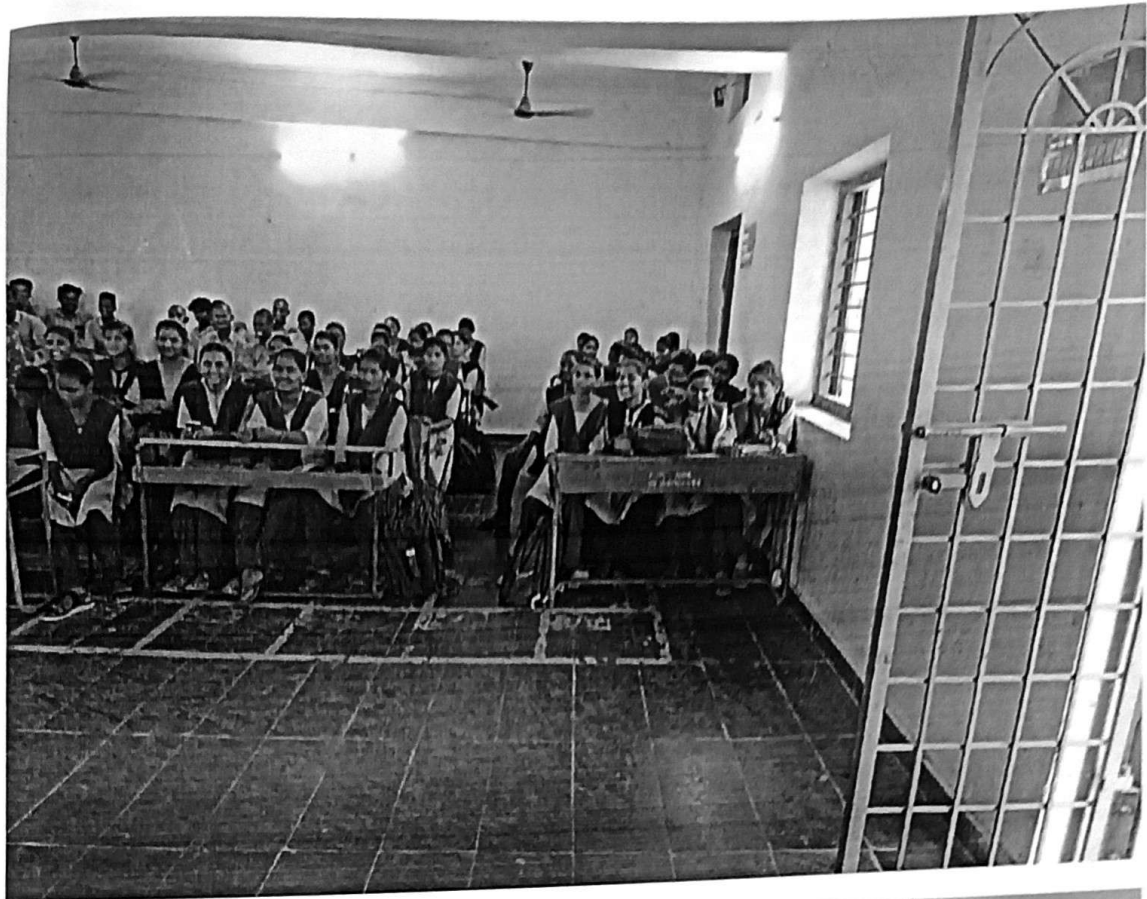
కళాశాల విద్యార్థులలో ఉత్తమ విద్యార్థులకు ప్రతి
సాధించాలనే ఉద్దేశంతో ఈ సర్టిఫికేట్ ఇవ్వబడు
నిర్వహించడం చేయబడింది.

Month and Year: 2022-2023

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 PRINCIPAL
 PSC & KVSC Government College
 WANDYAL, Nandyal (Dt.), A.P.



**PSC & KVSC GOVERNMENT DEGREE COLLEGE,
NANDYALA, NANDYALA DIST. - 518502**

Accredited with "B+" Grade by NACC
Affiliated to Rayalaseema University, Kurnool, Andhra Pradesh



PARTICIPATION CERTIFICATE

CCY-2022 June 21 -

This is to certify that Sri /Smt / Kum /Dr _____

_____ of PSC & KVSC GOVERNMENT DEGREE
COLLEGE, NANDYALA has participated in one week certificate course on *"Stress Management, Yoga and Fitness"*
from 16-06-2022 to 21-06-2022 on account of International Yoga Day Celebration organised by Department of
Commerce and Department of Physical Education.

K.SREENIVASULU
PHYSICAL DIRECTOR
CO-ORDINATOR

K J VIJAYA LAKSHMI
LECTURER IN COMMERCE
CO- ORDINATOR

Dr P VENKATESHWARLU
LECTURER IN COMMERCE
DEPARTMENT INCHARGE

K J SREE DEVI
DIRECTOR SRI YOGA LAYA, CHENNAI
RESOURCE PERSON

Dr N SASIKALA
PRINCIPAL

CS-1

DATE: 13-06-2022

REQUISITION LETTER

From:
The Department of Commerce,
The Department of Physical Education
PSC & KVSC Govt. Degree College,
Nandyala.

To
The Principal,
PSC & KVSC Govt. Degree College,
Nandyala.

Respected Madam,

Sub: Requisition to organize the One Week Certificate Course in YOGA- Reg.

We, the departments of Commerce and Physical Education are planning to conduct a one-week Certificate Course on STRESS MANAGEMENT – YOGA and FITNESS, from 16-06-2022 to 21-06-2022, on account of International Yoga Day Celebrations, which is to be celebrated on 21-06-2022 international wise.

We choose, Smt. K. J. Sridevi, Department of Yoga, Director, Sri Yogalaya, Chennai, Resource Person & Guest Speaker, TNPESU & MAHER, Chennai, as resource person for this program, who will give her services throughout one week to our students, by taking sessions in yoga.

Hence, we request you madam, kindly permit us to do this program for the benefit of our stakeholders.

☺.

1. K. J. Sridevi
13/06/22

Department of Physical Education,
PSC & KVSC Govt. Degree College
Nandyala.

2. K. J. Vijaya Lakshmi
13/06/22

Department of Commerce,
PSC & KVSC Govt. Degree College
Nandyala.



DATE: 14-06-2022

PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA- YOGA WEEK CELEBRATIONS

DEPARTMENT OF COMMERCE AND DEPARTMENT OF PHYSICAL EDUCATION - CIRCULAR / INVITATION

Dear all, Warm Greetings from the Department of Commerce & Physical Education

The department of Commerce, in association with the department of Physical Education, will be going to conduct an awareness Seminar in YOGA and one week Certificate Course in "STRESS MANAGEMENT – FITNESS AND YOGA", to all the students of our college, from 16-06-2022 to 21-06-2022, on account of International Yoga Day Celebrations, which is to be celebrated on 21-06-2022 international wise.

Resource person for this program is Smt. K. J. Sridevi, Department of Yoga, -Director, Sri Yogalaya, Chennai, Resource Person & Guest Speaker, Tamil Nadu Sports University & Meenakshi Academy of Higher Education and Research, Chennai.

Inaugural Function Timings: on 16-06-2022 – 2 p.m. at Virtual lab of PSC & KVSC Government Degree College, Nandyala.

For this, the bellow mentioned programs were scheduled:

SN	TITLE OF THE PROGRAM	SCHEDULED DATE & DAY	RESOURCE PERSON/S JUDGE/S	EVENT ORGANIZER/S	EVENT LEVEL
1	INAUGURAL SESSION& AWARENESS SEMINAR ON STRESS MANAGEMENT (WITH PPT) & PRACTICE SESSION IN CHALANA KRIYAS AND YOGA BASICS	16-06-2022 THURSDAY	1. <u>Chief Patron:</u> Dr. N. Sasikala, Principal PSC & KVSC GDC, Nandyala. 2. <u>Chief Guest & Resource Person:</u> Smt. K. J. Sridevi, Department of Yoga, Director, Sri Yogalaya, Chennai, Resource Person & Guest Speaker, Tamil Nadu Sports University & Meenakshi Academy of Higher Education and Research, Chennai.	Dr. P. Venkateswarlu, Lec. in Commerce. Smt. K. J. Vijaya Lakshmi, Lec. in Commerce. Sri. K. Srinivasulu, Physical Director. Sri. Nataraja Gupta, Lec. in Commerce. Smt. C. Rajani Kumari, Guest faculty Sri. Pedda Swamy, Guest faculty Commerce	College level
2	PRACTICE SESSION IN YOGA AND YOGA PROTOCOL	17-06-2022 FRIDAY TO 20-06-2022 MONDAY	Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lec. in Commerce. Sri. K. Srinivasulu, Physical Director. Sri. Nataraja Gupta, Lec. in Commerce Smt. C. Rajani Kumari, GF Commerce Sri. Pedda Swamy, GF, Commerce	College Level
3	YOGA PROTOCOL & VALEDICTORY FUNCTION AND CERTIFICATES DISTRIBUTION	21-06-2022 TUESDAY	1. <u>Chief Patron:</u> Dr. N. Sasikala, Principal PSC & KVSC GDC, Nandyala. 2. <u>Chief Guest & Resource Person:</u> Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lecturer in Commerce. Sri. K. Srinivasulu, Physical Director. Sri. Nataraja Gupta, Lec. in Commerce. Smt. C. Rajani Kumari, Guest faculty, Commerce	College Level

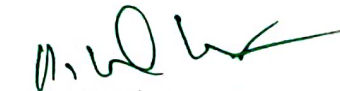
Students those who were interested, join on 16-06-2022 in inaugural session by 2.00 p.m. Participants were awarded with participation certificate, on Valedictory function on International Yoga Day, which will be going to held on 21-06-2022. You all are cordially invited to this program and make this grand success.

With regards---

Department of Commerce & Department of Physical Education, PSC & KVSC GDC Nandyala.


Sri. K. Srinivasulu
Physical Director
Coordinator


Smt. K. J. Vijaya Lakshmi
Lecturer in Commerce
Coordinator


Dr. P. Venkateswarlu
Lecturer in Commerce
Coordinator & Dept. In charge

Principal
PSC&KVSC GDC, NDL

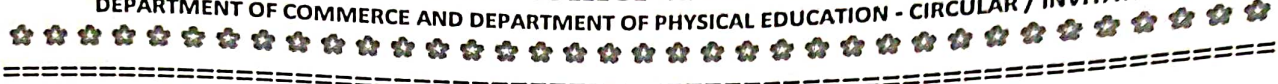

AA
22/11/2023



DATE: 14-06-2022

PSC & KVSC GOVERNMENT DEGREE COLLEGE- NANDYALA- YOGA WEEK CELEBRATIONS

DEPARTMENT OF COMMERCE AND DEPARTMENT OF PHYSICAL EDUCATION - CIRCULAR / INVITATION



Dear all, Warm Greetings from the Department of Commerce & Physical Education

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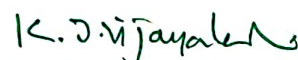
SN	TITLE OF THE PROGRAM	SCHEDULED DATE & DAY	RESOURCE PERSON/S JUDGE/S	EVENT ORGANIZER/S	EVENT LEVEL
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2	PRACTICE SESSION IN YOGA AND YOGA PROTOCOL	17-06-2022 FRIDAY TO 20-06-2022 MONDAY	Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lec. in Commerce. Sri. K. Srinivasulu, Physical Director. Sri. Nataraja Gupta, Lec. in Commerce Smt. C. Rajani Kumari, GF Commerce Sri. Pedda Swamy, GF, Commerce	College Level
3	YOGA PROTOCOL & VALEDICTORY FUNCTION AND CERTIFICATES DISTRIBUTION	21-06-2022 TUESDAY	1. <u>Chief Patron:</u> Dr. N. Sasikala, Principal PSC & KVSC GDC, Nandyala. 2. <u>Chief Guest & Resource Person:</u> Smt. K. J. Sridevi, Director Sri Yogalaya, Resource Person TNSU & MAHER, Chennai.	Smt. K. J. Vijaya Lakshmi, Lecturer in Commerce. Sri. K. Srinivasulu, Physical Director. Sri. Nataraja Gupta, Lec. in Commerce. Smt. C. Rajani Kumari, Guest faculty, Commerce	College Level

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With regards---

Department of Commerce & Department of Physical Education, PSC & KVSC GDC Nandyala.


Sri. K. Srinivasulu
Physical Director
Coordinator


Smt. K. J. Vijaya Lakshmi
Lecturer in Commerce
Coordinator


Dr. P. Venkateswarlu
Lecturer in Commerce
Coordinator & Dept. In charge

Principal
PSC&KVSC GDC, NDL

PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)

(Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE - YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-16-06-22

SL. NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
1.	Bandaru Gini prasad	I st B.com(CA)	B. Gini prasad
2.	shaik. vali	I st B.com(G)	S. Vali.
3.	M. Azzid Basha.	I st B.com(G)	M. Azzid Basha.
4.	M. Hussaini	I st B.com(CA)	M. Hussaini
5.	P. Tejaswi	I st B.com(CA)	P. Tejaswi
6.	S. Manthi sudhanya	I st B.com(CA)	S. Manthi sudhanya
7.	K. Lakshmi Narasimha	I st B.com(CA)	K. Lakshmi Narasimha
8.	V. Venkat	I st B.com(CA)	V. Venkat
9.	V. Surendra	I st B.com(CA)	V. Surendra
10.	G. Francis	I st B.com(CA)	G. Francis
11.	V. Pragna	I st B.com(CA)	V. Pragna
12.	M. Keshav reddy	I st B.com(CA)	M. Keshav reddy
13.	B. Naveen kumar	I st B.com(CA)	B. Naveen kumar
14.	N. Swamy Kumar	I st B.com(CA)	N. Swamy Kumar
15.	C. SRIKANTH	I st B.com(CA)	C. SRIKANTH
16.	P. Narasimha	I st B.A	P. Narasimha
17.	N. Akhil Rai	I st B.A	N. Akhil Rai
18.	D. Dartho gini	I st B.A	D. Dartho gini
19.	K. Venkata Sai	I st B.com(CA)	K. Venkata Sai
20.	D. Shikisha	II nd B.com(CA)	D. Shikisha
21.	M. Ribka	II nd B.com(CA)	M. Ribka
22.	Y. Silpa	II nd B.com(CA)	Y. Silpa

Faculty signatures. -16-06-22

1. KL
2. K. D. Gajalakshmi 16/6/22
3. N. Q. W.
- 4.
5. Selva
6. TS
7. Yes
8. R
9. S. T. S. H.
- 10.
11. End

PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA(Dist.)

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DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-16-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
20	G. Rombhupal	1 st B. com	G. Rombhupal
21	D. Mani Kumar	1 st B com	D. Mani Kumar
22	P. Sureshendra	2 nd B.A(HF)	P. Sureshendra
23	M. Radha Krishna	2 nd B.A(HF)	M. Radha Krishna
24	Shak. Babulhussein	2 nd B.com(CA)	Shak. Babulhussein
25	D. Ramudu	2 nd B.A(HF)	D. Ramudu
26	T. Hemanta	2 nd B.A	T. Hemanta
27	B. Lakshmi Narasimla	2 nd B.A	B. Lakshmi Narasimla
28	D. Sibranyam	2 nd B.com	D. Sibranyam
29	D. USMAN	2 nd B.com	D. Usman
30	S. Rangakumaranth Kumar	2 nd B.com	S. Rangakumaranth Kumar
31	M. Naga Suresh Reddy	1 st BZC	M. Naga Suresh Reddy
32	C. Chinnababu	1 st BZC	C. Chinnababu
33	B. JOHN PAUL	1 st BZC	B. John Paul
34	G. Mahesochan	1 st BZC	G. Mahesochan
35	P. Yeshu dasu	2 nd B.com(G)	P. Yeshu dasu
36	D. Moulali	2 nd B.com(CA)	D. Moulali
37	U. Naga Venkata mahesh	2 nd B.A(HF)	U. Naga Venkata mahesh
38	G. Uvaja	2 nd B.A(HF)	G. Uvaja
98	K. Venkata Prasad	2 nd B.com(G)	K. Venkata Prasad
99	P. Malleswarji	2 nd B.com(G)	P. Malleswarji
100	K. Anush	2 nd B.com(G)	K. Anush

12. Faculty signatures
K. J. Vijayalakshmi - Lecturer in Commerce

12. K. J. Hjalmar - Lecturer in Commerce

13. G. S. Roman - Lect in Zoology

14.

15.

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17.

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PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)			
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DEPARTMENT OF COMMERCE - YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-16-06-22			
SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
39	P. Sugendra	II nd B.A(HIP)	P. Sugendra
40	m-murali	II nd B.A(HIP)	m. murali
41	P. Siva Narendra	II nd B.Sc(MPE)	P. Siva Narendra
42	S. Abdu Ishaal	I st B.A(HIP)	S. Abdu Ishaal
43	B. Vishnuvardhan	I st B.A(HIP)	B. Vishnuvardhan
44	K. Prasad	I st B.A(HIP)	K. Prasad
45	M. Sojag	I st B.A(HIP)	M. Sojag
46	M. Mahesh nayak naik	II B.COM(C)	M. Mahesh naik
47	A. Bhanu Prakash	II B.COM(C)	A. Bhanu Prakash
48	N. Ramanjaneyulu	II B.COM(C)	N. Ramanjaneyulu
49	K. Malli Madhuna	II B.COM(C)	K. Malli Madhuna
50	J. Madhu	II B.COM(C)	J. Madhu
51	C. Sai Kumar Naik	II B.COM(C)	C. Sai Kumar Naik
52	D. Ravi	II B.COM(C)	D. Ravi
53	P. Durga nagendra	I st B.A	P. D. Nagendra
54	B. praveen	I st B.A	B. praveen
55	P. sasi varasimha	I st B.A	P. S. Narasimha
56	maheś BABU	I st B.A	maheś Babu
57	S. Bhagath	I st B.A	S. Bhagath
101	P. C. V. Ramesh Babu	II B.COM(C)	P. C. V. Ramesh Babu
102	Shrik Shamini	II B.COM	Shrik Shamini
103	G. Mahesh Babu Reddy	II B.A	G. Mahesh Babu Reddy

PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)
(Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE - YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-16-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
58	M.V. Madhu Sudhan Reddy	BA(HICP) 1 st Sem	M.V. Madhu Sudhan Reddy
59	K. Raja Rathnam	BA(HICP) 1 st Sem	K. Raja Rathnam
60	G. Venkatadri	B.S.C(MECS) 1 st Sem	G. Venkatadri
61	K. Madhan	B.S.C(MECS) 1 st Sem	K. Madhan
62	T. Raju	B.S.C 1 st Sem	T. Raju
63	G. Ravi	B.S.C(MECS) 1 st Sem	G. Ravi
64	J. Karpas Shankar	B.S.C(MECS) 1 st Sem	J. Karpas Shankar
65	K. Santhosh Kumar	B.S.C(MECS) 1 st Sem	K. Santhosh Kumar
66	Jasminarayan	B.S.C(MECS)	Jasminarayan
67	G. Venkatesh	B.S.C(MECS)	G. Venkatesh
68	D. Ramesh	B.COM(CG)	D. Ramesh
69	E. Srikumarulu	B.COM(CG)	E. Srikumarulu
70	A. Sagar	B.S.C(MECS)	A. Sagar
71	K. J. Vijaya Lakshmi	B.S.C(MECS)	K. J. Vijaya Lakshmi
72	G. Venkata Sunil	B.S.C(MECS)	G. Venkata Sunil
73	G. Venkata Kumar	B.S.C(MECS)	G. Venkata Kumar
74	Y. Tara Krishna Reddy	B.S.C(MECS)	Y. Tara Krishna Reddy
75	G. Lavanya	B.S.C(MECS)	G. Lavanya
76	P. Shanthi	B.S.C(MECS)	P. Shanthi
77	M. Viswaswara	B.S.C(MECS)	M. Viswaswara
78	G. Srinivasulu	B.S.C(MECS)	G. Srinivasulu
79	G. Rambhadr	B.S.C(MECS)	G. Rambhadr
80	P. Srinivas Kumar	B.COM(CG)	P. Srinivas Kumar
81	G. Prasad	B.COM(CG)	G. Prasad

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DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-16-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
80	M. Poojitha	I st B.com (C.A)	M. Poojitha
81	M. Subramangam.	I st B.com (C.A)	/
82	K. Suresh Kumar	I st B.com (C.A)	K. Suresh Kumar
83	D. Poojitha Swamy Naik.	I st B/A	D. Poojitha Swamy Naik
84	N. Jagadish	I st B/A	N. Jagadish
85	N. Sravani	I st B.com (C.A)	N. Sravani
86	T. Siva Kumar	I st B.Sc (H.C.S)	T. Siva Kumar
87	P. Surendra	I BSc LM PCS	P. Surendra
88	B. Suryudu.	I. M. P. CR	B. Suryudu
89	B. Lakshmi Narasimha	II. B.A (H.C.P)	B. Lakshmi Narasimha
90	B. Narasanna	II B.A (H.C.P)	B. Narasanna
91	K. Chandrakala	II B.A (H.C.P)	K. Chandrakala
92	B. Praneetha	II. B. A (H.C.P)	B. Praneetha
93	P. Shireesha Begum	I - B.A	P. Shireesha
94	V. Shireesha	I - B.A	V. Shireesha
106	Y. Swarnathi	I. B.A	Y. Swarnathi

SIGNATURE OF THE RESOURCE PERSON

K. D. Vijaya Lakshmi
SIGNATURE OF THE COORDINATOR

DR. P. VENKATESWARLU
SIGNATURE OF THE LECTURER IN CHARGE

107.

108.

109.

110.



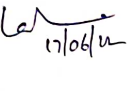
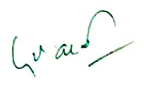
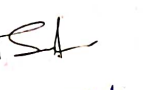
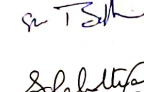
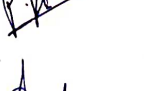
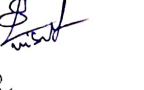
PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)

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DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-17-06-22

SL. NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
1.	X. Silpa	B.com(Gr)	X. Silpa
2.	D. Shishisha	B.com(Gr)	D. Shishisha
3.	E. Saikumar naik	B.com(Gr)	E. Saikumar naik
4.	P. Malleswari	B.com(Gr)	P. Malleswari
5.	D. USMAN	B.com(Gr)	D. Usman
6.	D. Subramanyam	II B.com(Gr)	D. Subramanyam
7.	M. Ribka	II B.com(Gr)	M. Ribka
8.	S. Ranga Hemanth Kumar	II B.com(Gr)	S. Ranga Hemanth Kumar
9.	P. G. V. Rajasekhara	II B.com(Gr)	P. G. V. Rajasekhara
10.	K. Venkata Prasad	II B.com(Gr)	K. Venkata Prasad
11.	Y. Venkata Sunil	B.Sc (MECS)	Y. V. Sunil
12.	Y. Jaya Krishna Reddy	B.Sc (MPCS)	Y. Jaya
13.	Y. Venkata Kumar	B.Sc (MECS)	Y.
14.	B. Giriprasad	I st B.com(Gr)	G
15.	B. Jyothi	I st B.Sc (MECS)	B.
16.	D. Kasamma	I st B.Sc (MECS)	D. Kasamma
17.	V. Uma	IBSC (MPCS)	V. Uma
18.	M. Viswaswara	IBSCLMPCS	M. Viswaswara
19.	P. Shanthi	I st MPES	P. Shanthi

17-06-22 staff signatures

1. 
2. K. S. V. Jagan  17/06/22
3. 
4. 
5. 
6. 
7. 
8. 
9. 
10. 
11. 



PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)

(Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-17-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
20	G. Lavanya	1 st B.Sc (Hons)	G. Lavanya
21	M. Radha Krishna	2 nd B.A (Hons)	M. Radha Krishna
22	D. D. Ravi	1 st B.Com (Hons)	D. D. Ravi
23	G. Srinivasaiah	1 st B.Sc (Hons)	G. Srinivasaiah
24	M. Poojitha	1 st B.Com (Hons)	M. Poojitha
25	Shank Shamin	1 st B.Com (Hons)	Shank Shamin
26	G. M. Chandra Reddy	II B.A	G. M. Chandra Reddy
27	M. Hussaini	1 st B.Com (Hons)	M. Hussaini
28	M. Afroz Basha	1 st B.Com (Hons)	M. Afroz Basha
29	K. Sarath Kumar	1 st B.Com (Hons)	K. Sarath Kumar
30	M. Subramanyam	1 st B.Com (Hons)	M. Subramanyam
31	D. Kumar Swamy Reddy	1 st B.A	D. Kumar Swamy Reddy
32	N. Jagadish	1 st B.A	N. Jagadish
33	S. Madhu Sathyan	1 st B.Com (Hons)	S. Madhu Sathyan
34	M. Suman	1 st B.Com (Hons)	M. Suman
35	J. Madhu	1 st B.Com (Hons)	J. Madhu
36	N. Ramanjaneyulu	1 st B.Com (Hons)	N. Ramanjaneyulu
37	P. Yesu Dasu	1 st B.Com (Hons)	P. Yesu Dasu
38	A. Bhanu Prakash	1 st B.Com (Hons)	A. Bhanu Prakash



PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)

(Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-17-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
39.	T. Siva kumar	I year B.Sc (MCS)	T. Siva kumar
40	A. Sagar	I year B.Sc (MCS)	A. Sagar
41	B. naveen kumar	II Sem B.com	B. naveen kumar
42	K. Anusha	II Sem (B.com)	K. Anusha
43.	Gi. Rambhupal	I sem (B.Sc)	Gi. Rambhupal
44	P. Surendra	I Sem (B.Sc)	P. Surendra
45	K. Prasad	Ist (B.A)	K. Prasad
46	S. Abdul Ishad	2 ST (B.A)	S. Abdul Ishad
47	B. sunil kumar	B.com (G)	B. sunil kumar
48	S. Vals	BI B.com (G)	S. Vals
49.	K. Anusha	Ist B.A	K. Anusha.
50	C. SUMALATHA	I ST B.A	C. SUMALATHA
51	B. Praneetha	II. B.A	B. Praneetha
52.	P. shajila Begum	I - B.A	
53.	U. Shireesha	I - B.A	
54	B. Beulah Roseline	I - B.A.	
55	K. Chandrakala	II. B.A	K. Chandrakala
56	K. Anusha	I. B.A	K. A.
57	C. SUMALATHA	I B.A	SUMALATHA



DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-17-06-22

[illegible]

PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)

(Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-18-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
1	M. Ribka	B.com(G)	M. Ribka
2	E. Sankaralak	B.com(G)	E. Sankaralak
3	D. Shriisha	B.com(G)	D. Shriisha
4	Y. Silpa	B.com(G)	Y. Silpa
5	P. Malleswari	B.com(G)	P. Malleswari
6	D. USMAN	B.com(G)	D. Usman
7	S. Ranga Hemanth Kumar	B.com(G)	S. Ranga Hemanth Kumar
8	D. Subramanyam	B.com(G)	D. Subramanyam
9	Y. Venkata Sanil	B.sc (MPC)	Y. V. Sanil
10	Y. Jaya Krishna Reddy	B.sc (MPC)	Y. J. K. Reddy
11	Y. Venkata Kumar	B.sc (MPC)	Y. V. K. Kumar
12	G. Lavanya	1 st B.sc (MPC)	G. Lavanya
13	P. Shanthi	1 st B.sc (MPC)	P. Shanthi
14	P. G. V. Ramesh Kumar	B.com(G)	P. G. V. Ramesh Kumar
15	K. Venkata Prasad	B.com(G)	K. Venkata Prasad
16	B. Giriprasad	1 st B.com(G)	B. Giriprasad
17	B. Jyothi	1 st B.sc (MPC)	B. Jyothi
18	D. Kasamma	1 st B.sc (MPC)	D. Kasamma
19	V. Uma	B.sc (MPC)	V. Uma
20	M. Viswaswara	B.sc (MPC)	M. Viswaswara

1. 10^6

2. Guard

3. K. Z. vijana Lekin 18/6/20

4. T.B.M.

S. Adler

6. H S I

7. 1.1.1.1

8. Shuttle

9. yes

10. ~~P. B.~~

11. 

12-CPH

DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-18-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
21	G. Srinivasulu	I st M.C.S	G. Srinivasulu
22	D. Ramudu	B.A	D. Ramudu
23	Shank Shamin	I st B.A	Shank Shamin
24	Bhinchendra Reddy	II B.A	Bhinchendra Reddy
25	M. Hussaini	I st B.A	M. Hussaini
26	M. Afid Basha	I st B.A	M. Afid Basha
27	K. Swath Kumar	I st B.A	K. Swath Kumar
28	M. Subramanyam	I st B.A	M. Subramanyam
29	D. Kumaraswamy Reddy	I st B.A	D. Kumaraswamy Reddy
30	N. Jagadish	I st B.A	N. Jagadish
31	S. Madhu	I st B.A	S. Madhu
32	N. Sravani	II B.A	N. Sravani
33	N. Ramajanyulu	II B.A	N. Ramajanyulu
34	P. Yesudasu	II B.A	P. Yesudasu
35	S. Madhu	II B.A	S. Madhu
36	A. Ramesh Prakash	II B.A	A. Ramesh Prakash
37	D. Ravi	II B.A	D. Ravi
38	T. Siva Kumar	II B.A	T. Siva Kumar
39	N. Sagar	II B.A	N. Sagar
40	R. Nandam	II B.A	R. Nandam

PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)

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DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-18-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
41	K. Anusha	^{sem} II B.com(CC)	K. Anusha
42	Gr. Rambhupal	ISem(B.Sc)	Gr. Rambhupal
43	P. Surendra	"	P. Surendra
44	K. Prasad	1st(BA)	K. Prasad
45	S. Abdul Ishad	1ST(BA)	S. Abdul Ishad
46	B. Sunil Kumar	B.com (G)	Sunil Kumar
48	B. Suryudu	II.M.P.C	B. Suryudu
49	S. Vali	IBcom (G)	S. Vali
50	K. Anusha	I. B.A	K. Anusha.
51	K. Chandrakala	II B.A	K. Chandrakala
52	B. Lakshmi Narasimha	II B.A	B. Narasimha.
53	B. Narasanna	II BA	B. Narasanna
54	B. Poojetha	B. B.A	B. Poojetha
55	P. Shijola Begum	I. B.A	P. Shijola Begum
56	G. Shireesha	I. B.A	G. Shireesha
57	B. Beaulah Roseline	I. B.A	B. Beaulah Roseline
58	C. Sumalatha	I B.A	C. Sumalatha
59	B. Narasanna	II BA	B. Narasanna
60	T. Hemantha	II. B.A	T. Hemantha
61	Y. Sravanthi	I B.A	Y. Sravanthi

PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)
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DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-18-06-22

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PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)

(Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE-YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-19-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
1.	D. Shishisha		
2.	S. Ranga Hemanth Kumar	B.com (ur)	D. Shishisha
3.	D. USMAN	B.com (G)	S. Ranga Hemanth Kumar
4.	D. Subhramanyam	B.com (G)	D. Usman
5.	P. G. V. Deomananama	B.com (G)	D. Subhramanyam
6.	Y. Venkata Sunil	B.com (G)	P. G. V. Deomananama
7.	Y. Jaya / Krishna Reddy	Bsc (M.B.A)	Y. Venkata Sunil
8.	E. Srikumar Nik	Bsc (M.P.S)	Y. Jaya
9.	Y. Silpa	B.com (G)	E. Srikumar Nik
10.	P. Malleswari	B.com (G)	Y. Silpa
11.	M. Ribka	B.com (G)	P. Malleswari
12.	K. Venkata Prasad	B.com (G)	M. Ribka
13.	Y. Venkata Kumar	Bsc (M.P.S)	K. Venkata Prasad
14.	B. Giriprasad	B.com (G)	Y. Venkata Kumar
15.	G. Srinivasulu	B.com (G)	B. Giriprasad
16.	D. Ramudu	Bsc (M.P.S)	G. Srinivasulu
17.	M. Poojitha	B.com (G)	D. Ramudu
18.	Shak. Shamim	B.com (G)	M. Poojitha
19.	G. Mahendra Reddy	B.A	Shak. Shamim
20.	M. Hussain	B.com (G)	G. Mahendra Reddy
			M. Hussain

Faculty signatures - 19-06-2022

1. K. L. S.

2. G. V. Rao

3. M. V. L.

4. S. T. S.

5. N. S. I.

6. K. J. Vijaya Lakshmi
19/6/22

7. S. Lakshmi

8. Y. S.

9. S.

10. S.

11. S.

PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)
(Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE - YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-19-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
21	M. Afoid Basba	I st B.Com (H)	M. Afoid Basba
22	R. Sarath Kumar	I st B.Com (H)	R. Sarath Kumar
23	M. Subramanyam	I st B.Com (H)	M. Subramanyam
24	A. Anusuya	I st B.A	A. Anusuya
25	N. Jagadish	I st B.A	N. Jagadish
26	S. Madhusudan Reddy	I st B.Com (H)	S. Madhusudan Reddy
27	T. Siva Kumar	I st B.Com (H)	T. Siva Kumar
28	A. Sagar	I st B.Com (H)	A. Sagar
29	B. Abhisek Kumar	I st B.Com (H)	B. Abhisek Kumar
30	K. Anusha	I st B.Com (H)	K. Anusha
31	P. Surendra	I st B.Com (H)	P. Surendra
32	B. Sunil Kumar	I st B.Com (H)	B. Sunil Kumar
33	B. Suryudu	I st B.Com (H)	B. Suryudu
34	S. Subh	I st B.Com (H)	S. Subh
35	B. Pranav	I st B.A	B. Pranav
36	C. Sumalatha	I st B.A	C. Sumalatha
37	K. Anusha	I st B.A	K. Anusha
38	B. Beaulah Roseline	I st B.A	B. Beaulah Roseline
39	B. Narasanna	I st B.A	B. Narasanna
40	T. Hemant	I st B.A	T. Hemant

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NO

PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)
(Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-20-06-22

NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
P.G.V. Ramesh Kumar	B.COM II	P.G.V. Ramesh Kumar
S. Ranga Hemanth Kumar	II B.com(G)	S. Ranga Hemanth Kumar
D. Subramanyam	II B.com(G)	D. Subramanyam
D. USMAN	B.com (G)	D. Usman
M. Ribka	B.COM (G)	M. Ribka
E. Srikumaralak	B.com (G)	E. Srikumaralak
P. Malleswari	B.com (G)	P. Malleswari
K. Venkata prasad	B.com (G)	K. Venkata prasad
D. Shrisisha	II B.com (G)	D. Shrisisha
Y. Silpa	II B.com (G)	Y. Silpa
Y. Venkata Sunil	B.S.C (MECS)	Y. V. Sunil
Y. Jaya Krishna Reddy	B.S.C (MPES)	Y. Jaya Krishna Reddy
Y. Venkata Umamah	B.S.C (MPES)	Y. Venkata Umamah
B. Giriprasad	2 nd B.com (G)	B. Giriprasad
B. Jyothi	I. B.S.C (MECS)	B. Jyothi
D. Kasamma	1 st B.S.C (MECS)	D. Kasamma
V. Uma	1 st B.S.C (MPES)	V. Uma
M. Viswasu Pa.	1 st B.S.C (MPES)	M. Viswasu Pa.
G. Lavanya	1 st B.S.C MPES	G. Lavanya
P. Shanthi	1 st MPES	P. Shanthi

Faculty Signatures

20-06-22

1. R.T.S. R.

2. K.L. S.

3. V. S.

4. K. J. Vijayalakshmi

5. G. V. S.

6. M. V. S.

7. S. S.

8. Y. S.

9. P. S.

10.

11.

12. S. S.

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PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.) (Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE - YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-20-06-22		
NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
M. Radha Krishna	2 nd B.A	M. Radha Krishna
D. Ramudu	2 nd B.A	D. Ramudu
G. Srinivasulu	1 st B.Sc (A)	G. Srinivasulu
M. Rajitha	1 st B.Com (A)	M. Rajitha
Sanku Shamim	1 st B.Com	Sanku Shamim
K. Mahendhar Reddy	II B.A	K. Mahendhar Reddy
M. Hussaini	1 st B.Com (A)	M. Hussaini
M. Afid Basha	1 st B.Com (B)	M. Afid Basha
K. Sarath Kumar	1 st B.Com (B)	K. Sarath Kumar
M. Subramanyam	1 st B.Com (B)	M. Subramanyam
D. Kumaraswamy Reddy	1 st B.A	D. Kumaraswamy Reddy
N. Jagadish	1 st B.A	N. Jagadish
S. Madhu	1 st B.Com (A)	S. Madhu
J. Madhu	II nd B.Com (A)	J. Madhu
N. Ramanjaneyulu	II B.Com (A)	N. Ramanjaneyulu
P. Yesu dasu	II B.Com (A)	P. Yesu dasu
N. Sravani	II B.Com (A)	N. Sravani
A. Bhannu Prakash	II B.Com (A)	A. Bhannu Prakash
D. Ravi	II B.Com (A)	D. Ravi
T. Siva Kumar	II B.Com (A)	T. Siva Kumar

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DEPARTMENT OF COMMERCE - YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-20-06-22

SL NO	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
41	A. Sagar	I st BSC (MEG)	A. Sagar.
42	B. Daween Kumar	I st sem Bcom (CA)	B. Daween
43	K. Anusha	II sem (B.com)	K. Anusha
44	G. Rambhupal	I Sem (B.Sc)	G. Rambhupal
45	P. Swendrc	"	P. Swendrc
46	K. Prasad	1 st (B.A)	K. Prasad.
47	S. Abdul Ishaad	1 ST (BA)	S. Abdul Ishaad
48	B. Suryudu	II. M.P. CS	B. Suryudu
49	B. Sunil Kumar	B.com (G)	B. Sunil Kumar
50	S. Veli	I Bcom (G)	S. Veli
51	B. Praneeetha	B. B.A	B. Praneeetha
52	K. Chandraakala	II. BA	K. Chandraakala
53	B. Nooranna	II BA	B. Nooranna
54	B. Lakshmi Narasimha	II B.A	B. Lakshmi Narasimha.
55	P. Shigola Begum	I. B	P. Shigola Begum
56	K. Anusha	I. B. A	K. A
57	B. Beulah Roseline	I. BA.	B. Beulah Roseline
58	C. Sumalatha	I. BA	Sumalatha
59	T. Hemantha	II. B.A	T. Hemantha

DEGREE COLLEGE M
(Affiliated by NAAC with B+ Grade)

DEPARTMENT OF COMMERCE- YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-20-06-22

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SC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)

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DEPARTMENT OF COMMERCE - YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE-21-06-22

NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
E. Sankumar naik	B. COM	E. Sankumar naik
D. USMAN	B. COM(G)	D. Usman.
M. Ribka	B. COM(G)	M. Ribka
D. Subsamangam	II B. COM(G)	D. Subsamangam
P. G. V. Ramesh Kumar	I B. COM(G)	P. G. V. Ramesh Kumar
S. Ranga Hemanth Kumar	II B. COM(G)	S. Ranga Hemanth Kumar
X. Silpa	II B. COM(G)	X. Silpa
P. Malleswari	II B. COM(G)	P. Malleswari
D. Shriisha	II B. COM(G)	D. Shriisha
K. Venkata Prasad	I B. COM(G)	K. Venkata Prasad
J. Venkata Sril	B. SC (MECS)	J. V. Sril.
Y. Jaya Krishna Reddy	BSC (MPCS)	Y. Jaya
Y. Venkata Kumar	BSC (MECS)	Y.
B. Gopi Prasad	Ist B. COM(G)	B.
B. Jothi	I. B. SC (MECS)	B.
D. Kamma	Ist B. SC (MECS)	D. K.
V. Uma	IBSC (MPCS)	V. Uma
M. Viswasu	IBSC (HPS)	M. Viswasu
G. Lavanya	I BSC (MPCS)	G. Lavanya
P. Shanthi	Ist MPSC	P. Shanthi

Faculty signatures - 21-06-2022

1. K. [Signature]
2. K. 7. vijaya Lakshmi [Signature]
3. [Signature]
4. A. [Signature]
5. S. [Signature]
6. [Signature]
7. [Signature]
8. [Signature]
9. [Signature]
10. [Signature]
11. [Signature]

PSC & KVSC GOVERNMENT DEGREE COLLEGE NANDYALA (Dist.)
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DEPARTMENT OF COMMERCE - YOGA WEEK CELEBRATIONS - PARTICIPANTS ATTENDANCE - 21-06-22

Sl. No.	NAME OF THE STUDENT	CLASS	SIGNATURE OF THE STUDENT
20	M. Rajitha	I st B.Com (A)	M. Rajitha
21	D. Ramudu	II nd B.A	D. Ramudu
22	M. Hussaini	I st B.Com (A)	M. Hussaini
23	M. Afroz Raza	I st B.Com (A)	M. Afroz Raza
24	J. Madhu	I st B.Com (A)	J. Madhu
25	G. Srinivasulu	I st B.Com (A)	G. Srinivasulu
26	Shak. Shamim	I st B.Com (A)	Shak. Shamim
27	G. Maheshwara Reddy	II B.A	G. Maheshwara Reddy
28	K. Sarath Kumar	I st B.Com (A)	K. Sarath Kumar
29	M. Subramanyam	I st B.Com (A)	M. Subramanyam
30	D. Purnaprasanna	I st B.A	D. Purnaprasanna
31	N. Jagadish	I st B.A	N. Jagadish
32	S. Madhu	I st B.Com (A)	S. Madhu
33	N. Sravan	II nd B.Com (A)	N. Sravan
34	N. Ramanjaneyulu	II B.Com (A)	N. Ramanjaneyulu
35	A. Vishnu Prakash	I st B.Com (A)	A. Vishnu Prakash
36	P. Yashu Dasu	I st B.Com (A)	P. Yashu Dasu
37	D. Ravi	II nd B.Com (A)	D. Ravi
38	J. Siva Kumar	II nd B.Com (A)	J. Siva Kumar
39	A. Sagar	II nd B.Com (A)	A. Sagar

2022 — 23

DEPARTMENT OF ZOOLOGY

CERTIFICATE COURSE ON

"VERMICOMPOST"

SYLLABUS

CONTENTS

1. REPORT ON CERTIFICATE COURSE
VERMICOMPOSTING.
2. SYLLABUS FOR CERTIFICATE COURSE
VERMICOMPOSTING
3. FEED BACK ON CERTIFICATE COURSE
4. VERMICULTURE ADVANTAGES
5. VERMICOMPOST OF ADVANTAGES

REPORT ON CERTIFICATE COURSE IN VERMICOMPOST

We, The department of zoology have conducted Certificate Course in Vermicompost for the period of 3 months from January - March (01-01-2022 to 31-03-2022)

Totally 25 Students of IIIrd BZC, (EM, TM) underwent training programme and benefited in Vermicompost. The faculty of zoology. S. GOPAL, G. SIROMANI, G. MADHUSUDHANARAO. and non-teaching staff involved in this training programme as mentors.

Through this training programme (ie) Certificate course we have injected in.

- Organic food habits and usage of Natural Fertilizers.

VERMICOMPOSTING CERTIFICATE COURSE

SYLLABUS :-

1. INTRODUCTION TO VERMICULTURE
2. VERMICOMPOSTING
3. TECHNOLOGY USED IN VERMICULTURE
4. BREEDING
5. OPEN BEDDING SYSTEM
6. BED SYSTEM
7. COLLECTION OF WASTAGE & FILLING UP OF BEDS
8. SELECTION OF EARTH WARMS
9. MANAGEMENT METHODS FOR PREPARATION OF MANURE
10. METHODS FOR THE PREPARATION OF VERMICOMPOST
11. MANUAL METHOD
12. MECHANICAL METHOD
13. BIN METHOD
14. WINDOW METHOD
15. ECONOMICAL IMPORTANCE OF VERMICOMPOST

VERMI CULTURE :-

The excreta of earthworms is known as 'Vermi Compost'. Preparation of manure in Scientific method by using earth worms is known as 'Vermi Culture'. Due to the usage of chemical manures the irrigation lands are unable to give appropriate yield. Researches revealed that we will get more yield by using Vermicompost instead of chemical manure.

Now a days, the vegetables consumed by people are from the crops, where the chemical pesticides and fertilizers are used, the number of victims hospitalised is gradually increased. In order to reduce this and to get more yield, the farmers are becoming aware of the utilization of organic manures.

Apart from the organic manures, Vermicompost is the manure which is prepared by farmers at their own with low cost. by using different wastages, we obtain excreta from earthworms. These earth worm excreta is used as organic manure.

The earth worms used in the Preparation of Vermicompost belong to class oligochaeta of Phylum Annelida. They lead a fossorial mode of life and eat soil and detritus wastages. by Eating soil and wastages, they excrete organic manure and enhance the fertility of the soil. They enhance fertility and helps in the Enhancement of the yield of crops, So many called "Friends

of Farmness."



VERMI COMPOSTING:-

Preparing organic manure by using earth worms is called as 'Vermi Composting'. In the Process of Vermicomposting, i.e. in the Preparation of organic manures by using earthworms, agriculture wastage, cattle wastage, Green wastage and other decomposed wastage are used.

Usually the Earth worms live in the burrows of land and moistured areas. They feed on Soil and other organic wastes and excrete organic manure. By adopting this principle, we can Prepare the vermicompost artificially.

Vermicompost is Prepared in various methods by using earth worms. In these methods chemicals are not used.

The main Components of vericomposting are Collection of Earthworms and organic wastes. Now a days in our Country many

apiculture region centres, making aware the farmers about the Preparation of vermicompost and the management methods. Initially the farmers Prepared vermicompost for their own Paddy fields, But now it became an employment and beneficiary industry.



Technology used in Vermiculture :-

In the Preparation vermicompost, the following Phases are these.

- 1:- Bedding or Formation of Bed
- 2:- Collection of wastages.
- 3:- Filling up of beds with wastage
- 4:- Selection of Earth worms.
- 5:- Management methods for the Preparation of manure.

1:- Bedding:-

The first Process in Vermicomposting is the formation of bed. Usually beds are constructed under the shades of trees or under the special sheds.

The beds constructed under the shades of trees are called as "open bedding system". Based on available resources beds are constructed in different ways.

Usually beds are constructed by hollow brick, Asbestos and stones. Beds are constructed at highest area. we should take care of temperature to be low.

The measurements for construction of bed are: The bed constructed with 2.5 feet height and 6 feet width.

- * The length of the bed may be enhanced as much we need.
- * The modern methods for the construction of bed is 'Four chamber bed system'.

In this method, 4 chambers are constructed rectangularly at a place. All the chambers are connected through holes. The measurement is also 2.5×6 feet. In this method we can get manure continuously. The 4 chambers are filled with waste with a minimum gap of one month. Due to the presence of holes in between the chambers, the earthworms migrate from one chamber to another after the completion of preparation of manure. No damage caused to earthworms while collecting manure.

- * In modern methods beds are constructed in big sheds. There by reduce water wastage. we can provide sufficient temperature for the preparation of manure.
- * The base of the bed should be constructed with concrete. otherwise the earthworms make burrows in to the land.
- * Pots, Cement Jai tanks and wooden boxes are used for the vermiculture insted of beds.



2:- Collection of wastage & Filling up of beds:-

- * After the construction of bed, in the second phase we should collect wastage. usually cattle dung, wastage of Jauvar, corn and cotton crops are used for the preparation of manure.
- * If cattle dung is plenty, 60-70% dung and remaining agricultural wastes are used. If cattle dung is scarce, 10-15% of dung and remaining agricultural wastes are used.
- * Precautions to be taken while filling the bed:-
- * Wastages are arranged in an appropriate manner. Those which require

more time for decompose, are kept at bottom and those which easily decompose kept on surface. The wastages are arranged like layers, each layer should be a minimum of 8 inches.

* For every 100kgs of wastage, 10kgs of cattle dung, 10 litres of water, 4 kgs of Rock Phosphate or decomposed solution should be there.



3:- Selection of Earthworms:-

Different types of earthworms are living in the land. But some of them are used in vermiculture. The following are the earthworms that convert wastage into organic manure.

1:- *Eisenia fetida* (Red wigglers)

2:- *Pheretima elongata*

3:- *Perionyx excavatus*

4:- *Lumbricus rubellus*

5:- *Pheretima asiatica*

6:- Eudellus species

7:- Megascolex species

- * In our country *Eisenia fetida* and *Eudrilus eugeniae* are the earthworms mostly used.
- * These are red, brown in colour, 4 inches in length. They live on surface of land, so they are favourable for the preparation of manure.
- * Borrowing earthworms should not be used for vermicomposting.
- * After the arrangement of wastages in the bed, sprinkle the water daily once or once in 2 days. As a result of this wastages undergo fermentation and heat will be released out.
- * On 2nd day release earthworms on beds. 1 kg of earthworms are released for 100 kgs of wastages. usually 500-750 number of earthworms weighed for 1 kg.

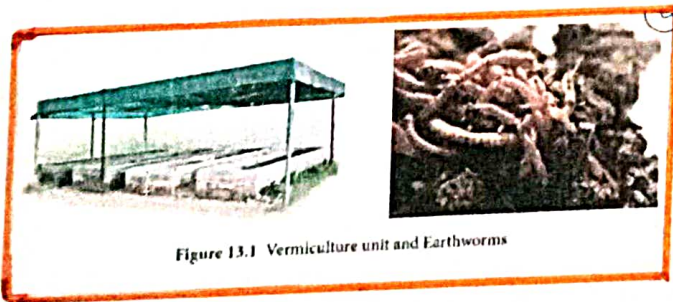


Figure 13.1 Vermiculture unit and Earthworms

Management methods for Preparation of manure :-

- * After filling up of beds and the release of earthworms, the following care should be taken.
- * Everyday or once in 2 days the beds should be soaked with water to maintain moisture.
- * Care to be taken, not too much of moisture in side the bed.
- * See the water should go out during rainy season in open bed.
- * Tanks are constructed beside beds to keep vermi wash.
- * The Population of earthworms increase tremendously after 2-3 months of release of earthworms on beds.
- * 75-90 days time taken for the formation of manure in beds. Piles of manure are made at surface layers of the bed, there by the earthworms go into down layers.
- * Manure collected from bed is sieved and stored in bags.
- * 600 kg's of vermicompost is produced for 1 tonne of wasteage.
- * In wasteages not only the cattle dung and agricultural waste, but also Paper Pieces, ass, Saw Power, Concrete alloy are used as bed material. Add water to them and fill in the bed.



Methods for the Preparation of Vermicompost :-

Mainly two methods are used for vermicomposting.

1:- Manual method

2:- Mechanical method

1. Manual method:-

- * Manual method is hand made method. The farmers use this classical method for the preparation of vermicompost.
- * In this method beds are formed in open area. Every work made by humans. After digging pits, they are boxed with wastages. The surface is feed with cattle dung. Thereby the bed do not lose its moisture.
- * Sprinkle water on the beds daily.
- * Water spraying is stopped after the formation of manure. Earthworms go to down layers. Manure get collected, without causing any harm to earth worms.
- * After the collection of manure, it is sieved by humans and separate other material.

2:- Mechanical method:-

In this method machinery is used for the preparation of manure. There are two methods.

i:- Bin method ii:- window method

(i) Bin method:-

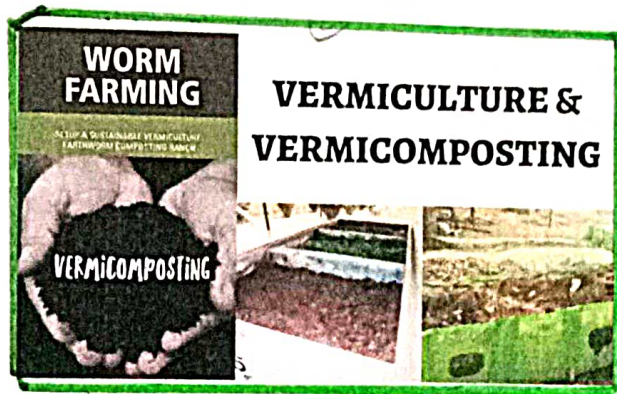
Earthworms are raised in containers or in bins. This method is called as Bin method. Half of the container filled with bedding material. Various wastages are used as bedding material. Mix it with sand. Bin is kept at proper ventilation. Bed should be kept at 70% moisture.

Earthworms are released on the surface of bed. They immediately enter inside and consume the wastages and prepare the manure.

ii:- Window method:-

- * Rearing of Earthworms in open areas is called as window method. Usually under the trees, where the temperature is low.

In the mechanical methods Vermicompost is produced in large scales. Different machinery is used in this method. In manual method limited quantity of manure is prepared, that is with labours of human beings.



Economical importance of Vermicompost:-

- * Vermicompost as the manure provides required nutrients to plants.
- * Vermicompost Comprise 1.5% Nitrogen, 0.8% Phosphorous 0.7% Potassium like macronutrients and micronutrients like Calcium, magnesium, iron and zinc.
- * Nutrients of Vermicompost give vitamins, hormones and enzymes to plants and make them grow fast.

- * It helps for the enhancement of disease resistance.
- * Repopulates the Population of natural microflora of soil.
- * Vermicompost also used in mushroom Cultivation
- * Vermicompost is used in Fish Ponds.
- * Vermicomposting become an industry and Providing employment for many unemployed.
- * Dairy waste, Cattle barn waste, domestic wastes are get utilized by Composting methods.
- * Indian Institute of Technology Scientists Converting the waste collected from metropolitan cities into biological manure by earthworms. Thereby garbage Problem is solved.



adapt sustainable practices. The organization currently produces 5,000 tons of vermicompost annually. Its real achievement, however, has been in raising awareness among farmers, researchers and policy makers in India about regenerative food production methods. The group is directly responsible for 2,000 farmers and horticulturalists adopting vermicomposting. These converts have begun secondary dissemination of the principles they were taught.

In 1991-1992, Maharashtra Biotechs and the India Department of Science And Technology promoted the adoption of vermicompost technology in 13 states in India. The group has also established a vermicompost unit with Chitrakoot Gramodaya University, Madhya Pradesh which produces five tons of vermicompost per month. Educational institutes in Maharashtra & other states have started conducting certificate/diploma/regular courses on vermiculture, vermiculture biotechnology, and vermiculture & vermicompost technology. The duration of courses ranges from 10 days to six months. The Department of Zoology in collaboration with Geography & Botany Departments running this course.

Aims & Objective:

- ❖ Students will be able to compost in a limited space and describe the decomposing process.
- ❖ The interested students will get the knowledge of composting.
- ❖ Students will get the employment,
- ❖ They can generate employments,
- ❖ They will also turn towards organic farming,
- ❖ Will help to maintain the environment pollution free and
- ❖ Will get the knowledge of biodiversity of local earthworms.

➤ The detail of the course is as follows:

Focus:

To convert unwanted, organic matter, particularly food scraps and paper into fertile soil.

Name of the course: Certificate Course in Vermicompost technology

- **Level:** Certificate
- **Stream:** Science or any stream
- **Subject:** Vermiculture/ vermicompost

Eligibility Criteria: 10+2